

Citizens who rate their mental or emotional health as excellent or very good

Unit : %

	Year 2023	Year 2022	Year 2020	Year 2017
Province				
New Brunswick	42.6	40.8	49.8	60.7
Health zones				
Zone 1 - Moncton and South-East Area	42.3	38.1	48.8	60.2
Zone 2 - Fundy Shore and Saint John Area	43.3	43.1	50.6	61.9
Zone 3 - Fredericton and River Valley Area	37.4	36.0	49.5	59.6
Zone 4 - Madawaska and North-West Area	52.2	49.6	51.4	64.1
Zone 5 - Restigouche Area	49.0	43.5	49.4	60.2
Zone 6 - Bathurst and Acadian Peninsula Area	46.5	47.5	50.9	61.7
Zone 7 - Miramichi Area	41.1	42.4	47.1	56.8
Communities				
Bathurst, Beresford, Petit-Rocher Area	n/a	n/a	50.5	62.7
Bouctouche, Richibucto, Saint-Antoine Area	n/a	n/a	46.3	49.1
Campbellton, Atholville, Tide Head Area	n/a	n/a	47.8	59.9
Caraquet, Paquetville, Bertrand Area	n/a	n/a	53.0	66.0
Dalhousie, Balmoral, Belledune Area	n/a	n/a	50.3	60.5
Dieppe and Memramcook	n/a	n/a	51.0	68.1
Douglas, Saint Marys, Doaktown Area	n/a	n/a	47.9	54.4
Edmundston, Rivière-Verte, Lac Baker Area	n/a	n/a	53.2	65.0
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	n/a	48.0	61.0
Fredericton	n/a	n/a	53.7	63.0
Grand Falls, Saint-Léonard, Drummond Area	n/a	n/a	49.1	59.9
Hillsborough, Riverside-Albert, Alma Area	n/a	n/a	45.6	58.1

	Year 2023	Year 2022	Year 2020	Year 2017
Kedgwick, Saint-Quentin and Grimmer	n/a	n/a	49.2	70.4
Minto, Chipman, Cambridge-Narrows Area	n/a	n/a	35.3	47.2
Miramichi, Rogersville, Blackville Area	n/a	n/a	45.1	55.4
Moncton	n/a	n/a	48.1	58.8
Nackawic, McAdam, Canterbury Area	n/a	n/a	46.1	58.4
Neguac, Alnwick, Esgenoopetitj Area	n/a	n/a	50.4	63.9
New Maryland, Kingsclear, Lincoln Area	n/a	n/a	50.3	62.4
Oromocto, Gagetown, Fredericton Junction Area	n/a	n/a	47.6	55.2
Perth-Andover, Plaster Rock, Tobique Area	n/a	n/a	48.2	56.6
Quispamsis, Rothesay, Hampton Area	n/a	n/a	57.9	72.0
Riverview and Coverdale	n/a	n/a	48.9	62.3
Sackville, Dorchester, Port Elgin Area	n/a	n/a	51.2	58.1
Saint John, Simonds and Musquash	n/a	n/a	48.2	57.7
Salisbury and Petitcodiac	n/a	n/a	49.0	68.0
Shediac, Beaubassin East and Cap-Pelé	n/a	n/a	49.7	60.9
Shippagan, Lamèque, Inkerman Area	n/a	n/a	55.3	61.6
St. George, Grand Manan, Blacks Harbour Area	n/a	n/a	46.6	58.3
St. Stephen, Saint Andrews, Campobello Island Area	n/a	n/a	47.2	59.0
Sussex, Norton, Sussex Corner Area	n/a	n/a	52.5	63.4
Tracadie and Saint-Isidore	n/a	n/a	48.8	56.4
Age				
18-64	40.4	38.9	50.8	62.0
65 and over	48.3	45.7	48.8	56.4

Gender

	Year 2023	Year 2022	Year 2020	Year 2017
Female	39.6	38.5	n/a	n/a
Male	46.0	43.2	n/a	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	21.6	27.5	33.9	n/a
Language				
Most comfortable in English	40.5	n/a	n/a	n/a
Most comfortable in French	49.4	n/a	n/a	n/a
Comfortable in both English and French	41.6	n/a	n/a	n/a
Indigenous identity				
Indigenous	37.5	33.7	42.0	49.5
Immigrant				
Immigrants	48.7	36.5	54.6	65.5
Education level				
High school or less	35.5	34.0	42.3	52.0
Postsecondary	45.4	43.7	54.8	66.4
Disability or special need				
Disability or special need	23.5	n/a	n/a	n/a
Household income				
Less than \$30,000	32.0	n/a	n/a	n/a
\$30,000 to less than \$60,000	38.1	n/a	n/a	n/a
\$60,000 or more	49.5	n/a	n/a	n/a
Racialized groups				
Racialized groups	47.9	n/a	n/a	n/a

About

This indicator is the percentage of citizens who rate their mental or emotional health as excellent or very good.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "very good or excellent" by the number of respondents who answered "poor, fair, good, very good or excellent" to the question: In general, would you say your mental or emotional health is?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_HEP02_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size