

Citizens who saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months

Unit : %

	Year 2020
Province	
New Brunswick	16.1
Health zones	
Zone 1 - Moncton and South-East Area	17.6
Zone 2 - Fundy Shore and Saint John Area	15.8
Zone 3 - Fredericton and River Valley Area	16.3
Zone 4 - Madawaska and North-West Area	10.1
Zone 5 - Restigouche Area	15.0
Zone 6 - Bathurst and Acadian Peninsula Area	11.5
Zone 7 - Miramichi Area	12.5
Communities	
Bathurst, Beresford, Petit-Rocher Area	14.9
Bouctouche, Richibucto, Saint-Antoine Area	14.2
Campbellton, Atholville, Tide Head Area	14.7
Caraquet, Paquetville, Bertrand Area	8.2
Dalhousie, Balmoral, Belledune Area	16.5
Dieppe and Memramcook	17.0
Douglas, Saint Marys, Doaktown Area	13.8
Edmundston, Rivière-Verte, Lac Baker Area	8.8
Florenceville-Bristol, Woodstock, Wakefield Area	13.2
Fredericton	13.6
Grand Bay-Westfield, Westfield, Greenwich Area	14.6

	Year 2020
Grand Falls, Saint-Léonard, Drummond Area	13.9
Hillsborough, Riverside-Albert, Alma Area	15.9
Kedgwick, Saint-Quentin and Grimmer	5.7
Minto, Chipman, Cambridge-Narrows Area	13.1
Miramichi, Rogersville, Blackville Area	13.3
Moncton	19.7
Nackawic, McAdam, Canterbury Area	10.3
Neguac, Alnwick, Esgenooetitj Area	8.2
New Maryland, Kingsclear, Lincoln Area	15.9
Oromocto, Gagetown, Fredericton Junction Area	25.4
Perth-Andover, Plaster Rock, Tobique Area	12.4
Quispamsis, Rothesay, Hampton Area	12.5
Riverview and Coverdale	19.9
Sackville, Dorchester, Port Elgin Area	19.3
Saint John, Simonds and Musquash	15.3
Salisbury and Petitcodiac	11.6
Shediac, Beaubassin East and Cap-Pelé	14.3
Shippagan, Lamèque, Inkerman Area	11.5
St. George, Grand Manan, Blacks Harbour Area	10.9
St. Stephen, Saint Andrews, Campobello Island Area	14.2
Sussex, Norton, Sussex Corner Area	11.6
Tracadie and Saint-Isidore	9.6
Age	
18-64	17.5

	Year 2020
65 and over	7.4
Sex at birth	
Female	18.6
Male	11.0
Sexual identity	
Minority sexual identity	33.9
Heterosexual	14.1
Language	
Preferred language of service: English	15.5
Preferred language of service: French	13.6
Indigenous identity	
Indigenous	18.4
Non-Indigenous	14.8
Immigrant	
Immigrants	11.1
Non-immigrants	15.2
Education level	
High school or less	13.1
Postsecondary	15.9
Household income	
Less than \$25,000	17.1
\$25,000 to less than \$60,000	15.0
\$60,000 or more	14.3

Year
2020

Persons with a disability

Without disability	12.7
With disability	24.5

About

This indicator is the percentage of citizens who saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months.

Source

Primary Health Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: In the past 12 months, did you see or talk to a doctor, nurse, or other health professional about your mental or emotional health or your use of alcohol or drugs?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	NBHC code
%	PH_MHI05_1

Caption

n/a = Not applicable / not available

S = Data was suppressed due to low respondent counts