

## Citizens who felt they needed to see or talk to a health professional about their mental or emotional health, or about the use of alcohol or drugs in the last 12 months but did not because they could not afford the cost, or insurance did not cover enough

Unit : %

	Year 2024	Year 2023	Year 2022	Year 2020
<b>Province</b>				
New Brunswick	37.2	40.9	33.2	17.7
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	28.1	42.9	45.3	24.3
Zone 2 - Fundy Shore and Saint John Area	40.2	46.6	32.2	18.7
Zone 3 - Fredericton and River Valley Area	47.6	37.3	18.1	12.3
Zone 4 - Madawaska and North-West Area	S	S	S	S
Zone 5 - Restigouche Area	S	S	S	S
Zone 6 - Bathurst and Acadian Peninsula Area	S	S	S	15.4
Zone 7 - Miramichi Area	S	S	S	S
<b>Age</b>				
18-64	37.9	43.6	34.8	18.4
65 and over	30.4	20.5	19.5	9.3
<b>Gender</b>				
Female	43.6	45.9	31.9	n/a
Male	27.3	36.0	35.2	n/a
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	S	S	S	S
<b>Language</b>				
Most comfortable in English	40.5	41.6	n/a	n/a

	Year 2024	Year 2023	Year 2022	Year 2020
Most comfortable in French	31.7	33.6	n/a	n/a
Comfortable in both English and French	27.7	S	n/a	n/a
<b>Indigenous identity</b>				
Indigenous	S	S	S	S
<b>Immigrant</b>				
Immigrants	S	S	S	31.7
<b>Education level</b>				
High school or less	38.1	52.1	40.3	22.5
Postsecondary	37.3	36.6	30.4	15.2
<b>Disability or special need</b>				
Disability or special need	58.1	33.3	n/a	n/a
<b>Household income</b>				
Less than \$30,000	58.2	47.9	n/a	n/a
\$30,000 to less than \$60,000	41.4	53.7	n/a	n/a
\$60,000 or more	26.7	32.2	n/a	n/a
<b>Racialized groups</b>				
Racialized groups	S	S	n/a	n/a

## About

This indicator is the percentage of citizens who felt they needed to see or talk to a health professional about their mental or emotional health, or about the use of alcohol or drugs in the last 12 months but did not because they could not afford the cost, or insurance did not cover enough.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is based on respondents who felt that they needed to see or talk to a health professional in the last 12 months about their mental or emotional health, or their use of alcohol or drugs and who didn't. This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: In the last 12 months, why didn't you see or talk to a doctor, nurse or other health professional about your mental or emotional health, or about the use of alcohol or drugs? e) I could not afford the cost, or insurance did not cover enough

## Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

---

Unit	Interpretation	NBHC code
%	Lower is better	PH_MHI06_5

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size