

Citizens who rate their overall mental or emotional health as excellent or very good

Unit : %

	Year 2022	Year 2020	Year 2017	Year 2014
Province				
New Brunswick	40.8	49.8	60.7	65.4
Health zones				
Zone 1 - Moncton and South-East Area	38.1	48.8	60.2	64.1
Zone 2 - Fundy Shore and Saint John Area	43.1	50.6	61.9	67.6
Zone 3 - Fredericton and River Valley Area	36.0	49.5	59.6	66.9
Zone 4 - Madawaska and North-West Area	49.6	51.4	64.1	64.6
Zone 5 - Restigouche Area	43.5	49.4	60.2	63.4
Zone 6 - Bathurst and Acadian Peninsula Area	47.5	50.9	61.7	64.0
Zone 7 - Miramichi Area	42.4	47.1	56.8	62.6
Communities				
Bathurst, Beresford, Petit-Rocher Area	n/a	50.5	62.7	64.5
Bouctouche, Richibucto, Saint-Antoine Area	n/a	46.3	49.1	57.3
Campbellton, Atholville, Tide Head Area	n/a	47.8	59.9	67.9
Caraquet, Paquetville, Bertrand Area	n/a	53.0	66.0	63.0
Dalhousie, Balmoral, Belledune Area	n/a	50.3	60.5	59.2
Dieppe and Memramcook	n/a	51.0	68.1	66.7
Douglas, Saint Marys, Doaktown Area	n/a	47.9	54.4	66.9
Edmundston, Rivière-Verte, Lac Baker Area	n/a	53.2	65.0	69.4
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	48.0	61.0	64.2
Fredericton	n/a	53.7	63.0	73.2
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	51.8	58.7	65.4

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Grand Falls, Saint-Léonard, Drummond Area	n/a	49.1	59.9	61.2
Hillsborough, Riverside-Albert, Alma Area	n/a	45.6	58.1	62.2
Kedgwick, Saint-Quentin and Grimmer	n/a	49.2	70.4	50.6
Minto, Chipman, Cambridge-Narrows Area	n/a	35.3	47.2	54.6
Miramichi, Rogersville, Blackville Area	n/a	45.1	55.4	62.9
Moncton	n/a	48.1	58.8	63.7
Nackawic, McAdam, Canterbury Area	n/a	46.1	58.4	63.9
Neguac, Alnwick, Esgenoopetitj Area	n/a	50.4	63.9	61.5
New Maryland, Kingsclear, Lincoln Area	n/a	50.3	62.4	69.1
Oromocto, Gagetown, Fredericton Junction Area	n/a	47.6	55.2	61.6
Perth-Andover, Plaster Rock, Tobique Area	n/a	48.2	56.6	56.6
Quispamsis, Rothesay, Hampton Area	n/a	57.9	72.0	76.0
Riverview and Coverdale	n/a	48.9	62.3	69.4
Sackville, Dorchester, Port Elgin Area	n/a	51.2	58.1	66.8
Saint John, Simonds and Musquash	n/a	48.2	57.7	65.7
Salisbury and Petitcodiac	n/a	49.0	68.0	68.4
Shediac, Beaubassin East and Cap-Pelé	n/a	49.7	60.9	61.5
Shippagan, Lamèque, Inkerman Area	n/a	55.3	61.6	67.0
St. George, Grand Manan, Blacks Harbour Area	n/a	46.6	58.3	61.7
St. Stephen, Saint Andrews, Campobello Island Area	n/a	47.2	59.0	63.5
Sussex, Norton, Sussex Corner Area	n/a	52.5	63.4	67.0
Tracadie and Saint-Isidore	n/a	48.8	56.4	60.7
Age				
18-64	38.9	50.8	62.0	66.7

	Year 2022	Year 2020	Year 2017	Year 2014
65 and over	45.7	48.8	56.4	60.4
Gender				
Female	38.5	n/a	n/a	n/a
Male	43.2	n/a	n/a	n/a
Sexual identity				
Minority sexual identity	27.5	33.9	n/a	n/a
Heterosexual	41.8	50.9	n/a	n/a
Language				
Preferred language of service: English	n/a	49.4	59.3	65.2
Preferred language of service: French	n/a	53.2	64.3	66.7
Indigenous identity				
Indigenous	33.7	42.0	49.5	49.7
Non-Indigenous	41.0	50.1	61.2	66.0
Immigrant				
Immigrants	36.5	54.6	65.5	n/a
Non-immigrants	41.1	50.4	60.4	n/a
Education level				
High school or less	34.0	42.3	52.0	55.1
Postsecondary	43.7	54.8	66.4	72.0
Household income				
Less than \$25,000	30.2	36.6	43.3	47.3
\$25,000 to less than \$60,000	35.6	46.3	58.4	63.1
\$60,000 or more	47.0	59.6	71.5	76.0

	Year 2022	Year 2020	Year 2017	Year 2014
Persons with a disability				
Without disability	46.8	56.7	67.5	72.1
With disability	25.4	30.1	37.5	42.3

About

This indicator is the percentage of citizens who rate their overall mental or emotional health as excellent or very good.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "very good or excellent" by the number of respondents who answered "poor, fair, good, very good or excellent" to the question: In general, would you say your mental or emotional health is?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_HEP02_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size