Citizens who always or usually talk to a health professional about things they could do to improve their health or prevent illness like stop smoking, drink less alcohol, eat better, and exercise

Unit : %

	Year 2020	Year 2017	Year 2014	Year 2011
Province				
New Brunswick	**26.3**	**23.4**	**25.4**	**31.7**
Health zones				
Zone 1 - Moncton and South-East Area	**26.0**	**21.9**	**26.0**	**30.4**
Zone 2 - Fundy Shore and Saint John Area	**26.6**	**23.3**	**25.1**	**33.4**
Zone 3 - Fredericton and River Valley Area	**26.6**	**23.5**	**23.4**	**30.0**
Zone 4 - Madawaska and North-West Area	**26.0**	**27.9**	**29.5**	**34.1**
Zone 5 - Restigouche Area	**25.3**	**23.9**	**27.7**	**32.6**
Zone 6 - Bathurst and Acadian Peninsula Area	**23.2**	**23.1**	**25.2**	**32.6**
Zone 7 - Miramichi Area	**29.7**	**26.1**	**26.0**	**32.0**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**24.6**	**23.6**	**24.6**	**30.4**
Bouctouche, Richibucto, Saint-Antoine Area	**26.7**	**22.7**	**26.8**	**31.5**
Campbellton, Atholville, Tide Head Area	**25.0**	**25.3**	**27.7**	**32.6**
Caraquet, Paquetville, Bertrand Area	**19.5**	**21.0**	**29.5**	**34.5**
Dalhousie, Balmoral, Belledune Area	**25.6**	**22.7**	**27.7**	**32.5**
Dieppe and Memramcook	**27.4**	**23.7**	**24.5**	**27.2**
Douglas, Saint Marys, Doaktown Area	**28.3**	**22.9**	**25.5**	**30.1**
Edmundston, Rivière-Verte, Lac Baker Area	**25.2**	**29.6**	**29.5**	**36.3**
Florenceville-Bristol, Woodstock, Wakefield Area	**29.7**	**27.6**	**25.0**	**32.1**
Fredericton	**25.8**	**21.6**	**19.4**	**28.8**

	Year 2020	Year 2017	Year 2014	Year 2011
Grand Bay-Westfield, Westfield, Greenwich Area	24.1	15.6	29.1	36.5
Grand Falls, Saint-Léonard, Drummond Area	27.4	29.0	27.5	29.8
Hillsborough, Riverside-Albert, Alma Area	29.9	25.5	28.5	34.9
Kedgwick, Saint-Quentin and Grimmer	26.3	17.4	35.4	37.2
Minto, Chipman, Cambridge-Narrows Area	25.4	29.7	34.2	30.5
Miramichi, Rogersville, Blackville Area	30.4	27.4	27.8	34.0
Moncton	25.5	19.3	25.4	31.9
Nackawic, McAdam, Canterbury Area	19.1	27.3	26.7	24.6
Neguac, Alnwick, Esgenoopetitj Area	26.4	19.1	18.4	23.6
New Maryland, Kingsclear, Lincoln Area	26.2	18.9	19.5	30.7
Oromocto, Gagetown, Fredericton Junction Area	26.0	23.6	24.1	27.7
Perth-Andover, Plaster Rock, Tobique Area	33.8	27.0	32.0	36.2
Quispamsis, Rothesay, Hampton Area	23.1	20.9	20.5	35.0
Riverview and Coverdale	24.4	22.2	23.8	27.6
Sackville, Dorchester, Port Elgin Area	32.6	25.7	28.7	36.7
Saint John, Simonds and Musquash	28.4	25.5	27.6	33.5
Salisbury and Petitcodiac	22.0	17.5	24.7	24.7
Shediac, Beaubassin East and Cap-Pelé	25.1	25.4	28.8	28.7
Shippagan, Lamèque, Inkerman Area	25.5	23.9	22.4	36.7
St. George, Grand Manan, Blacks Harbour Area	23.4	22.8	29.4	34.7
St. Stephen, Saint Andrews, Campobello Island Area	29.0	25.2	21.8	25.8
Sussex, Norton, Sussex Corner Area	27.6	22.4	22.9	33.0
Tracadie and Saint-Isidore	25.5	23.4	25.2	31.5

Age

	Year 2020	Year 2017	Year 2014	Year 2011
18-64	**25.2**	**22.2**	**24.3**	**31.1**
65 and over	**28.6**	**27.4**	**29.7**	**34.6**
Sex at birth				
Female	**25.7**	**22.4**	**23.7**	**30.5**
Male	**26.5**	**24.6**	**27.3**	**33.0**
Sexual identity				
Minority sexual identity	**23.2**	n/a	n/a	n/a
Heterosexual	**26.5**	n/a	n/a	n/a
Language				
Preferred language of service: English	**26.7**	**23.3**	**25.2**	**32.0**
Preferred language of service: French	**24.2**	**23.9**	**25.7**	**31.2**
Indigenous identity				
Indigenous	**26.0**	**21.2**	**27.8**	**36.3**
Non-Indigenous	**26.3**	**23.6**	**25.3**	**31.5**
Immigrant				
Immigrants	**21.9**	**16.5**	n/a	n/a
Non-immigrants	**26.2**	**23.8**	n/a	n/a
Education level				
High school or less	**26.0**	**24.2**	**25.7**	**30.9**
Postsecondary	**26.1**	**22.9**	**25.3**	**32.4**
Household income				
Less than $25,000	**26.2**	**25.5**	**28.7**	**32.0**
$25,000 to less than $60,000	**27.0**	**24.4**	**26.7**	**32.8**

	Year 2020	Year 2017	Year 2014	Year 2011
$60,000 or more	**26.0**	**21.8**	**23.1**	**31.5**
Persons with a disability				
Without disability	**23.4**	**20.0**	**22.4**	n/a
With disability	**34.1**	**34.7**	**36.0**	n/a

About

This indicator is the percentage of citizens who always or usually talk to a health professional about things they could do to improve their health or prevent illness like stop smoking, drink less alcohol, eat better, and exercise.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "usually or always" by the number of respondents who answered "never, rarely, sometimes, usually or always" to the question: In the past 12 months, how often did you talk with a doctor, nurse, or other health professional about things you could do to improve your health or prevent illness like stop smoking, drink less alcohol, eat better, and exercise?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_MGT03_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size