

Citizens who strongly agree that their health largely depends on how well they take care of themselves

Unit : %

	Year 2020	Year 2017	Year 2014	Year 2011
Province				
New Brunswick	59.1	52.5	55.2	54.3
Health zones				
Zone 1 - Moncton and South-East Area	61.9	55.0	59.4	55.6
Zone 2 - Fundy Shore and Saint John Area	60.9	55.4	59.1	56.7
Zone 3 - Fredericton and River Valley Area	60.9	53.6	56.5	56.1
Zone 4 - Madawaska and North-West Area	48.3	45.6	48.1	49.7
Zone 5 - Restigouche Area	50.4	49.2	43.2	49.7
Zone 6 - Bathurst and Acadian Peninsula Area	54.3	46.9	45.4	49.0
Zone 7 - Miramichi Area	53.2	44.6	48.4	50.4
Communities				
Bathurst, Beresford, Petit-Rocher Area	60.7	54.5	49.9	55.3
Bouctouche, Richibucto, Saint-Antoine Area	52.1	43.9	51.4	49.9
Campbellton, Atholville, Tide Head Area	51.4	51.3	43.8	50.0
Caraquet, Paquetville, Bertrand Area	46.5	43.3	48.9	41.2
Dalhousie, Balmoral, Belledune Area	49.4	47.4	42.5	49.4
Dieppe and Memramcook	68.6	59.2	61.1	53.9
Douglas, Saint Marys, Doaktown Area	62.7	54.7	60.8	59.3
Edmundston, Rivière-Verte, Lac Baker Area	49.5	46.6	50.2	49.7
Florenceville-Bristol, Woodstock, Wakefield Area	59.8	51.9	50.3	46.6
Fredericton	59.2	54.4	56.5	60.2
Grand Bay-Westfield, Westfield, Greenwich Area	65.1	54.6	61.8	57.3

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Grand Falls, Saint-Léonard, Drummond Area	47.5	47.8	45.2	51.0
Hillsborough, Riverside-Albert, Alma Area	65.5	48.3	58.0	52.7
Kedgwick, Saint-Quentin and Grimmer	44.8	36.1	46.0	46.3
Minto, Chipman, Cambridge-Narrows Area	54.3	48.1	53.6	52.0
Miramichi, Rogersville, Blackville Area	54.8	45.8	52.3	52.2
Moncton	61.6	57.9	64.3	59.3
Nackawic, McAdam, Canterbury Area	62.4	50.7	55.5	51.4
Neguac, Alnwick, Esgenoopetitj Area	44.9	38.0	32.6	42.7
New Maryland, Kingsclear, Lincoln Area	65.0	55.5	58.0	60.2
Oromocto, Gagetown, Fredericton Junction Area	64.8	59.6	61.4	59.6
Perth-Andover, Plaster Rock, Tobique Area	58.2	42.6	57.9	48.2
Quispamsis, Rothesay, Hampton Area	60.7	56.9	63.2	60.4
Riverview and Coverdale	64.2	54.7	55.9	60.1
Sackville, Dorchester, Port Elgin Area	60.6	46.4	54.5	55.5
Saint John, Simonds and Musquash	63.0	57.1	57.9	57.9
Salisbury and Petitcodiac	61.6	58.5	57.3	48.8
Shediac, Beaubassin East and Cap-Pelé	60.2	54.2	55.8	50.2
Shippagan, Lamèque, Inkerman Area	47.6	37.4	37.9	45.0
St. George, Grand Manan, Blacks Harbour Area	59.1	50.2	49.9	49.6
St. Stephen, Saint Andrews, Campobello Island Area	62.8	55.3	62.5	48.7
Sussex, Norton, Sussex Corner Area	52.5	49.9	58.3	55.6
Tracadie and Saint-Isidore	55.0	43.0	39.1	46.3
Age				
18-64	62.1	55.4	57.9	57.0

	Year 2020	Year 2017	Year 2014	Year 2011
65 and over	51.1	43.3	44.6	42.4
Sex at birth				
Female	60.1	52.9	56.3	55.1
Male	58.7	52.0	54.0	53.3
Sexual identity				
Minority sexual identity	60.2	n/a	n/a	n/a
Heterosexual	59.6	n/a	n/a	n/a
Language				
Preferred language of service: English	60.8	53.8	57.0	56.0
Preferred language of service: French	55.4	48.1	49.6	50.1
Indigenous identity				
Indigenous	58.3	42.7	49.1	55.1
Non-Indigenous	59.2	53.0	55.5	54.3
Immigrant				
Immigrants	63.6	53.3	n/a	n/a
Non-immigrants	59.4	52.4	n/a	n/a
Education level				
High school or less	51.2	44.2	47.5	47.7
Postsecondary	63.9	57.9	60.0	59.3
Household income				
Less than \$25,000	49.2	44.4	45.5	44.8
\$25,000 to less than \$60,000	55.4	50.2	53.1	51.7
\$60,000 or more	68.1	59.1	62.0	63.3

	Year 2020	Year 2017	Year 2014	Year 2011
Persons with a disability				
Without disability	63.0	55.3	57.6	n/a
With disability	47.3	43.1	46.8	n/a

About

This indicator is the percentage of citizens who strongly agree that their health largely depends on how well they take care of themselves.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "strongly agree" by the number of respondents who answered "strongly disagree, disagree, neutral, agree or strongly agree" to the question: My health largely depends on how well I take care of myself

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_BEJDM_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size