

**[DISCONTINUED]Citizens who reported they felt they needed to see or talk to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months, but did not**

Unit : %

	Year 2023	Year 2022	Year 2020
<b>Province</b>			
New Brunswick	<b>33.7</b>	<b>34.6</b>	<b>32.6</b>
<b>Health zones</b>			
Zone 1 - Moncton and South-East Area	<b>33.3</b>	<b>39.9</b>	<b>32.4</b>
Zone 2 - Fundy Shore and Saint John Area	<b>32.9</b>	<b>39.3</b>	<b>32.2</b>
Zone 3 - Fredericton and River Valley Area	<b>36.6</b>	<b>31.1</b>	<b>29.3</b>
Zone 4 - Madawaska and North-West Area	<b>29.5</b>	<b>28.5</b>	<b>42.6</b>
Zone 5 - Restigouche Area	<b>40.7</b>	<b>20.0</b>	<b>25.2</b>
Zone 6 - Bathurst and Acadian Peninsula Area	<b>32.5</b>	<b>20.2</b>	<b>38.4</b>
Zone 7 - Miramichi Area	<b>24.6</b>	<b>34.9</b>	<b>42.9</b>
<b>Age</b>			
18-64	<b>33.5</b>	<b>35.0</b>	<b>30.8</b>
65 and over	<b>35.2</b>	<b>31.3</b>	<b>30.1</b>
<b>Gender</b>			
Female	<b>30.5</b>	<b>30.2</b>	n/a
Male	<b>38.7</b>	<b>39.9</b>	n/a
<b>2SLGBTQIA+ status</b>			
2SLGBTQIA+	<b>29.0</b>	<b>26.6</b>	<b>28.1</b>
<b>Language</b>			
Most comfortable in English	<b>35.3</b>	n/a	n/a

	Year 2023	Year 2022	Year 2020
Most comfortable in French	<b>26.6</b>	n/a	n/a
Comfortable in both English and French	<b>35.7</b>	n/a	n/a
<b>Indigenous identity</b>			
Indigenous	<b>49.0</b>	<b>23.6</b>	<b>32.2</b>
<b>Immigrant</b>			
Immigrants	<b>58.5</b>	<b>47.8</b>	<b>39.3</b>
<b>Education level</b>			
High school or less	<b>38.4</b>	<b>38.4</b>	<b>35.0</b>
Postsecondary	<b>32.0</b>	<b>33.3</b>	<b>29.2</b>
<b>Disability or special need</b>			
Disability or special need	<b>27.4</b>	n/a	n/a
<b>Household income</b>			
Less than \$30,000	<b>32.7</b>	n/a	n/a
\$30,000 to less than \$60,000	<b>36.8</b>	n/a	n/a
\$60,000 or more	<b>32.1</b>	n/a	n/a
<b>Racialized groups</b>			
Racialized groups	<b>53.7</b>	n/a	n/a

## About

This indicator is the percentage of citizens who reported they felt they needed to see or talk to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months, but did not.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is based on respondents who felt that they needed to see or talk to a health professional in the last 12 months about their mental or emotional health, or their use of alcohol or drugs. This indicator is calculated by dividing the number of respondents who answered "no" by the number of respondents who answered "yes or no" to the question: In the last 12 months, did you see or talk to a doctor, nurse, or other health professional about your mental or emotional health or your use of alcohol or drugs?

## Notes

This indicator has been discontinued. The following indicator(s) are related to this one and can be typed into the indicator search box on our website: PH\_MHI05\_3. The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 d

Unit	Interpretation	NBHC code
%	Lower is better	PH_MHI05_2

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size