

# Citizens who have one or more chronic health conditions (among list of 12 conditions) who reported taking 6 or more different prescription medications on a regular basis

Unit: %

| OHIL. 70                                     | <b>Year</b><br>2024 | Year<br>2023 | Year<br>2020 | Year<br>2017 |
|--|---------------------|--------------|--------------|--------------|
| Province                                     |                     |              |              |              |
| New Brunswick                                | 17.2                | 17.4         | 17.6         | 16.4         |
| Health zones                                 |                     |              |              |              |
| Zone 1 - Moncton and South-East Area         | 13.2                | 15.3         | 14.8         | 15.4         |
| Zone 2 - Fundy Shore and Saint John Area     | 16.7                | 18.8         | 17.0         | 16.2         |
| Zone 3 - Fredericton and River Valley Area   | 18.4                | 15.0         | 16.8         | 15.4         |
| Zone 4 - Madawaska and North-West Area       | 24.3                | 20.9         | 22.7         | 19.3         |
| Zone 5 - Restigouche Area                    | 29.5                | 25.7         | 24.6         | 22.1         |
| Zone 6 - Bathurst and Acadian Peninsula Area | 17.7                | 21.1         | 21.4         | 19.6         |
| Zone 7 - Miramichi Area                      | 19.2                | 18.4         | 17.8         | 13.4         |
| Age  |                     |              |              |              |
| 18-64  | 12.5                | 12.5         | 12.4         | 12.0         |
| 65 and over                                  | 25.6                | 26.4         | 26.6         | 25.2         |
| Gender                                       |                     |              |              |              |
| Female                                       | 17.5                | 16.1         | n/a          | n/a          |
| Male   | 17.0                | 19.1         | n/a          | n/a          |
| 2SLGBTQIA+ status                            |                     |              |              |              |
| 2SLGBTQIA+                                   | 8.2                 | 14.6         | 16.8         | n/a          |
| Language                                     |                     |              |              |              |
| Most comfortable in English                  | 17.7                | 17.4         | n/a          | n/a          |
|  |                     |              |              |              |



|  | Year<br>2024 | Year<br>2023 | Year<br>2020 | <b>Year</b> 2017 |
|--|--------------|--------------|--------------|------------------|
| Most comfortable in French             | 15.3         | 18.8         | n/a          | n/a              |
| Comfortable in both English and French | 17.3         | 15.0         | n/a          | n/a              |
| Indigenous identity                    |              |              |              |                  |
| Indigenous                             | 27.4         | 19.7         | 19.9         | 23.2             |
| Immigrant                              |              |              |              |                  |
| Immigrants                             | 9.2          | 9.0          | 10.9         | 14.1             |
| Education level                        |              |              |              |                  |
| High school or less                    | 22.7         | 22.3         | 21.0         | 21.0             |
| Postsecondary                          | 15.0         | 15.1         | 14.9         | 12.7             |
| Disability or special need             |              |              |              |                  |
| Disability or special need             | 38.2         | 37.0         | n/a          | n/a              |
| Household income                       |              |              |              |                  |
| Less than \$30,000                     | 28.7         | 28.2         | n/a          | n/a              |
| \$30,000 to less than \$60,000         | 21.6         | 19.3         | n/a          | n/a              |
| \$60,000 or more                       | 11.9         | 12.3         | n/a          | n/a              |
| Racialized groups                      |              |              |              |                  |
| Racialized groups                      | 11.0         | 13.2         | n/a          | n/a              |
|  |              |              |              |                  |



### **About**

This indicator is the percentage of citizens who have one or more chronic health conditions (among list of 12 conditions) who reported taking 6 or more different prescription medications on a regular basis.

### Source

Primary Health Survey and Primary Care Survey

## **Calculations**

This indicator is based on respondents who have one (1) or more of the following chronic health conditions: arthritis, asthma, chronic pain, Emphysema or COPD (chronic obstructive pulmonary disease), cancer, diabetes, depression, A mood disorder other than depression, such as bipolar disorder, mania, manic depression, or dysthymia, heart disease, stroke, high blood pressure or hypertension or gastric reflux (GERD). This indicator is calculated by dividing the number of respondents who said they take "6 or more prescribed medications" by the "total number of respondents who entered a valid response" to the question: How many different prescription medications are you taking on a regular or ongoing basis?

# **Notes**

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit Interpretation NBHC code
% Lower is better PH\_MED01\_2

# Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size