Citizens who are overweight (based on self-reported height and weight)

Unit : %

	Year 2017	Year 2014
Province		
New Brunswick	**36.7**	**36.6**
Health zones		
Zone 1 - Moncton and South-East Area	**36.7**	**37.3**
Zone 2 - Fundy Shore and Saint John Area	**36.1**	**36.2**
Zone 3 - Fredericton and River Valley Area	**37.2**	**36.5**
Zone 4 - Madawaska and North-West Area	**35.6**	**34.0**
Zone 5 - Restigouche Area	**41.7**	**38.7**
Zone 6 - Bathurst and Acadian Peninsula Area	**38.4**	**39.4**
Zone 7 - Miramichi Area	**31.4**	**32.8**
Communities		
Bathurst, Beresford, Petit-Rocher Area	**39.2**	**42.6**
Bouctouche, Richibucto, Saint-Antoine Area	**38.5**	**37.8**
Campbellton, Atholville, Tide Head Area	**36.4**	**40.5**
Caraquet, Paquetville, Bertrand Area	**41.1**	**38.9**
Dalhousie, Balmoral, Belledune Area	**46.3**	**37.0**
Dieppe and Memramcook	**32.4**	**39.8**
Douglas, Saint Marys, Doaktown Area	**38.0**	**37.5**
Edmundston, Rivière-Verte, Lac Baker Area	**36.5**	**34.2**
Florenceville-Bristol, Woodstock, Wakefield Area	**35.5**	**34.4**
Fredericton	**38.7**	**37.4**
Grand Bay-Westfield, Westfield, Greenwich Area	**42.0**	**40.0**

	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	**36.0**	**36.2**
Hillsborough, Riverside-Albert, Alma Area	**26.8**	**34.9**
Kedgwick, Saint-Quentin and Grimmer	**30.7**	**26.8**
Minto, Chipman, Cambridge-Narrows Area	**33.2**	**29.3**
Miramichi, Rogersville, Blackville Area	**32.1**	**34.0**
Moncton	**36.9**	**39.1**
Nackawic, McAdam, Canterbury Area	**37.2**	**33.3**
Neguac, Alnwick, Esgenoopetitj Area	**27.1**	**27.9**
New Maryland, Kingsclear, Lincoln Area	**37.4**	**41.3**
Oromocto, Gagetown, Fredericton Junction Area	**35.4**	**38.4**
Perth-Andover, Plaster Rock, Tobique Area	**38.4**	**31.1**
Quispamsis, Rothesay, Hampton Area	**36.4**	**41.0**
Riverview and Coverdale	**41.6**	**34.0**
Sackville, Dorchester, Port Elgin Area	**40.6**	**35.2**
Saint John, Simonds and Musquash	**35.9**	**33.3**
Salisbury and Petitcodiac	**34.3**	**32.3**
Shediac, Beaubassin East and Cap-Pelé	**36.5**	**34.8**
Shippagan, Lamèque, Inkerman Area	**36.3**	**33.9**
St. George, Grand Manan, Blacks Harbour Area	**35.6**	**40.5**
St. Stephen, Saint Andrews, Campobello Island Area	**37.4**	**33.9**
Sussex, Norton, Sussex Corner Area	**32.7**	**35.1**
Tracadie and Saint-Isidore	**36.2**	**38.4**
Age		
18-64	**35.0**	**35.3**

	Year 2017	Year 2014
65 and over	**41.8**	**41.8**
Sex at birth		
Female	**31.4**	**31.0**
Male	**42.0**	**42.5**
Sexual identity		
Minority sexual identity	n/a	n/a
Heterosexual	n/a	n/a
Language		
Preferred language of service: English	**37.0**	**36.8**
Preferred language of service: French	**35.5**	**36.6**
Indigenous identity		
Indigenous	**32.9**	**38.2**
Non-Indigenous	**36.9**	**36.6**
Immigrant		
Immigrants	**38.3**	n/a
Non-immigrants	**36.6**	n/a
Education level		
High school or less	**35.7**	**35.5**
Postsecondary	**37.4**	**37.3**
Household income		
Less than $25,000	**30.6**	**33.1**
$25,000 to less than $60,000	**37.0**	**36.7**
$60,000 or more	**39.7**	**38.7**

	Year 2017	Year 2014
Persons with a disability		
Without disability	**38.1**	**37.7**
With disability	**32.0**	**32.9**

About

This indicator is the percentage of citizens who are overweight (based on self-reported height and weight).

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than specific cutoff" by the number of respondents who "give their height and their weight" . The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How tall are you without your shoes on? And How much do you weigh?

Unit	Interpretation	NBHC code
%	Lower is better	PH_BMI01_1

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size