

Citizens who are obese (based on self-reported height and weight)

Unit : %

	Year 2020	Year 2017	Year 2014
Province			
New Brunswick	34.1	32.8	30.8
Health zones			
Zone 1 - Moncton and South-East Area	33.7	31.8	28.3
Zone 2 - Fundy Shore and Saint John Area	33.2	34.3	31.7
Zone 3 - Fredericton and River Valley Area	35.5	32.7	31.0
Zone 4 - Madawaska and North-West Area	31.3	32.1	32.4
Zone 5 - Restigouche Area	36.0	28.7	28.4
Zone 6 - Bathurst and Acadian Peninsula Area	33.2	30.2	31.9
Zone 7 - Miramichi Area	38.4	40.9	35.8
Communities			
Bathurst, Beresford, Petit-Rocher Area	31.7	26.9	30.5
Bouctouche, Richibucto, Saint-Antoine Area	39.3	36.7	33.4
Campbellton, Atholville, Tide Head Area	33.9	31.1	28.8
Caraquet, Paquetville, Bertrand Area	30.6	23.8	25.4
Dalhousie, Balmoral, Belledune Area	38.0	26.6	28.0
Dieppe and Memramcook	29.5	28.6	20.8
Douglas, Saint Marys, Doaktown Area	38.2	33.9	35.3
Edmundston, Rivière-Verte, Lac Baker Area	33.1	32.8	33.2
Florenceville-Bristol, Woodstock, Wakefield Area	39.4	36.3	38.8
Fredericton	28.5	25.4	25.1
Grand Bay-Westfield, Westfield, Greenwich Area	29.0	28.2	27.7

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Grand Falls, Saint-Léonard, Drummond Area	32.8	34.0	31.7
Hillsborough, Riverside-Albert, Alma Area	33.1	43.3	26.4
Kedgwick, Saint-Quentin and Grimmer	19.1	24.7	30.2
Minto, Chipman, Cambridge-Narrows Area	46.6	41.9	41.8
Miramichi, Rogersville, Blackville Area	37.6	39.9	31.9
Moncton	31.7	30.9	25.1
Nackawic, McAdam, Canterbury Area	47.5	38.5	31.1
Neguac, Alnwick, Esgenoopetitj Area	42.2	47.1	51.4
New Maryland, Kingsclear, Lincoln Area	32.2	32.5	28.5
Oromocto, Gagetown, Fredericton Junction Area	38.1	40.4	29.0
Perth-Andover, Plaster Rock, Tobique Area	37.8	36.6	37.7
Quispamsis, Rothesay, Hampton Area	28.4	29.2	24.3
Riverview and Coverdale	34.6	27.7	31.6
Sackville, Dorchester, Port Elgin Area	28.0	32.4	29.5
Saint John, Simonds and Musquash	35.1	36.3	33.9
Salisbury and Petitcodiac	39.3	39.0	48.0
Shediac, Beaubassin East and Cap-Pelé	39.3	33.7	32.6
Shippagan, Lamèque, Inkerman Area	38.2	33.6	38.2
St. George, Grand Manan, Blacks Harbour Area	35.1	32.9	34.0
St. Stephen, Saint Andrews, Campobello Island Area	34.2	37.8	34.5
Sussex, Norton, Sussex Corner Area	35.8	38.2	35.7
Tracadie and Saint-Isidore	34.3	38.8	34.8
Age			
18-64	34.3	33.5	31.4

	Year 2020	Year 2017	Year 2014
65 and over	32.4	30.8	28.4
Sex at birth			
Female	35.6	32.2	30.5
Male	31.9	33.4	31.2
Sexual identity			
Minority sexual identity	35.9	n/a	n/a
Heterosexual	34.0	n/a	n/a
Language			
Preferred language of service: English	34.7	34.0	31.3
Preferred language of service: French	32.0	28.8	29.4
Indigenous identity			
Indigenous	41.6	39.6	32.3
Non-Indigenous	33.8	32.5	30.7
Immigrant			
Immigrants	23.8	21.3	n/a
Non-immigrants	34.2	33.5	n/a
Education level			
High school or less	36.4	35.8	33.2
Postsecondary	32.3	30.8	29.3
Household income			
Less than \$25,000	34.5	36.0	32.4
\$25,000 to less than \$60,000	36.4	34.2	32.8
\$60,000 or more	32.1	31.0	29.2

	Year 2020	Year 2017	Year 2014
Persons with a disability			
Without disability	30.3	29.8	28.0
With disability	44.6	43.1	40.8

About

This indicator is the percentage of citizens who are obese (based on self-reported height and weight).

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than specific cutoff" by the number of respondents who "give their height and their weight". The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How tall are you without your shoes on? And How much do you weigh?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_BMI01_2

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size