

Citizens who are overweight (based on self-reported height and weight)

Unit : %

	Year 2017	Year 2014
Province		
New Brunswick	36.7	36.6
Health zones		
Zone 1 - Moncton and South-East Area	36.7	37.3
Zone 2 - Fundy Shore and Saint John Area	36.1	36.2
Zone 3 - Fredericton and River Valley Area	37.2	36.5
Zone 4 - Madawaska and North-West Area	35.6	34.0
Zone 5 - Restigouche Area	41.7	38.7
Zone 6 - Bathurst and Acadian Peninsula Area	38.4	39.4
Zone 7 - Miramichi Area	31.4	32.8
Communities		
Bathurst, Beresford, Petit-Rocher Area	39.2	42.6
Bouctouche, Richibucto, Saint-Antoine Area	38.5	37.8
Campbellton, Atholville, Tide Head Area	36.4	40.5
Caraquet, Paquetville, Bertrand Area	41.1	38.9
Dalhousie, Balmoral, Belledune Area	46.3	37.0
Dieppe and Memramcook	32.4	39.8
Douglas, Saint Marys, Doaktown Area	38.0	37.5
Edmundston, Rivière-Verte, Lac Baker Area	36.5	34.2
Florenceville-Bristol, Woodstock, Wakefield Area	35.5	34.4
Fredericton	38.7	37.4
Grand Bay-Westfield, Westfield, Greenwich Area	42.0	40.0

	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	36.0	36.2
Hillsborough, Riverside-Albert, Alma Area	26.8	34.9
Kedgwick, Saint-Quentin and Grimmer	30.7	26.8
Minto, Chipman, Cambridge-Narrows Area	33.2	29.3
Miramichi, Rogersville, Blackville Area	32.1	34.0
Moncton	36.9	39.1
Nackawic, McAdam, Canterbury Area	37.2	33.3
Neguac, Alnwick, Esgenoopetitj Area	27.1	27.9
New Maryland, Kingsclear, Lincoln Area	37.4	41.3
Oromocto, Gagetown, Fredericton Junction Area	35.4	38.4
Perth-Andover, Plaster Rock, Tobique Area	38.4	31.1
Quispamsis, Rothesay, Hampton Area	36.4	41.0
Riverview and Coverdale	41.6	34.0
Sackville, Dorchester, Port Elgin Area	40.6	35.2
Saint John, Simonds and Musquash	35.9	33.3
Salisbury and Petitcodiac	34.3	32.3
Shediac, Beaubassin East and Cap-Pelé	36.5	34.8
Shippagan, Lamèque, Inkerman Area	36.3	33.9
St. George, Grand Manan, Blacks Harbour Area	35.6	40.5
St. Stephen, Saint Andrews, Campobello Island Area	37.4	33.9
Sussex, Norton, Sussex Corner Area	32.7	35.1
Tracadie and Saint-Isidore	36.2	38.4
Age		
18-64	35.0	35.3

	Year 2017	Year 2014
65 and over	41.8	41.8
Sex at birth		
Female	31.4	31.0
Male	42.0	42.5
Sexual identity		
Minority sexual identity	n/a	n/a
Heterosexual	n/a	n/a
Language		
Preferred language of service: English	37.0	36.8
Preferred language of service: French	35.5	36.6
Indigenous identity		
Indigenous	32.9	38.2
Non-Indigenous	36.9	36.6
Immigrant		
Immigrants	38.3	n/a
Non-immigrants	36.6	n/a
Education level		
High school or less	35.7	35.5
Postsecondary	37.4	37.3
Household income		
Less than \$25,000	30.6	33.1
\$25,000 to less than \$60,000	37.0	36.7
\$60,000 or more	39.7	38.7

	Year 2017	Year 2014
Persons with a disability		
Without disability	38.1	37.7
With disability	32.0	32.9

About

This indicator is the percentage of citizens who are overweight (based on self-reported height and weight).

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than specific cutoff" by the number of respondents who "give their height and their weight" . The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How tall are you without your shoes on? And How much do you weigh?

Unit	Interpretation	NBHC code
%	Lower is better	PH_BMI01_1

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size