

Citizens who reported that they have been diagnosed or treated for anxiety

Unit : %

	Year 2023	Year 2022	Year 2020	Year 2017
Province				
New Brunswick	24.6	25.6	19.2	17.0
Health zones				
Zone 1 - Moncton and South-East Area	25.9	26.2	20.3	17.2
Zone 2 - Fundy Shore and Saint John Area	23.7	24.7	19.8	16.8
Zone 3 - Fredericton and River Valley Area	25.7	26.8	18.9	18.5
Zone 4 - Madawaska and North-West Area	16.8	23.0	17.5	12.7
Zone 5 - Restigouche Area	22.1	24.4	19.6	15.4
Zone 6 - Bathurst and Acadian Peninsula Area	23.9	25.8	18.1	16.5
Zone 7 - Miramichi Area	27.1	23.0	16.8	17.4
Communities				
Bathurst, Beresford, Petit-Rocher Area	n/a	n/a	20.6	17.7
Bouctouche, Richibucto, Saint-Antoine Area	n/a	n/a	17.0	16.2
Campbellton, Atholville, Tide Head Area	n/a	n/a	19.9	15.3
Caraquet, Paquetville, Bertrand Area	n/a	n/a	16.1	11.5
Dalhousie, Balmoral, Belledune Area	n/a	n/a	19.3	15.4
Dieppe and Memramcook	n/a	n/a	19.0	14.3
Douglas, Saint Marys, Doaktown Area	n/a	n/a	22.6	18.4
Edmundston, Rivière-Verte, Lac Baker Area	n/a	n/a	16.4	13.3
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	n/a	17.3	18.1
Fredericton	n/a	n/a	18.5	18.9
Grand Falls, Saint-Léonard, Drummond Area	n/a	n/a	19.9	11.6
Hillsborough, Riverside-Albert, Alma Area	n/a	n/a	21.3	14.5

	Year 2023	Year 2022	Year 2020	Year 2017
Kedgwick, Saint-Quentin and Grimmer	n/a	n/a	16.1	12.6
Minto, Chipman, Cambridge-Narrows Area	n/a	n/a	13.7	17.8
Miramichi, Rogersville, Blackville Area	n/a	n/a	17.0	16.8
Moncton	n/a	n/a	21.0	16.9
Nackawic, McAdam, Canterbury Area	n/a	n/a	17.9	17.1
Neguac, Alnwick, Esgenoopetitj Area	n/a	n/a	15.6	20.6
New Maryland, Kingsclear, Lincoln Area	n/a	n/a	19.2	16.9
Oromocto, Gagetown, Fredericton Junction Area	n/a	n/a	22.7	21.3
Perth-Andover, Plaster Rock, Tobique Area	n/a	n/a	18.4	18.5
Quispamsis, Rothesay, Hampton Area	n/a	n/a	12.3	14.6
Riverview and Coverdale	n/a	n/a	22.2	22.1
Sackville, Dorchester, Port Elgin Area	n/a	n/a	20.7	21.0
Saint John, Simonds and Musquash	n/a	n/a	24.2	20.3
Salisbury and Petitcodiac	n/a	n/a	13.6	11.9
Shediac, Beaubassin East and Cap-Pelé	n/a	n/a	21.4	17.7
Shippagan, Lamèque, Inkerman Area	n/a	n/a	14.8	13.3
St. George, Grand Manan, Blacks Harbour Area	n/a	n/a	19.7	13.8
St. Stephen, Saint Andrews, Campobello Island Area	n/a	n/a	17.9	13.1
Sussex, Norton, Sussex Corner Area	n/a	n/a	20.8	14.2
Tracadie and Saint-Isidore	n/a	n/a	17.3	20.6

Age

18-64	27.8	28.5	21.3	18.4
65 and over	15.9	17.8	13.5	12.5

Gender

	Year 2023	Year 2022	Year 2020	Year 2017
Female	30.0	30.8	n/a	n/a
Male	18.4	20.3	n/a	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	47.5	48.4	41.8	n/a
Language				
Most comfortable in English	24.9	n/a	n/a	n/a
Most comfortable in French	22.3	n/a	n/a	n/a
Comfortable in both English and French	27.9	n/a	n/a	n/a
Indigenous identity				
Indigenous	37.4	47.7	27.5	22.6
Immigrant				
Immigrants	16.4	20.2	12.3	11.0
Education level				
High school or less	25.9	26.8	21.3	19.0
Postsecondary	24.2	24.9	18.1	15.6
Disability or special need				
Disability or special need	49.0	n/a	n/a	n/a
Household income				
Less than \$30,000	30.1	n/a	n/a	n/a
\$30,000 to less than \$60,000	26.6	n/a	n/a	n/a
\$60,000 or more	22.4	n/a	n/a	n/a
Racialized groups				
Racialized groups	16.1	n/a	n/a	n/a

About

This indicator is the percentage of citizens who reported that they have been diagnosed or treated for anxiety.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Has any health professional ever diagnosed you with or treated you for any of the following chronic health conditions: n) Anxiety

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_CHCAN_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size