

Citizens who felt they needed to see or talk to a health professional about their mental or emotional health, or about the use of alcohol or drugs in the last 12 months but did not because they did not know how or where to get this kind of help

Unit : %

	Year 2023	Year 2022	Year 2020
Province			
New Brunswick	52.7	45.6	19.8
Health zones			
Zone 1 - Moncton and South-East Area	47.5	51.9	21.1
Zone 2 - Fundy Shore and Saint John Area	54.7	44.4	22.3
Zone 3 - Fredericton and River Valley Area	57.3	41.7	24.4
Zone 4 - Madawaska and North-West Area	S	S	S
Zone 5 - Restigouche Area	S	S	S
Zone 6 - Bathurst and Acadian Peninsula Area	S	S	S
Zone 7 - Miramichi Area	S	S	S
Communities			
Bathurst, Beresford, Petit-Rocher Area	n/a	n/a	S
Bouctouche, Richibucto, Saint-Antoine Area	n/a	n/a	S
Campbellton, Atholville, Tide Head Area	n/a	n/a	S
Caraquet, Paquetville, Bertrand Area	n/a	n/a	S
Dalhousie, Balmoral, Belledune Area	n/a	n/a	S
Dieppe and Memramcook	n/a	n/a	S
Douglas, Saint Marys, Doaktown Area	n/a	n/a	S
Edmundston, Rivière-Verte, Lac Baker Area	n/a	n/a	S
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	n/a	S

	Year 2023	Year 2022	Year 2020
Fredericton	n/a	n/a	S
Grand Falls, Saint-Léonard, Drummond Area	n/a	n/a	S
Hillsborough, Riverside-Albert, Alma Area	n/a	n/a	S
Kedgwick, Saint-Quentin and Grimmer	n/a	n/a	S
Minto, Chipman, Cambridge-Narrows Area	n/a	n/a	S
Miramichi, Rogersville, Blackville Area	n/a	n/a	S
Moncton	n/a	n/a	27.7
Nackawic, McAdam, Canterbury Area	n/a	n/a	S
Neguac, Alnwick, Esgenoopetitj Area	n/a	n/a	S
New Maryland, Kingsclear, Lincoln Area	n/a	n/a	S
Oromocto, Gagetown, Fredericton Junction Area	n/a	n/a	S
Perth-Andover, Plaster Rock, Tobique Area	n/a	n/a	S
Quispamsis, Rothesay, Hampton Area	n/a	n/a	S
Riverview and Coverdale	n/a	n/a	S
Sackville, Dorchester, Port Elgin Area	n/a	n/a	S
Saint John, Simonds and Musquash	n/a	n/a	27.6
Salisbury and Petitcodiac	n/a	n/a	S
Shediac, Beaubassin East and Cap-Pelé	n/a	n/a	S
Shippagan, Lamèque, Inkerman Area	n/a	n/a	S
St. George, Grand Manan, Blacks Harbour Area	n/a	n/a	S
St. Stephen, Saint Andrews, Campobello Island Area	n/a	n/a	S
Sussex, Norton, Sussex Corner Area	n/a	n/a	S
Tracadie and Saint-Isidore	n/a	n/a	S

Age

	Year 2023	Year 2022	Year 2020
18-64	54.6	46.2	20.3
65 and over	37.8	40.1	14.5
Gender			
Female	47.4	43.3	n/a
Male	58.6	47.1	n/a
2SLGBTQIA+ status			
2SLGBTQIA+	S	S	13.6
Language			
Most comfortable in English	52.8	n/a	n/a
Most comfortable in French	51.5	n/a	n/a
Comfortable in both English and French	S	n/a	n/a
Indigenous identity			
Indigenous	S	S	S
Immigrant			
Immigrants	81.2	S	39.0
Education level			
High school or less	55.8	64.9	20.3
Postsecondary	51.6	38.3	19.5
Disability or special need			
Disability or special need	35.4	n/a	n/a
Household income			
Less than \$30,000	56.0	n/a	n/a
\$30,000 to less than \$60,000	58.5	n/a	n/a

	Year 2023	Year 2022	Year 2020
\$60,000 or more	48.1	n/a	n/a
Racialized groups			
Racialized groups	S	n/a	n/a

About

This indicator is the percentage of citizens who felt they needed to see or talk to a health professional about their mental or emotional health, or about the use of alcohol or drugs in the last 12 months but did not because they did not know how or where to get this kind of help.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is based on respondents who felt that they needed to see or talk to a health professional in the last 12 months about their mental or emotional health, or their use of alcohol or drugs and who didn't. This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: In the last 12 months, why didn't you see or talk to a doctor, nurse or other health professional about your mental or emotional health, or about the use of alcohol or drugs? f) I didn't know how or where to get this kind of help

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_MHI06_6

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size