

Citizens [among those who felt that they needed to see or talk to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months] who did not see or talk to a health professional about their mental or

Unit : %

	Year 2022	Year 2020
Province		
New Brunswick	34.6	32.6
Health zones		
Zone 1 - Moncton and South-East Area	39.9	32.4
Zone 2 - Fundy Shore and Saint John Area	39.3	32.2
Zone 3 - Fredericton and River Valley Area	31.1	29.3
Zone 4 - Madawaska and North-West Area	28.5	42.6
Zone 5 - Restigouche Area	20.0	25.2
Zone 6 - Bathurst and Acadian Peninsula Area	20.2	38.4
Zone 7 - Miramichi Area	34.9	42.9
Communities		
Bathurst, Beresford, Petit-Rocher Area	n/a	40.4
Bouctouche, Richibucto, Saint-Antoine Area	n/a	35.8
Campbellton, Atholville, Tide Head Area	n/a	31.0
Caraquet, Paquetville, Bertrand Area	n/a	25.8
Dalhousie, Balmoral, Belledune Area	n/a	14.6
Dieppe and Memramcook	n/a	28.9
Douglas, Saint Marys, Doaktown Area	n/a	36.7
Edmundston, Rivière-Verte, Lac Baker Area	n/a	47.7
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	25.9

	Year 2022	Year 2020
Fredericton	n/a	27.9
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	37.4
Grand Falls, Saint-Léonard, Drummond Area	n/a	34.5
Hillsborough, Riverside-Albert, Alma Area	n/a	S
Kedgwick, Saint-Quentin and Grimmer	n/a	S
Minto, Chipman, Cambridge-Narrows Area	n/a	S
Miramichi, Rogersville, Blackville Area	n/a	33.7
Moncton	n/a	29.2
Nackawic, McAdam, Canterbury Area	n/a	46.5
Neguac, Alnwick, Esgenoopetitj Area	n/a	S
New Maryland, Kingsclear, Lincoln Area	n/a	29.8
Oromocto, Gagetown, Fredericton Junction Area	n/a	18.5
Perth-Andover, Plaster Rock, Tobique Area	n/a	24.2
Quispamsis, Rothesay, Hampton Area	n/a	31.0
Riverview and Coverdale	n/a	27.8
Sackville, Dorchester, Port Elgin Area	n/a	31.1
Saint John, Simonds and Musquash	n/a	31.0
Salisbury and Petitcodiac	n/a	S
Shediac, Beaubassin East and Cap-Pelé	n/a	47.6
Shippagan, Lamèque, Inkerman Area	n/a	24.6
St. George, Grand Manan, Blacks Harbour Area	n/a	30.0
St. Stephen, Saint Andrews, Campobello Island Area	n/a	21.5
Sussex, Norton, Sussex Corner Area	n/a	24.4
Tracadie and Saint-Isidore	n/a	37.6

	Year 2022	Year 2020
Age		
18-64	35.0	30.8
65 and over	31.3	30.1
Gender		
Female	30.2	n/a
Male	39.9	n/a
Sexual identity		
Minority sexual identity	26.6	28.1
Heterosexual	36.7	30.4
Language		
Preferred language of service: English	n/a	30.5
Preferred language of service: French	n/a	32.9
Indigenous identity		
Indigenous	23.6	32.2
Non-Indigenous	35.2	30.1
Immigrant		
Immigrants	47.8	39.3
Non-immigrants	33.5	31.6
Education level		
High school or less	38.4	35.0
Postsecondary	33.3	29.2
Household income		
Less than \$25,000	34.5	32.7

	Year 2022	Year 2020
\$25,000 to less than \$60,000	37.9	34.7
\$60,000 or more	32.9	28.1

Persons with a disability

Without disability	39.6	36.6
With disability	25.8	24.4

About

This indicator is the percentage of citizens [among those who felt that they needed to see or talk to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months] who did not see or talk to a health professional about their mental or emotional health.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is based on respondents who have felt that they needed to see or talk to a health professional in the last 12 months about their mental or emotional health, or their use of alcohol or drugs. This indicator is calculated by dividing the number of respondents who answered "no" by the number of respondents who answered "yes or no" to the question: In the last 12 months, did you see or talk to a doctor, nurse, or other health professional about your mental or emotional health or your use of alcohol or drugs?

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_MHI05_2

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size