

Citizens who rate their overall mental or emotional health as excellent or very good

Unit : %

	Year 2020	Year 2017	Year 2014
Province			
New Brunswick	49.8	60.7	65.4
Health zones			
Zone 1 - Moncton and South-East Area	48.8	60.2	64.1
Zone 2 - Fundy Shore and Saint John Area	50.6	61.9	67.6
Zone 3 - Fredericton and River Valley Area	49.5	59.6	66.9
Zone 4 - Madawaska and North-West Area	51.4	64.1	64.6
Zone 5 - Restigouche Area	49.4	60.2	63.4
Zone 6 - Bathurst and Acadian Peninsula Area	50.9	61.7	64.0
Zone 7 - Miramichi Area	47.1	56.8	62.6
Communities			
Bathurst, Beresford, Petit-Rocher Area	50.5	62.7	64.5
Bouctouche, Richibucto, Saint-Antoine Area	46.3	49.1	57.3
Campbellton, Atholville, Tide Head Area	47.8	59.9	67.9
Caraquet, Paquetville, Bertrand Area	53.0	66.0	63.0
Dalhousie, Balmoral, Belledune Area	50.3	60.5	59.2
Dieppe and Memramcook	51.0	68.1	66.7
Douglas, Saint Marys, Doaktown Area	47.9	54.4	66.9
Edmundston, Rivière-Verte, Lac Baker Area	53.2	65.0	69.4
Florenceville-Bristol, Woodstock, Wakefield Area	48.0	61.0	64.2
Fredericton	53.7	63.0	73.2
Grand Bay-Westfield, Westfield, Greenwich Area	51.8	58.7	65.4

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Grand Falls, Saint-Léonard, Drummond Area	49.1	59.9	61.2
Hillsborough, Riverside-Albert, Alma Area	45.6	58.1	62.2
Kedgwick, Saint-Quentin and Grimmer	49.2	70.4	50.6
Minto, Chipman, Cambridge-Narrows Area	35.3	47.2	54.6
Miramichi, Rogersville, Blackville Area	45.1	55.4	62.9
Moncton	48.1	58.8	63.7
Nackawic, McAdam, Canterbury Area	46.1	58.4	63.9
Neguac, Alnwick, Esgenoopetitj Area	50.4	63.9	61.5
New Maryland, Kingsclear, Lincoln Area	50.3	62.4	69.1
Oromocto, Gagetown, Fredericton Junction Area	47.6	55.2	61.6
Perth-Andover, Plaster Rock, Tobique Area	48.2	56.6	56.6
Quispamsis, Rothesay, Hampton Area	57.9	72.0	76.0
Riverview and Coverdale	48.9	62.3	69.4
Sackville, Dorchester, Port Elgin Area	51.2	58.1	66.8
Saint John, Simonds and Musquash	48.2	57.7	65.7
Salisbury and Petitcodiac	49.0	68.0	68.4
Shediac, Beaubassin East and Cap-Pelé	49.7	60.9	61.5
Shippagan, Lamèque, Inkerman Area	55.3	61.6	67.0
St. George, Grand Manan, Blacks Harbour Area	46.6	58.3	61.7
St. Stephen, Saint Andrews, Campobello Island Area	47.2	59.0	63.5
Sussex, Norton, Sussex Corner Area	52.5	63.4	67.0
Tracadie and Saint-Isidore	48.8	56.4	60.7
Age			
18-64	50.8	62.0	66.7

	Year 2020	Year 2017	Year 2014
65 and over	48.8	56.4	60.4
Sex at birth			
Female	47.7	59.4	65.5
Male	53.0	62.0	65.4
Sexual orientation			
Sexual minority people	33.9	n/a	n/a
Heterosexual people	50.9	n/a	n/a
Language			
Preferred language of service: English	49.4	59.3	65.2
Preferred language of service: French	53.2	64.3	66.7
Indigenous identity			
Indigenous	42.0	49.5	49.7
Non-Indigenous	50.1	61.2	66.0
Immigrant			
Immigrants	54.6	65.5	n/a
Non-immigrants	50.4	60.4	n/a
Education level			
High school or less	42.3	52.0	55.1
Postsecondary	54.8	66.4	72.0
Household income			
Less than \$25,000	36.6	43.3	47.3
\$25,000 to less than \$60,000	46.3	58.4	63.1
\$60,000 or more	59.6	71.5	76.0

	Year 2020	Year 2017	Year 2014
Persons with a disability			
Without disability	56.7	67.5	72.1
With disability	30.1	37.5	42.3

About

This indicator is the percentage of citizens who rate their overall mental or emotional health as excellent or very good.

Source

New Brunswick Health Council, Primary Health Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "very good or excellent" by the number of respondents who answered "poor, fair, good, very good or excellent" to the question: In general, would you say your mental or emotional health is?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_HEP02_1

Caption

n/a = Not applicable / not available

S = Data was suppressed due to low respondent counts