

## Citizens [with any chronic health condition asked in the questionnaire] who are very confident in controlling and managing their health condition

Unit : %

	Year 2020	Year 2017	Year 2014	Year 2011
<b>Province</b>				
New Brunswick	41.4	42.2	42.7	40.1
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	40.0	42.2	42.8	39.0
Zone 2 - Fundy Shore and Saint John Area	45.1	45.9	46.0	43.2
Zone 3 - Fredericton and River Valley Area	43.3	44.2	42.1	40.3
Zone 4 - Madawaska and North-West Area	31.2	31.1	41.0	37.9
Zone 5 - Restigouche Area	40.1	39.4	38.6	37.7
Zone 6 - Bathurst and Acadian Peninsula Area	39.9	38.4	41.3	40.8
Zone 7 - Miramichi Area	40.8	39.8	38.7	35.3
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	37.0	38.5	43.9	44.4
Bouctouche, Richibucto, Saint-Antoine Area	35.8	37.8	37.8	32.9
Campbellton, Atholville, Tide Head Area	37.9	39.1	44.7	40.1
Caraquet, Paquetville, Bertrand Area	39.6	42.8	39.4	39.8
Dalhousie, Balmoral, Belledune Area	42.4	39.5	32.9	35.8
Dieppe and Memramcook	43.3	44.6	42.2	38.8
Douglas, Saint Marys, Doaktown Area	37.8	42.6	43.2	39.5
Edmundston, Rivière-Verte, Lac Baker Area	31.5	31.3	44.7	39.1
Florenceville-Bristol, Woodstock, Wakefield Area	42.5	43.1	40.9	35.2
Fredericton	43.6	43.7	38.6	41.2
Grand Bay-Westfield, Westfield, Greenwich Area	50.3	42.7	53.0	52.8

	Year 2020	Year 2017	Year 2014	Year 2011
Grand Falls, Saint-Léonard, Drummond Area	27.6	33.3	36.6	32.9
Hillsborough, Riverside-Albert, Alma Area	39.3	43.9	50.0	39.4
Kedgwick, Saint-Quentin and Grimmer	40.0	24.2	36.0	45.9
Minto, Chipman, Cambridge-Narrows Area	35.7	42.3	38.1	36.3
Miramichi, Rogersville, Blackville Area	41.4	42.0	38.2	34.9
Moncton	39.4	43.2	42.0	39.8
Nackawic, McAdam, Canterbury Area	44.5	46.5	43.6	42.3
Neguac, Alnwick, Esgenoopetitj Area	37.8	29.0	41.1	37.0
New Maryland, Kingsclear, Lincoln Area	47.1	48.4	49.6	42.2
Oromocto, Gagetown, Fredericton Junction Area	45.0	45.9	40.4	47.1
Perth-Andover, Plaster Rock, Tobique Area	38.1	38.7	49.5	34.0
Quispamsis, Rothesay, Hampton Area	47.2	50.4	42.5	40.5
Riverview and Coverdale	42.9	41.5	49.1	44.4
Sackville, Dorchester, Port Elgin Area	40.3	42.9	43.1	40.1
Saint John, Simonds and Musquash	43.2	44.0	48.1	43.5
Salisbury and Petitcodiac	41.8	43.6	48.6	47.0
Shediac, Beaubassin East and Cap-Pelé	38.4	40.6	41.1	33.9
Shippagan, Lamèque, Inkerman Area	40.9	34.3	42.5	37.5
St. George, Grand Manan, Blacks Harbour Area	49.1	47.2	38.4	36.4
St. Stephen, Saint Andrews, Campobello Island Area	45.3	43.9	41.1	48.5
Sussex, Norton, Sussex Corner Area	44.2	47.1	48.7	41.4
Tracadie and Saint-Isidore	40.5	37.9	35.9	37.0
<b>Age</b>				
18-64	40.2	41.8	41.9	39.6

	Year 2020	Year 2017	Year 2014	Year 2011
65 and over	43.9	43.1	44.7	41.7
<b>Sex at birth</b>				
Female	40.8	40.7	41.8	39.0
Male	42.3	44.0	43.7	41.4
<b>Sexual identity</b>				
Minority sexual identity	30.7	n/a	n/a	n/a
Heterosexual	42.3	n/a	n/a	n/a
<b>Language</b>				
Preferred language of service: English	43.0	43.9	43.3	40.5
Preferred language of service: French	36.6	36.4	40.9	39.0
<b>Indigenous identity</b>				
Indigenous	33.9	34.6	36.4	36.3
Non-Indigenous	41.7	42.6	43.0	40.2
<b>Immigrant</b>				
Immigrants	36.8	47.4	n/a	n/a
Non-immigrants	41.7	42.0	n/a	n/a
<b>Education level</b>				
High school or less	36.9	38.3	40.2	36.6
Postsecondary	44.4	45.2	44.5	43.2
<b>Household income</b>				
Less than \$25,000	34.2	34.5	36.7	34.4
\$25,000 to less than \$60,000	39.0	40.8	41.8	38.7
\$60,000 or more	47.5	48.1	47.7	45.2

	Year 2020	Year 2017	Year 2014	Year 2011
<b>Persons with a disability</b>				
Without disability	46.9	48.8	48.0	n/a
With disability	29.6	27.1	31.5	n/a

## About

This indicator is the percentage of citizens [with any chronic health condition asked in the questionnaire] who are very confident in controlling and managing their health condition.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is based on respondents who have one (1) or more of the following chronic health conditions: arthritis, asthma, chronic pain, Emphysema or COPD (chronic obstructive pulmonary disease), cancer, diabetes, depression, A mood disorder other than depression, such as bipolar disorder, mania, manic depression, or dysthymia, heart disease, stroke, high blood pressure or hypertension or gastric reflux (GERD) . This indicator is calculated by dividing the number of respondents who answered "very confident" by the number of respondents who answered "not at all confident, not very confident, confident or very confident" to the question: How confident are you that you can control and manage your health condition? By control and manage your health problems, we mean knowing what to do to control symptoms, prevent flare-ups, or monitor your condition.

## Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

### Unit

%

### Interpretation

Higher is better

### NBHC code

PH\_MGT01\_1

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size