

Citizens who felt they needed to see or talk to a health professional about their mental or emotional health, or about the use of alcohol or drugs in the last 12 months but did not because they were too busy

Unit: %

	Year 2022	Year 2020
Province		
New Brunswick	34.1	25.4
Health zones		
Zone 1 - Moncton and South-East Area	39.2	25.9
Zone 2 - Fundy Shore and Saint John Area	47.4	32.8
Zone 3 - Fredericton and River Valley Area	17.3	19.4
Zone 4 - Madawaska and North-West Area	S	S
Zone 5 - Restigouche Area	S	S
Zone 6 - Bathurst and Acadian Peninsula Area	S	37.6
Zone 7 - Miramichi Area	S	19.2
Communities		
Bathurst, Beresford, Petit-Rocher Area	n/a	S
Bouctouche, Richibucto, Saint-Antoine Area	n/a	S
Campbellton, Atholville, Tide Head Area	n/a	S
Caraquet, Paquetville, Bertrand Area	n/a	S
Dalhousie, Balmoral, Belledune Area	n/a	S
Dieppe and Memramcook	n/a	S
Douglas, Saint Marys, Doaktown Area	n/a	S
Edmundston, Rivière-Verte, Lac Baker Area	n/a	S
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	S
Fredericton	n/a	S



	Year 2022	Year 2020
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	S
Grand Falls, Saint-Léonard, Drummond Area	n/a	S
Hillsborough, Riverside-Albert, Alma Area	n/a	S
Kedgwick, Saint-Quentin and Grimmer	n/a	S
Minto, Chipman, Cambridge-Narrows Area	n/a	S
Miramichi, Rogersville, Blackville Area	n/a	S
Moncton	n/a	38.5
Nackawic, McAdam, Canterbury Area	n/a	S
Neguac, Alnwick, Esgenoopetitj Area	n/a	S
New Maryland, Kingsclear, Lincoln Area	n/a	S
Oromocto, Gagetown, Fredericton Junction Area	n/a	S
Perth-Andover, Plaster Rock, Tobique Area	n/a	S
Quispamsis, Rothesay, Hampton Area	n/a	S
Riverview and Coverdale	n/a	S
Sackville, Dorchester, Port Elgin Area	n/a	S
Saint John, Simonds and Musquash	n/a	32.7
Salisbury and Petitcodiac	n/a	S
Shediac, Beaubassin East and Cap-Pelé	n/a	S
Shippagan, Lamèque, Inkerman Area	n/a	S
St. George, Grand Manan, Blacks Harbour Area	n/a	S
St. Stephen, Saint Andrews, Campobello Island Area	n/a	S
Sussex, Norton, Sussex Corner Area	n/a	S
Tracadie and Saint-Isidore	n/a	S

Age



19-64 36.4 25.6 65 and over 12.5 13.8 Gender Female 29.2 n/a Male 37.7 n/a Sexual identity Minority sexual identity S S Heterosexual 32.2 25.4 Language Preferred language of service: English n/a 24.3 Indigenous identity Indigenous identity S S Non-Indigenous S S Non-Indigenous 32.4 24.2 Immigrants S 5 Non-inmigrants 34.6 25.3 Education level E 4 High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Eess than \$25,000 31.1 23.7 \$25,000 to less than \$80,000 26.2 23.8		Year 2022	Year 2020
Gender Female 29.2 n/a Male 37.7 n/a Sexual identity Minority sexual identity S S Heterosexual 32.2 25.4 Language Preferred language of service: English n/a 24.3 Preferred language of service: French n/a 25.1 Indigenous identity Indigenous identity S S Non-Indigenous 32.4 24.2 Immigrant S 25.4 Non-immigrants S 25.4 Non-immigrants S 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	18-64	36.4	25.6
Female 29.2 n/a Male 37.7 n/a Sexual identity S S Minority sexual identity S S Heterosexual 32.2 25.4 Language S S Preferred language of service: English n/a 24.3 Preferred language of service: French n/a 25.1 Indigenous identity S S Non-Indigenous S S Non-Indigenous S 25.4 Non-Indigenous S 25.4 Non-immigrants S 25.4 Non-immigrants S 25.3 Education level S 20.0 Postsecondary S 20.0 Postsecondary S 27.3 Household income S 23.1 Less than \$25,000 31.1 23.7	65 and over	12.5	13.8
Male 37.7 n/a Sexual identity X X Minority sexual identity S S Heterosexual 32.2 25.4 Language Preferred language of service: English n/a 24.3 Preferred language of service: French n/a 25.1 Indigenous identity Indigenous identity Indigenous S S Non-Indigenous 32.4 24.2 Immigrant S 25.4 Non-immigrants S 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Gender		
Sexual identity Minority sexual identity \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ <t< td=""><td>Female</td><td>29.2</td><td>n/a</td></t<>	Female	29.2	n/a
Minority sexual identity S S Heterosexual 32.2 25.4 Language Value Value Preferred language of service: English n/a 24.3 Preferred language of service: French n/a 25.1 Indigenous identity S S Non-Indigenous S S Non-Indigenous 32.4 24.2 Immigrant S 25.4 Non-inmigrants S 25.4 Non-inmigrants 34.6 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Male	37.7	n/a
32.2 25.4 Language Preferred language of service: English n/a 24.3 Preferred language of service: French n/a 25.1 Indigenous identity Indigenous S S Non-Indigenous S S S Non-Indigenous S 25.4 25.4 Non-immigrants S 25.4 Non-immigrants S 25.3 Education level 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Sexual identity		
Language Preferred language of service: English n/a 24.3 Preferred language of service: French n/a 25.1 Indigenous identity Indigenous S S Non-Indigenous 32.4 24.2 Immigrant S 25.4 Non-immigrants S 25.3 Education level S 25.3 High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Minority sexual identity	S	S
Preferred language of service: English n/a 24.3 Preferred language of service: French n/a 25.1 Indigenous identity Immigenous S S Non-Indigenous 32.4 24.2 Immigrant S 25.4 Non-immigrants S 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Heterosexual	32.2	25.4
Preferred language of service: French n/a 25.1 Indigenous identity S S Non-Indigenous 32.4 24.2 Immigrant Immigrants S 25.4 Non-immigrants 34.6 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Language		
Indigenous identity Indigenous S S Non-Indigenous 32.4 24.2 Immigrant S 25.4 Non-immigrants S 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Preferred language of service: English	n/a	24.3
Indigenous S S Non-Indigenous 32.4 24.2 Immigrant S 25.4 Non-immigrants S 25.4 Education level S 25.3 High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income S 31.1 23.7	Preferred language of service: French	n/a	25.1
Non-Indigenous 32.4 24.2 Immigrant S 25.4 Non-immigrants 34.6 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Indigenous identity		
Immigrant S 25.4 Non-immigrants 34.6 25.3 Education level High school or less Postsecondary 39.2 20.0 Household income Less than \$25,000 31.1 23.7	Indigenous	S	S
Immigrants S 25.4 Non-immigrants 34.6 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Non-Indigenous	32.4	24.2
Non-immigrants 34.6 25.3 Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Immigrant		
Education level High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Immigrants	S	25.4
High school or less 39.2 20.0 Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Non-immigrants	34.6	25.3
Postsecondary 32.2 27.3 Household income Less than \$25,000 31.1 23.7	Education level		
Household income Less than \$25,000 31.1 23.7	High school or less	39.2	20.0
Less than \$25,000 31.1 23.7	Postsecondary	32.2	27.3
	Household income		
\$25,000 to less than \$60,000 26.2 23.8	Less than \$25,000	31.1	23.7
	\$25,000 to less than \$60,000	26.2	23.8



	Year 2022	Year 2020
\$60,000 or more	42.5	27.3
Persons with a disability		
Without disability	39.5	30.0
With disability	18.1	12.9



About

This indicator is the percentage of citizens who felt they needed to see or talk to a health professional about their mental or emotional health, or about the use of alcohol or drugs in the last 12 months but did not because they were too busy.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is based on respondents who have felt that they needed to see or talk to a health professional in the last 12 months about their mental or emotional health, or their use of alcohol or drugs and who didn't. This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: In the last 12 months, why didn't you see or talk to a doctor, nurse or other health professional about your mental or emotional health, or about the use of alcohol or drugs? c) I was too busy

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit Interpretation NBHC code % Lower is better PH_MHI06_3

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size