

## Citizens who are overweight or obese (based on self-reported height and weight)

Unit : %

	Year 2017	Year 2014
<b>Province</b>		
New Brunswick	69.5	67.5
<b>Health zones</b>		
Zone 1 - Moncton and South-East Area	68.6	65.6
Zone 2 - Fundy Shore and Saint John Area	70.4	67.9
Zone 3 - Fredericton and River Valley Area	69.9	67.6
Zone 4 - Madawaska and North-West Area	67.7	66.4
Zone 5 - Restigouche Area	70.4	67.0
Zone 6 - Bathurst and Acadian Peninsula Area	68.6	71.2
Zone 7 - Miramichi Area	72.3	68.6
<b>Communities</b>		
Bathurst, Beresford, Petit-Rocher Area	66.1	73.0
Bouctouche, Richibucto, Saint-Antoine Area	75.1	71.1
Campbellton, Atholville, Tide Head Area	67.5	69.4
Caraquet, Paquetville, Bertrand Area	64.9	64.3
Dalhousie, Balmoral, Belledune Area	72.9	64.9
Dieppe and Memramcook	61.1	60.6
Douglas, Saint Marys, Doaktown Area	71.9	72.8
Edmundston, Rivière-Verte, Lac Baker Area	69.2	67.4
Florenceville-Bristol, Woodstock, Wakefield Area	71.9	73.1
Fredericton	64.1	62.5
Grand Bay-Westfield, Westfield, Greenwich Area	70.2	67.7

	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	70.0	67.9
Hillsborough, Riverside-Albert, Alma Area	70.1	61.4
Kedgwick, Saint-Quentin and Grimmer	55.4	56.9
Minto, Chipman, Cambridge-Narrows Area	75.1	71.1
Miramichi, Rogersville, Blackville Area	71.9	66.0
Moncton	67.8	64.2
Nackawic, McAdam, Canterbury Area	75.8	64.5
Neguac, Alnwick, Esgenoopetitj Area	74.2	79.3
New Maryland, Kingsclear, Lincoln Area	69.9	69.7
Oromocto, Gagetown, Fredericton Junction Area	75.8	67.4
Perth-Andover, Plaster Rock, Tobique Area	75.0	68.8
Quispamsis, Rothesay, Hampton Area	65.6	65.3
Riverview and Coverdale	69.3	65.7
Sackville, Dorchester, Port Elgin Area	73.0	64.7
Saint John, Simonds and Musquash	72.2	67.2
Salisbury and Petitcodiac	73.2	80.3
Shediac, Beaubassin East and Cap-Pelé	70.2	67.4
Shippagan, Lamèque, Inkerman Area	69.9	72.1
St. George, Grand Manan, Blacks Harbour Area	68.5	74.6
St. Stephen, Saint Andrews, Campobello Island Area	75.2	68.4
Sussex, Norton, Sussex Corner Area	71.0	70.8
Tracadie and Saint-Isidore	75.0	73.2
<b>Age</b>		
18-64	68.5	66.7

	Year 2017	Year 2014
65 and over	72.6	70.2
<b>Sex at birth</b>		
Female	63.6	61.4
Male	75.4	73.6
<b>Sexual identity</b>		
Minority sexual identity	n/a	n/a
Heterosexual	n/a	n/a
<b>Language</b>		
Preferred language of service: English	70.9	68.1
Preferred language of service: French	64.3	66.0
<b>Indigenous identity</b>		
Indigenous	72.5	70.5
Non-Indigenous	69.4	67.4
<b>Immigrant</b>		
Immigrants	59.6	n/a
Non-immigrants	70.1	n/a
<b>Education level</b>		
High school or less	71.5	68.7
Postsecondary	68.2	66.7
<b>Household income</b>		
Less than \$25,000	66.6	65.5
\$25,000 to less than \$60,000	71.2	69.4
\$60,000 or more	70.7	68.0

	Year 2017	Year 2014
<b>Persons with a disability</b>		
Without disability	67.9	65.7
With disability	75.1	73.6

## About

This indicator is the percentage of citizens who are overweight or obese (based on self-reported height and weight).

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than specific cutoff" by the number of respondents who "give their height and their weight". The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How tall are you without your shoes on? And How much do you weigh?

---

Unit	Interpretation	NBHC code
%	Lower is better	PH_BMI01_3

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size