

Citizens who saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months

Unit : %

	Year 2022	Year 2020
Province		
New Brunswick	18.0	16.1
Health zones		
Zone 1 - Moncton and South-East Area	18.1	17.6
Zone 2 - Fundy Shore and Saint John Area	16.0	15.8
Zone 3 - Fredericton and River Valley Area	22.1	16.3
Zone 4 - Madawaska and North-West Area	14.7	10.1
Zone 5 - Restigouche Area	15.1	15.0
Zone 6 - Bathurst and Acadian Peninsula Area	16.4	11.5
Zone 7 - Miramichi Area	15.9	12.5
Communities		
Bathurst, Beresford, Petit-Rocher Area	n/a	14.9
Bouctouche, Richibucto, Saint-Antoine Area	n/a	14.2
Campbellton, Atholville, Tide Head Area	n/a	14.7
Caraquet, Paquetville, Bertrand Area	n/a	8.2
Dalhousie, Balmoral, Belledune Area	n/a	16.5
Dieppe and Memramcook	n/a	17.0
Douglas, Saint Marys, Doaktown Area	n/a	13.8
Edmundston, Rivière-Verte, Lac Baker Area	n/a	8.8
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	13.2
Fredericton	n/a	13.6
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	14.6

	Year 2022	Year 2020
Grand Falls, Saint-Léonard, Drummond Area	n/a	13.9
Hillsborough, Riverside-Albert, Alma Area	n/a	15.9
Kedgwick, Saint-Quentin and Grimmer	n/a	5.7
Minto, Chipman, Cambridge-Narrows Area	n/a	13.1
Miramichi, Rogersville, Blackville Area	n/a	13.3
Moncton	n/a	19.7
Nackawic, McAdam, Canterbury Area	n/a	10.3
Neguac, Alnwick, Esgenoopetitj Area	n/a	8.2
New Maryland, Kingsclear, Lincoln Area	n/a	15.9
Oromocto, Gagetown, Fredericton Junction Area	n/a	25.4
Perth-Andover, Plaster Rock, Tobique Area	n/a	12.4
Quispamsis, Rothesay, Hampton Area	n/a	12.5
Riverview and Coverdale	n/a	19.9
Sackville, Dorchester, Port Elgin Area	n/a	19.3
Saint John, Simonds and Musquash	n/a	15.3
Salisbury and Petitcodiac	n/a	11.6
Shediac, Beaubassin East and Cap-Pelé	n/a	14.3
Shippagan, Lamèque, Inkerman Area	n/a	11.5
St. George, Grand Manan, Blacks Harbour Area	n/a	10.9
St. Stephen, Saint Andrews, Campobello Island Area	n/a	14.2
Sussex, Norton, Sussex Corner Area	n/a	11.6
Tracadie and Saint-Isidore	n/a	9.6
Age		
18-64	21.4	17.5

	Year 2022	Year 2020
65 and over	8.9	7.4
Gender		
Female	21.8	n/a
Male	14.1	n/a
Sexual identity		
Minority sexual identity	42.4	33.9
Heterosexual	16.9	14.1
Language		
Preferred language of service: English	n/a	15.5
Preferred language of service: French	n/a	13.6
Indigenous identity		
Indigenous	27.9	18.4
Non-Indigenous	17.6	14.8
Immigrant		
Immigrants	14.2	11.1
Non-immigrants	18.3	15.2
Education level		
High school or less	14.9	13.1
Postsecondary	19.2	15.9
Household income		
Less than \$25,000	20.1	17.1
\$25,000 to less than \$60,000	17.7	15.0
\$60,000 or more	18.6	14.3

	Year 2022	Year 2020
Persons with a disability		
Without disability	14.1	12.7
With disability	28.2	24.5

About

This indicator is the percentage of citizens who saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is based on respondents who have felt that they needed to see or talk to a health professional in the last 12 months about their mental or emotional health, or their use of alcohol or drugs. This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: In the last 12 months, did you see or talk to a doctor, nurse, or other health professional about your mental or emotional health or your use of alcohol or drugs?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_MHI05_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size