

Citizens who rate their mental or emotional health as excellent or very good

Unit: %

Year	Year	Year	Year
2024	2023	2022	2020
43.2	42.6	40.8	49.8
44.3	42.3	38.1	48.8
43.1	43.3	43.1	50.6
39.6	37.4	36.0	49.5
48.8	52.2	49.6	51.4
42.8	49.0	43.5	49.4
47.0	46.5	47.5	50.9
39.5	41.1	42.4	47.1
39.6	40.4	38.9	50.8
52.6	48.3	45.7	48.8
39.4	39.6	38.5	n/a
47.5	46.0	43.2	n/a
20.8	21.6	27.5	33.9
40.5	40.5	n/a	n/a
49.9	49.4	n/a	n/a
46.8	41.6	n/a	n/a
	43.2 44.3 43.1 39.6 48.8 47.0 39.5 39.6 52.6 39.4 47.5 20.8	2024 2023 43.2 42.6 44.3 42.3 43.1 43.3 39.6 37.4 48.8 52.2 42.8 49.0 47.0 46.5 39.5 41.1 39.6 40.4 52.6 48.3 39.4 39.6 47.5 46.0 20.8 21.6 40.5 40.5 49.9 49.4	2024 2023 2022 43.2 42.6 40.8 44.3 42.3 38.1 43.1 43.3 43.1 39.6 37.4 36.0 48.8 52.2 49.6 42.8 49.0 43.5 47.0 46.5 47.5 39.5 41.1 42.4 39.6 40.4 38.9 52.6 48.3 45.7 39.4 39.6 38.5 47.5 46.0 43.2 20.8 21.6 27.5 40.5 40.5 n/a 49.9 49.4 n/a



	Year 2024	Year 2023	Year 2022	Year 2020
Indigenous identity				
Indigenous	30.7	37.5	33.7	42.0
Immigrant				
Immigrants	43.9	48.7	36.5	54.6
Education level				
High school or less	36.7	35.5	34.0	42.3
Postsecondary	45.8	45.4	43.7	54.8
Disability or special need				
Disability or special need	22.1	23.5	n/a	n/a
Household income				
Less than \$30,000	31.2	32.0	n/a	n/a
\$30,000 to less than \$60,000	38.7	38.1	n/a	n/a
\$60,000 or more	48.7	49.5	n/a	n/a
Racialized groups				
Racialized groups	42.8	47.9	n/a	n/a



About

This indicator is the percentage of citizens who rate their mental or emotional health as excellent or very good.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "very good or excellent" by the number of respondents who answered "poor, fair, good, very good or excellent" to the question: In general, would you say your mental or emotional health is?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_HEP02_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size