

Citizens who felt they needed to see or talk to a health professional about their mental or emotional health, or about the use of alcohol or drugs in the last 12 months but did not because they could not afford the cost, or insurance did not cover enough

Unit: %

	<b>Year</b> 2022	<b>Year</b> 2020
Province		
New Brunswick	33.2	17.7
Health zones		
Zone 1 - Moncton and South-East Area	45.3	24.3
Zone 2 - Fundy Shore and Saint John Area	32.2	18.7
Zone 3 - Fredericton and River Valley Area	18.1	12.3
Zone 4 - Madawaska and North-West Area	S	S
Zone 5 - Restigouche Area	S	S
Zone 6 - Bathurst and Acadian Peninsula Area	S	15.4
Zone 7 - Miramichi Area	S	S
Communities		
Bathurst, Beresford, Petit-Rocher Area	n/a	S
Bouctouche, Richibucto, Saint-Antoine Area	n/a	S
Campbellton, Atholville, Tide Head Area	n/a	S
Caraquet, Paquetville, Bertrand Area	n/a	S
Dalhousie, Balmoral, Belledune Area	n/a	S
Dieppe and Memramcook	n/a	S
Douglas, Saint Marys, Doaktown Area	n/a	S
Edmundston, Rivière-Verte, Lac Baker Area	n/a	S
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	S



Yea 202	
Fredericton	'a S
Grand Bay-Westfield, Westfield, Greenwich Area	'a S
Grand Falls, Saint-Léonard, Drummond Area	'a S
Hillsborough, Riverside-Albert, Alma Area	'a S
Kedgwick, Saint-Quentin and Grimmer	'a S
Minto, Chipman, Cambridge-Narrows Area	'a S
Miramichi, Rogersville, Blackville Area n.	'a S
Moncton	'a S
Nackawic, McAdam, Canterbury Area	'a S
Neguac, Alnwick, Esgenoopetitj Area	'a S
New Maryland, Kingsclear, Lincoln Area	'a S
Oromocto, Gagetown, Fredericton Junction Area	'a S
Perth-Andover, Plaster Rock, Tobique Area	'a S
Quispamsis, Rothesay, Hampton Area	'a S
Riverview and Coverdale n	'a S
Sackville, Dorchester, Port Elgin Area	'a S
Saint John, Simonds and Musquash	'a S
Salisbury and Petitcodiac na	'a S
Shediac, Beaubassin East and Cap-Pelé na	'a S
Shippagan, Lamèque, Inkerman Area	'a S
St. George, Grand Manan, Blacks Harbour Area	'a S
St. Stephen, Saint Andrews, Campobello Island Area	'a S
Sussex, Norton, Sussex Corner Area	'a S
Tracadie and Saint-Isidore na	'a S



Age         18-64       34.8       18.4         65 and over       19.5       9.3         Gender         Female       31.9       n/a         Male       35.2       n/a         Sexual identity         Minority sexual identity       S       S         Heterosexual       31.9       18.4         Language         Preferred language of service: English       n/a       19.1         Indigenous identity         Indigenous identity       S       S         Non-Indigenous       S       S         Non-Indigenous       33.4       18.2         Immigrant       S       31.7         Non-inmigrants       S       31.7         Non-inmigrants       S       31.7         Non-inmigrants       S       31.2         Education level       High school or less       40.3       22.5         Postsecondary       30.4       15.2         Household income         Less than \$25,000       45.7       25.4		Year 2022	<b>Year</b> 2020
18-64       34.8       18.4         65 and over       19.5       9.3         Gender         Female       31.9       n/a         Male       35.2       n/a         Sexual identity         Minority sexual identity       S       S         Heterosexual       31.9       18.4         Language         Preferred language of service: English       n/a       19.1         Preferred language of service: French       n/a       11.9         Indigenous identity         Indigenous       S       S         Non-Indigenous       S       S         Non-Indigenous       S       31.7         Non-Inmigrant       S       31.7         Non-Immigrants       S<	Age		
Gender           Female         31.9         n/a           Male         35.2         n/a           Sexual identity           Minority sexual identity         S         S           Heterosexual         31.9         18.4           Language         Tereferred language of service: English         n/a         19.1           Preferred language of service: French         n/a         11.9           Indigenous identity         S         S           Non-Indigenous         S         S           Non-Indigenous         S         S           Non-Indigenous         S         31.7           Non-immigrant         S         31.7           Non-immigrants         S         31.7           Non-immigrants         S         31.7           Postsecondary         30.4         15.2           Household income         S         40.3         22.5		34.8	18.4
Female         31.9         n/a           Male         35.2         n/a           Sexual identity         S         S           Minority sexual identity         S         S           Heterosexual         31.9         18.4           Language         Preferred language of service: English         n/a         19.1           Preferred language of service: French         n/a         11.9           Indigenous identity         S         S           Non-Indigenous         S         S           Non-Indigenous         S         S           Immigrant         S         31.7           Non-immigrants         S         31.7           Non-immigrants         S         31.7           Postaccondary         30.4         40.3         22.5           Postsecondary         30.4         15.2           Household income	65 and over	19.5	9.3
Female         31.9         n/a           Male         35.2         n/a           Sexual identity         S         S           Minority sexual identity         S         S           Heterosexual         31.9         18.4           Language         Preferred language of service: English         n/a         19.1           Preferred language of service: French         n/a         11.9           Indigenous identity         S         S           Non-Indigenous         S         S           Non-Indigenous         S         S           Immigrant         S         31.7           Non-immigrants         S         31.7           Non-immigrants         S         31.7           Postaccondary         30.4         40.3         22.5           Postsecondary         30.4         15.2           Household income	Gender		
Sexual identity           Minority sexual identity         S         S           Heterosexual         31.9         18.4           Language         Value           Preferred language of service: English         n/a         19.1           Preferred language of service: French         n/a         11.9           Indigenous identity         S         S           Non-Indigenous         S         S           Non-Indigenous         S         31.7           Non-Inmigrants         S         31.7           Non-immigrants         S         31.7           Non-immigrants         S         31.7           Postsecondary         40.3         22.5           Postsecondary         30.4         15.2           Household income         Household income		31.9	n/a
Minority sexual identity         S         S           Heterosexual         31.9         18.4           Language         Preferred language of service: English         n/a         19.1           Preferred language of service: French         n/a         11.9           Indigenous identity         Indigenous         S         S           Non-Indigenous         S         S           Non-Indigenous         33.4         18.2           Immigrant         Immigrants         S         31.7           Non-immigrants         S         31.7           Non-immigrants         S         31.7           Non-immigrants         33.2         16.4           Education level         High school or less         40.3         22.5           Postsecondary         30.4         15.2	Male	35.2	n/a
Minority sexual identity         S         S           Heterosexual         31.9         18.4           Language         Preferred language of service: English         n/a         19.1           Preferred language of service: French         n/a         11.9           Indigenous identity         Indigenous         S         S           Non-Indigenous         S         S           Non-Indigenous         33.4         18.2           Immigrant         Immigrants         S         31.7           Non-immigrants         S         31.7           Non-immigrants         S         31.7           Non-immigrants         33.2         16.4           Education level         High school or less         40.3         22.5           Postsecondary         30.4         15.2	Sexual identity		
Language           Preferred language of service: English         n/a         19.1           Preferred language of service: French         n/a         11.9           Indigenous identity         Indigenous         S         S           Non-Indigenous         33.4         18.2           Immigrant         Immigrants         S         31.7           Non-immigrants         33.2         16.4           Education level         High school or less         40.3         22.5           Postsecondary         30.4         15.2           Household income         Household income		S	S
Preferred language of service: English         n/a         19.1           Preferred language of service: French         n/a         11.9           Indigenous identity         Immigrants         S         S           Non-Indigenous         33.4         18.2           Immigrant         Immigrants         S         31.7           Non-immigrants         S         31.7           Education level         Education level           High school or less         40.3         22.5           Postsecondary         30.4         15.2           Household income         Household income	Heterosexual	31.9	18.4
Preferred language of service: Frenchn/a11.9Indigenous identitySSNon-IndigenousSSNon-Indigenous33.418.2ImmigrantS31.7Non-immigrantsS31.7Non-immigrants33.216.4Education levelHigh school or less40.322.5Postsecondary30.415.2Household income	Language		
Indigenous identity           Indigenous         \$	Preferred language of service: English	n/a	19.1
Indigenous         S         S           Non-Indigenous         33.4         18.2           Immigrant         Immigrants         S         31.7           Non-immigrants         33.2         16.4           Education level           High school or less         40.3         22.5           Postsecondary         30.4         15.2           Household income	Preferred language of service: French	n/a	11.9
Non-Indigenous         33.4         18.2           Immigrant         Immigrants         S         31.7           Non-immigrants         33.2         16.4           Education level           High school or less         40.3         22.5           Postsecondary         30.4         15.2           Household income         Immigrants         30.4         15.2	Indigenous identity		
ImmigrantImmigrantsS31.7Non-immigrants33.216.4Education levelHigh school or less40.322.5Postsecondary30.415.2Household income	Indigenous	S	S
ImmigrantsS31.7Non-immigrants33.216.4Education levelHigh school or less40.322.5Postsecondary30.415.2Household income	Non-Indigenous	33.4	18.2
Non-immigrants 33.2 16.4  Education level  High school or less 40.3 22.5  Postsecondary 30.4 15.2  Household income	Immigrant		
Education level High school or less 40.3 22.5 Postsecondary 30.4 15.2 Household income	Immigrants	S	31.7
High school or less  Postsecondary  30.4  15.2  Household income	Non-immigrants	33.2	16.4
Postsecondary 30.4 15.2  Household income	Education level		
Household income	High school or less	40.3	22.5
	Postsecondary	30.4	15.2
Less than \$25,000 <b>45.7 25.4</b>	Household income		
	Less than \$25,000	45.7	25.4



	Year 2022	Year 2020
\$25,000 to less than \$60,000	37.0	17.7
\$60,000 or more	25.4	14.7
Persons with a disability		
Without disability	29.2	14.1
With disability	42.2	29.0



#### **About**

This indicator is the percentage of citizens who felt they needed to see or talk to a health professional about their mental or emotional health, or about the use of alcohol or drugs in the last 12 months but did not because they could not afford the cost, or insurance did not cover enough.

#### Source

Primary Health Survey and Primary Care Survey

### **Calculations**

This indicator is based on respondents who have felt that they needed to see or talk to a health professional in the last 12 months about their mental or emotional health, or their use of alcohol or drugs and who didn't. This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: In the last 12 months, why didn't you see or talk to a doctor, nurse or other health professional about your mental or emotional health, or about the use of alcohol or drugs? e) I could not afford the cost, or insurance did not cover enough

# **Notes**

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit Interpretation NBHC code
% Lower is better PH\_MHI06\_5

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size