Citizens who are overweight or obese (based on self-reported height and weight)

Unit : %

	Year 2017	Year 2014
Province		
New Brunswick	**69.5**	**67.5**
Health zones		
Zone 1 - Moncton and South-East Area	**68.6**	**65.6**
Zone 2 - Fundy Shore and Saint John Area	**70.4**	**67.9**
Zone 3 - Fredericton and River Valley Area	**69.9**	**67.6**
Zone 4 - Madawaska and North-West Area	**67.7**	**66.4**
Zone 5 - Restigouche Area	**70.4**	**67.0**
Zone 6 - Bathurst and Acadian Peninsula Area	**68.6**	**71.2**
Zone 7 - Miramichi Area	**72.3**	**68.6**
Communities		
Bathurst, Beresford, Petit-Rocher Area	**66.1**	**73.0**
Bouctouche, Richibucto, Saint-Antoine Area	**75.1**	**71.1**
Campbellton, Atholville, Tide Head Area	**67.5**	**69.4**
Caraquet, Paquetville, Bertrand Area	**64.9**	**64.3**
Dalhousie, Balmoral, Belledune Area	**72.9**	**64.9**
Dieppe and Memramcook	**61.1**	**60.6**
Douglas, Saint Marys, Doaktown Area	**71.9**	**72.8**
Edmundston, Rivière-Verte, Lac Baker Area	**69.2**	**67.4**
Florenceville-Bristol, Woodstock, Wakefield Area	**71.9**	**73.1**
Fredericton	**64.1**	**62.5**
Grand Bay-Westfield, Westfield, Greenwich Area	**70.2**	**67.7**

	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	**70.0**	**67.9**
Hillsborough, Riverside-Albert, Alma Area	**70.1**	**61.4**
Kedgwick, Saint-Quentin and Grimmer	**55.4**	**56.9**
Minto, Chipman, Cambridge-Narrows Area	**75.1**	**71.1**
Miramichi, Rogersville, Blackville Area	**71.9**	**66.0**
Moncton	**67.8**	**64.2**
Nackawic, McAdam, Canterbury Area	**75.8**	**64.5**
Neguac, Alnwick, Esgenoopetitj Area	**74.2**	**79.3**
New Maryland, Kingsclear, Lincoln Area	**69.9**	**69.7**
Oromocto, Gagetown, Fredericton Junction Area	**75.8**	**67.4**
Perth-Andover, Plaster Rock, Tobique Area	**75.0**	**68.8**
Quispamsis, Rothesay, Hampton Area	**65.6**	**65.3**
Riverview and Coverdale	**69.3**	**65.7**
Sackville, Dorchester, Port Elgin Area	**73.0**	**64.7**
Saint John, Simonds and Musquash	**72.2**	**67.2**
Salisbury and Petitcodiac	**73.2**	**80.3**
Shediac, Beaubassin East and Cap-Pelé	**70.2**	**67.4**
Shippagan, Lamèque, Inkerman Area	**69.9**	**72.1**
St. George, Grand Manan, Blacks Harbour Area	**68.5**	**74.6**
St. Stephen, Saint Andrews, Campobello Island Area	**75.2**	**68.4**
Sussex, Norton, Sussex Corner Area	**71.0**	**70.8**
Tracadie and Saint-Isidore	**75.0**	**73.2**
Age		
18-64	**68.5**	**66.7**

	Year 2017	Year 2014
65 and over	**72.6**	**70.2**
Sex at birth		
Female	**63.6**	**61.4**
Male	**75.4**	**73.6**
Sexual identity		
Minority sexual identity	n/a	n/a
Heterosexual	n/a	n/a
Language		
Preferred language of service: English	**70.9**	**68.1**
Preferred language of service: French	**64.3**	**66.0**
Indigenous identity		
Indigenous	**72.5**	**70.5**
Non-Indigenous	**69.4**	**67.4**
Immigrant		
Immigrants	**59.6**	n/a
Non-immigrants	**70.1**	n/a
Education level		
High school or less	**71.5**	**68.7**
Postsecondary	**68.2**	**66.7**
Household income		
Less than $25,000	**66.6**	**65.5**
$25,000 to less than $60,000	**71.2**	**69.4**
$60,000 or more	**70.7**	**68.0**

	Year 2017	Year 2014
Persons with a disability		
Without disability	**67.9**	**65.7**
With disability	**75.1**	**73.6**

About

This indicator is the percentage of citizens who are overweight or obese (based on self-reported height and weight).

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than specific cutoff" by the number of respondents who "give their height and their weight" . The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How tall are you without your shoes on? And How much do you weigh?

Unit	Interpretation	NBHC code
%	Lower is better	PH_BMI01_3

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size