

## Citizens who reported that caring for their own children contributes a lot to feelings of stress in the last 12 months

Unit : %

	Year 2020	Year 2017	Year 2014
<b>Province</b>			
New Brunswick	20.0	19.3	20.3
<b>Health zones</b>			
Zone 1 - Moncton and South-East Area	21.9	20.3	20.7
Zone 2 - Fundy Shore and Saint John Area	20.4	18.7	21.4
Zone 3 - Fredericton and River Valley Area	21.1	20.5	20.8
Zone 4 - Madawaska and North-West Area	18.2	18.4	17.4
Zone 5 - Restigouche Area	19.6	18.3	19.0
Zone 6 - Bathurst and Acadian Peninsula Area	14.6	17.8	20.1
Zone 7 - Miramichi Area	15.3	16.2	17.0
<b>Communities</b>			
Bathurst, Beresford, Petit-Rocher Area	15.1	17.1	22.1
Bouctouche, Richibucto, Saint-Antoine Area	19.3	21.3	20.9
Campbellton, Atholville, Tide Head Area	20.6	19.2	16.6
Caraquet, Paquetville, Bertrand Area	10.3	17.3	19.3
Dalhousie, Balmoral, Belledune Area	18.6	17.6	21.2
Dieppe and Memramcook	23.6	19.1	28.9
Douglas, Saint Marys, Doaktown Area	22.9	19.0	21.7
Edmundston, Rivière-Verte, Lac Baker Area	19.2	19.0	17.4
Florenceville-Bristol, Woodstock, Wakefield Area	18.9	20.2	20.5
Fredericton	18.3	19.3	22.5
Grand Bay-Westfield, Westfield, Greenwich Area	21.4	24.9	21.3

	Year 2020	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	17.5	16.3	18.7
Hillsborough, Riverside-Albert, Alma Area	15.7	22.2	8.3
Kedgwick, Saint-Quentin and Grimmer	15.4	21.2	13.3
Minto, Chipman, Cambridge-Narrows Area	25.2	22.7	18.1
Miramichi, Rogersville, Blackville Area	15.7	16.5	17.2
Moncton	22.6	19.4	19.1
Nackawic, McAdam, Canterbury Area	20.5	18.2	17.7
Neguac, Alnwick, Esgenoopetitj Area	13.5	14.2	16.5
New Maryland, Kingsclear, Lincoln Area	27.6	24.7	20.5
Oromocto, Gagetown, Fredericton Junction Area	22.8	20.6	19.1
Perth-Andover, Plaster Rock, Tobique Area	16.3	19.2	20.2
Quispamsis, Rothesay, Hampton Area	22.7	22.0	23.6
Riverview and Coverdale	21.8	24.7	22.0
Sackville, Dorchester, Port Elgin Area	27.0	17.0	15.3
Saint John, Simonds and Musquash	18.9	17.3	20.4
Salisbury and Petitcodiac	21.0	18.9	15.2
Shediac, Beaubassin East and Cap-Pelé	19.3	20.8	21.6
Shippagan, Lamèque, Inkerman Area	15.9	16.4	15.3
St. George, Grand Manan, Blacks Harbour Area	26.2	19.6	21.4
St. Stephen, Saint Andrews, Campobello Island Area	20.9	18.9	22.6
Sussex, Norton, Sussex Corner Area	16.9	14.2	20.7
Tracadie and Saint-Isidore	16.2	20.5	21.5
<b>Age</b>			
18-64	23.7	22.4	23.1

	Year 2020	Year 2017	Year 2014
65 and over	8.7	9.4	9.3
<b>Sex at birth</b>			
Female	22.2	21.0	23.0
Male	17.2	17.4	17.4
<b>Sexual identity</b>			
Minority sexual identity	16.1	n/a	n/a
Heterosexual	20.3	n/a	n/a
<b>Language</b>			
Preferred language of service: English	20.5	19.6	20.2
Preferred language of service: French	18.2	18.5	20.6
<b>Indigenous identity</b>			
Indigenous	25.2	19.3	25.9
Non-Indigenous	19.9	19.3	20.2
<b>Immigrant</b>			
Immigrants	24.6	19.1	n/a
Non-immigrants	19.1	19.3	n/a
<b>Education level</b>			
High school or less	14.1	14.7	16.1
Postsecondary	22.9	22.3	23.0
<b>Household income</b>			
Less than \$25,000	14.4	14.3	17.4
\$25,000 to less than \$60,000	16.6	17.4	17.9
\$60,000 or more	24.6	24.8	24.8

	Year 2020	Year 2017	Year 2014
<b>Persons with a disability</b>			
Without disability	<b>20.0</b>	<b>19.5</b>	<b>20.7</b>
With disability	<b>19.0</b>	<b>18.6</b>	<b>19.0</b>

## About

This indicator is the percentage of citizens who reported that caring for their own children contributes a lot to feelings of stress in the last 12 months.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: h) Caring for your own children

## Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

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Unit	Interpretation	NBHC code
%	Lower is better	PH_STRCC_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size