

# Citizens who reported that they have been diagnosed or treated for depression

Unit: %

Unit: %	<b>Year</b> 2024	Year 2023	Year 2022	Year 2020
Province	2024	2023	2022	2020
New Brunswick	19.5	19.8	20.5	17.3
Health zones				
Zone 1 - Moncton and South-East Area	20.5	19.9	20.7	19.1
Zone 2 - Fundy Shore and Saint John Area	18.2	19.5	20.7	17.4
Zone 3 - Fredericton and River Valley Area	20.5	22.9	23.7	18.5
Zone 4 - Madawaska and North-West Area	18.2	12.1	15.7	12.6
Zone 5 - Restigouche Area	15.9	16.4	14.2	14.6
Zone 6 - Bathurst and Acadian Peninsula Area	17.1	17.1	18.0	13.8
Zone 7 - Miramichi Area	23.7	22.3	19.9	16.0
Age				
18-64	22.4	22.5	23.5	19.1
65 and over	12.3	12.7	12.8	12.1
Gender				
Female	24.0	24.2	23.8	n/a
Male	14.2	14.5	17.3	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	49.4	44.5	46.9	40.9
Language				
Most comfortable in English	20.0	20.7	n/a	n/a
Most comfortable in French	17.2	14.6	n/a	n/a



	Year 2024	Year 2023	Year 2022	<b>Year</b> 2020
Comfortable in both English and French	21.4	24.8	n/a	n/a
Indigenous identity				
Indigenous	29.5	33.6	38.3	25.5
Immigrant				
Immigrants	10.0	10.0	15.7	13.5
Education level				
High school or less	20.3	20.6	21.3	19.4
Postsecondary	19.3	19.4	20.2	16.0
Disability or special need				
Disability or special need	45.5	44.3	n/a	n/a
Household income				
Less than \$30,000	28.8	27.3	n/a	n/a
\$30,000 to less than \$60,000	21.2	22.8	n/a	n/a
\$60,000 or more	16.8	16.5	n/a	n/a
Racialized groups				
Racialized groups	11.7	10.6	n/a	n/a



### **About**

This indicator is the percentage of citizens who reported that they have been diagnosed or treated for depression.

## Source

Primary Health Survey and Primary Care Survey

# **Calculations**

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Has any health professional ever diagnosed you with or treated you for any of the following chronic health conditions: g) Depression

#### **Notes**

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH CHCDP 1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size