

Citizens who are overweight (based on self-reported height and weight)

Unit : %

| | Year 2017 | Year 2014 |
|--|--------------|--------------|
| Province | | |
| New Brunswick | 36.7 | 36.6 |
| Health zones | | |
| Zone 1 - Moncton and South-East Area | 36.7 | 37.3 |
| Zone 2 - Fundy Shore and Saint John Area | 36.1 | 36.2 |
| Zone 3 - Fredericton and River Valley Area | 37.2 | 36.5 |
| Zone 4 - Madawaska and North-West Area | 35.6 | 34.0 |
| Zone 5 - Restigouche Area | 41.7 | 38.7 |
| Zone 6 - Bathurst and Acadian Peninsula Area | 38.4 | 39.4 |
| Zone 7 - Miramichi Area | 31.4 | 32.8 |
| Communities | | |
| Bathurst, Beresford, Petit-Rocher Area | 39.2 | 42.6 |
| Bouctouche, Richibucto, Saint-Antoine Area | 38.5 | 37.8 |
| Campbellton, Atholville, Tide Head Area | 36.4 | 40.5 |
| Caraquet, Paquetville, Bertrand Area | 41.1 | 38.9 |
| Dalhousie, Balmoral, Belledune Area | 46.3 | 37.0 |
| Dieppe and Memramcook | 32.4 | 39.8 |
| Douglas, Saint Marys, Doaktown Area | 38.0 | 37.5 |
| Edmundston, Rivière-Verte, Lac Baker Area | 36.5 | 34.2 |
| Florenceville-Bristol, Woodstock, Wakefield Area | 35.5 | 34.4 |
| Fredericton | 38.7 | 37.4 |
| Grand Bay-Westfield, Westfield, Greenwich Area | 42.0 | 40.0 |

| | Year 2017 | Year 2014 |
|--|--------------|--------------|
| Grand Falls, Saint-Léonard, Drummond Area | 36.0 | 36.2 |
| Hillsborough, Riverside-Albert, Alma Area | 26.8 | 34.9 |
| Kedgwick, Saint-Quentin and Grimmer | 30.7 | 26.8 |
| Minto, Chipman, Cambridge-Narrows Area | 33.2 | 29.3 |
| Miramichi, Rogersville, Blackville Area | 32.1 | 34.0 |
| Moncton | 36.9 | 39.1 |
| Nackawic, McAdam, Canterbury Area | 37.2 | 33.3 |
| Neguac, Alnwick, Esgenoopetitj Area | 27.1 | 27.9 |
| New Maryland, Kingsclear, Lincoln Area | 37.4 | 41.3 |
| Oromocto, Gagetown, Fredericton Junction Area | 35.4 | 38.4 |
| Perth-Andover, Plaster Rock, Tobique Area | 38.4 | 31.1 |
| Quispamsis, Rothesay, Hampton Area | 36.4 | 41.0 |
| Riverview and Coverdale | 41.6 | 34.0 |
| Sackville, Dorchester, Port Elgin Area | 40.6 | 35.2 |
| Saint John, Simonds and Musquash | 35.9 | 33.3 |
| Salisbury and Petitcodiac | 34.3 | 32.3 |
| Shediac, Beaubassin East and Cap-Pelé | 36.5 | 34.8 |
| Shippagan, Lamèque, Inkerman Area | 36.3 | 33.9 |
| St. George, Grand Manan, Blacks Harbour Area | 35.6 | 40.5 |
| St. Stephen, Saint Andrews, Campobello Island Area | 37.4 | 33.9 |
| Sussex, Norton, Sussex Corner Area | 32.7 | 35.1 |
| Tracadie and Saint-Isidore | 36.2 | 38.4 |
| Age | | |
| 18-64 | 35.0 | 35.3 |

| | Year 2017 | Year 2014 |
|--|--------------|--------------|
| 65 and over | 41.8 | 41.8 |
| Sex at birth | | |
| Female | 31.4 | 31.0 |
| Male | 42.0 | 42.5 |
| Sexual identity | | |
| Minority sexual identity | n/a | n/a |
| Heterosexual | n/a | n/a |
| Language | | |
| Preferred language of service: English | 37.0 | 36.8 |
| Preferred language of service: French | 35.5 | 36.6 |
| Indigenous identity | | |
| Indigenous | 32.9 | 38.2 |
| Non-Indigenous | 36.9 | 36.6 |
| Immigrant | | |
| Immigrants | 38.3 | n/a |
| Non-immigrants | 36.6 | n/a |
| Education level | | |
| High school or less | 35.7 | 35.5 |
| Postsecondary | 37.4 | 37.3 |
| Household income | | |
| Less than \$25,000 | 30.6 | 33.1 |
| \$25,000 to less than \$60,000 | 37.0 | 36.7 |
| \$60,000 or more | 39.7 | 38.7 |

| | Year 2017 | Year 2014 |
|----------------------------------|--------------|--------------|
| Persons with a disability | | |
| Without disability | 38.1 | 37.7 |
| With disability | 32.0 | 32.9 |

About

This indicator is the percentage of citizens who are overweight (based on self-reported height and weight).

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than specific cutoff" by the number of respondents who "give their height and their weight" . The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How tall are you without your shoes on? And How much do you weigh?

| Unit | Interpretation | NBHC code |
|------|-----------------|------------|
| % | Lower is better | PH_BMI01_1 |

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size