

## Citizens who are overweight (based on self-reported height and weight)

Unit : %

	Year 2017	Year 2014
<b>Province</b>		
New Brunswick	36.7	36.6
<b>Health zones</b>		
Zone 1 - Moncton and South-East Area	36.7	37.3
Zone 2 - Fundy Shore and Saint John Area	36.1	36.2
Zone 3 - Fredericton and River Valley Area	37.2	36.5
Zone 4 - Madawaska and North-West Area	35.6	34.0
Zone 5 - Restigouche Area	41.7	38.7
Zone 6 - Bathurst and Acadian Peninsula Area	38.4	39.4
Zone 7 - Miramichi Area	31.4	32.8
<b>Communities</b>		
Bathurst, Beresford, Petit-Rocher Area	39.2	42.6
Bouctouche, Richibucto, Saint-Antoine Area	38.5	37.8
Campbellton, Atholville, Tide Head Area	36.4	40.5
Caraquet, Paquetville, Bertrand Area	41.1	38.9
Dalhousie, Balmoral, Belledune Area	46.3	37.0
Dieppe and Memramcook	32.4	39.8
Douglas, Saint Marys, Doaktown Area	38.0	37.5
Edmundston, Rivière-Verte, Lac Baker Area	36.5	34.2
Florenceville-Bristol, Woodstock, Wakefield Area	35.5	34.4
Fredericton	38.7	37.4
Grand Bay-Westfield, Westfield, Greenwich Area	42.0	40.0

	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	36.0	36.2
Hillsborough, Riverside-Albert, Alma Area	26.8	34.9
Kedgwick, Saint-Quentin and Grimmer	30.7	26.8
Minto, Chipman, Cambridge-Narrows Area	33.2	29.3
Miramichi, Rogersville, Blackville Area	32.1	34.0
Moncton	36.9	39.1
Nackawic, McAdam, Canterbury Area	37.2	33.3
Neguac, Alnwick, Esgenoopetitj Area	27.1	27.9
New Maryland, Kingsclear, Lincoln Area	37.4	41.3
Oromocto, Gagetown, Fredericton Junction Area	35.4	38.4
Perth-Andover, Plaster Rock, Tobique Area	38.4	31.1
Quispamsis, Rothesay, Hampton Area	36.4	41.0
Riverview and Coverdale	41.6	34.0
Sackville, Dorchester, Port Elgin Area	40.6	35.2
Saint John, Simonds and Musquash	35.9	33.3
Salisbury and Petitcodiac	34.3	32.3
Shediac, Beaubassin East and Cap-Pelé	36.5	34.8
Shippagan, Lamèque, Inkerman Area	36.3	33.9
St. George, Grand Manan, Blacks Harbour Area	35.6	40.5
St. Stephen, Saint Andrews, Campobello Island Area	37.4	33.9
Sussex, Norton, Sussex Corner Area	32.7	35.1
Tracadie and Saint-Isidore	36.2	38.4
<b>Age</b>		
18-64	35.0	35.3

	Year 2017	Year 2014
65 and over	41.8	41.8
<b>Sex at birth</b>		
Female	31.4	31.0
Male	42.0	42.5
<b>Sexual identity</b>		
Minority sexual identity	n/a	n/a
Heterosexual	n/a	n/a
<b>Language</b>		
Preferred language of service: English	37.0	36.8
Preferred language of service: French	35.5	36.6
<b>Indigenous identity</b>		
Indigenous	32.9	38.2
Non-Indigenous	36.9	36.6
<b>Immigrant</b>		
Immigrants	38.3	n/a
Non-immigrants	36.6	n/a
<b>Education level</b>		
High school or less	35.7	35.5
Postsecondary	37.4	37.3
<b>Household income</b>		
Less than \$25,000	30.6	33.1
\$25,000 to less than \$60,000	37.0	36.7
\$60,000 or more	39.7	38.7

	Year 2017	Year 2014
<b>Persons with a disability</b>		
Without disability	<b>38.1</b>	<b>37.7</b>
With disability	<b>32.0</b>	<b>32.9</b>

### About

This indicator is the percentage of citizens who are overweight (based on self-reported height and weight).

### Source

Primary Health Survey and Primary Care Survey

### Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than specific cutoff" by the number of respondents who "give their height and their weight" . The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How tall are you without your shoes on? And How much do you weigh?

---

<b>Unit</b>	<b>Interpretation</b>	<b>NBHC code</b>
%	Lower is better	PH_BMI01_1

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size