# Citizens who are lonely (based on a cut-off from a score that combines 3 questions about loneliness)

Unit:%

	<b>Year</b> 2020
Province	
New Brunswick	20.8
Health zones	
Zone 1 - Moncton and South-East Area	19.8
Zone 2 - Fundy Shore and Saint John Area	22.3
Zone 3 - Fredericton and River Valley Area	24.4
Zone 4 - Madawaska and North-West Area	20.0
Zone 5 - Restigouche Area	17.4
Zone 6 - Bathurst and Acadian Peninsula Area	17.1
Zone 7 - Miramichi Area	20.6
Communities	
Bathurst, Beresford, Petit-Rocher Area	21.4
Bouctouche, Richibucto, Saint-Antoine Area	17.8
Campbellton, Atholville, Tide Head Area	18.3
Caraquet, Paquetville, Bertrand Area	15.0
Dalhousie, Balmoral, Belledune Area	13.5
Dieppe and Memramcook	18.2
Douglas, Saint Marys, Doaktown Area	21.7
Edmundston, Rivière-Verte, Lac Baker Area	19.2
Florenceville-Bristol, Woodstock, Wakefield Area	28.1
Fredericton	21.0
Grand Bay-Westfield, Westfield, Greenwich Area	21.8



	Year 2020
Grand Falls, Saint-Léonard, Drummond Area	23.3
Hillsborough, Riverside-Albert, Alma Area	14.9
Kedgwick, Saint-Quentin and Grimmer	14.5
Minto, Chipman, Cambridge-Narrows Area	21.7
Miramichi, Rogersville, Blackville Area	18.2
Moncton	22.4
Nackawic, McAdam, Canterbury Area	24.0
Neguac, Alnwick, Esgenoopetitj Area	22.1
New Maryland, Kingsclear, Lincoln Area	21.9
Oromocto, Gagetown, Fredericton Junction Area	23.3
Perth-Andover, Plaster Rock, Tobique Area	21.7
Quispamsis, Rothesay, Hampton Area	20.6
Riverview and Coverdale	17.3
Sackville, Dorchester, Port Elgin Area	19.8
Saint John, Simonds and Musquash	24.7
Salisbury and Petitcodiac	23.3
Shediac, Beaubassin East and Cap-Pelé	18.0
Shippagan, Lamèque, Inkerman Area	15.1
St. George, Grand Manan, Blacks Harbour Area	16.6
St. Stephen, Saint Andrews, Campobello Island Area	21.2
Sussex, Norton, Sussex Corner Area	21.7
Tracadie and Saint-Isidore	12.9

### Age

18-64	21.1

	<b>Year</b> 2020
65 and over	17.9
Sex at birth	
Female	21.5
Male	19.0
Sexual identity	
Minority sexual identity	33.9
Heterosexual	18.9
Language	
Preferred language of service: English	21.7
Preferred language of service: French	16.5
Indigenous identity	
Indigenous	28.1
Non-Indigenous	19.4
Immigrant	
Immigrants	22.6
Non-immigrants	20.6
Education level	
High school or less	24.1
Postsecondary	18.1
Household income	
Less than \$25,000	35.9
\$25,000 to less than \$60,000	22.7
\$60,000 or more	13.3

Data downloaded from the NBHC website on September 10, 2025 More information available at: https://nbhc.ca/indicators/ph\_sil04\_1



Year
2020

## Persons with a disability

Without disability	16.1
With disability	35.7



#### About

This indicator is the percentage of citizens who are lonely. Citizens are given a 'total loneliness score' based on their responses to 3 individual question about loneliness, and a cut-off is used to identify citizens with a high score.

#### Source

Primary Health Survey and Primary Care Survey

#### Calculations

This indicator is calculated by dividing the number of respondents who have a total loneliness score higher than a specified cutoff by the number of respondents who answered the following 3 questions: 'How often do you feel that you lack companionship?', 'How often do you feel left out?' And 'How often do you feel isolated from others?'. The response options for these 3 questions are: hardly ever, some of the time and often.

#### Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit %

Interpretation Lower is better NBHC code PH\_SIL04\_1

#### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size