

## Citizens who reported that caring for others, such as parents, family or friends contributes a lot to feelings of stress in the last 12 months

Unit : %

Province	Year 2020	Year 2017	Year 2014
New Brunswick	26.3	24.7	25.2
<b>Health zones</b>			
Zone 1 - Moncton and South-East Area	28.4	23.9	25.3
Zone 2 - Fundy Shore and Saint John Area	23.8	23.7	25.4
Zone 3 - Fredericton and River Valley Area	24.3	25.3	23.0
Zone 4 - Madawaska and North-West Area	23.6	25.3	22.3
Zone 5 - Restigouche Area	27.5	23.9	27.7
Zone 6 - Bathurst and Acadian Peninsula Area	28.2	25.9	27.6
Zone 7 - Miramichi Area	28.1	26.7	29.3
<b>Communities</b>			
Bathurst, Beresford, Petit-Rocher Area	26.7	24.1	27.4
Bouctouche, Richibucto, Saint-Antoine Area	25.9	26.2	23.3
Campbellton, Atholville, Tide Head Area	27.0	23.2	24.3
Caraquet, Paquetville, Bertrand Area	26.7	25.0	25.2
Dalhousie, Balmoral, Belledune Area	27.9	24.6	30.8
Dieppe and Memramcook	24.4	22.8	25.1
Douglas, Saint Marys, Doaktown Area	29.4	28.8	23.5
Edmundston, Rivière-Verte, Lac Baker Area	23.9	24.7	23.4
Florenceville-Bristol, Woodstock, Wakefield Area	22.2	23.4	23.7
Fredericton	24.1	24.8	20.6
Grand Bay-Westfield, Westfield, Greenwich Area	28.8	24.7	22.7

	Year 2020	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	<b>25.1</b>	<b>27.1</b>	<b>20.2</b>
Hillsborough, Riverside-Albert, Alma Area	<b>17.7</b>	<b>20.5</b>	<b>29.9</b>
Kedwick, Saint-Quentin and Grimmer	<b>18.1</b>	<b>23.4</b>	<b>23.0</b>
Minto, Chipman, Cambridge-Narrows Area	<b>22.3</b>	<b>29.9</b>	<b>25.3</b>
Miramichi, Rogersville, Blackville Area	<b>27.4</b>	<b>26.9</b>	<b>30.8</b>
Moncton	<b>30.0</b>	<b>24.1</b>	<b>24.7</b>
Nackawic, McAdam, Canterbury Area	<b>28.1</b>	<b>27.5</b>	<b>29.8</b>
Neguac, Alnwick, Esgenoopetitj Area	<b>30.5</b>	<b>25.9</b>	<b>23.4</b>
New Maryland, Kingsclear, Lincoln Area	<b>23.3</b>	<b>25.0</b>	<b>20.7</b>
Oromocto, Gagetown, Fredericton Junction Area	<b>25.7</b>	<b>21.7</b>	<b>23.1</b>
Perth-Andover, Plaster Rock, Tobique Area	<b>21.3</b>	<b>29.0</b>	<b>29.0</b>
Quispamsis, Rothesay, Hampton Area	<b>21.5</b>	<b>25.3</b>	<b>20.5</b>
Riverview and Coverdale	<b>29.5</b>	<b>25.3</b>	<b>27.9</b>
Sackville, Dorchester, Port Elgin Area	<b>28.6</b>	<b>22.6</b>	<b>29.6</b>
Saint John, Simonds and Musquash	<b>24.1</b>	<b>22.9</b>	<b>29.8</b>
Salisbury and Petitcodiac	<b>34.5</b>	<b>21.1</b>	<b>19.1</b>
Shediac, Beaubassin East and Cap-Pelé	<b>29.1</b>	<b>23.4</b>	<b>25.2</b>
Shippagan, Lamèque, Inkerman Area	<b>27.8</b>	<b>27.6</b>	<b>27.1</b>
St. George, Grand Manan, Blacks Harbour Area	<b>25.4</b>	<b>21.9</b>	<b>26.4</b>
St. Stephen, Saint Andrews, Campobello Island Area	<b>24.5</b>	<b>23.4</b>	<b>22.2</b>
Sussex, Norton, Sussex Corner Area	<b>23.4</b>	<b>24.4</b>	<b>21.2</b>
Tracadie and Saint-Isidore	<b>30.9</b>	<b>28.8</b>	<b>30.9</b>
<b>Age</b>			
18-64	<b>27.9</b>	<b>26.3</b>	<b>26.6</b>

	Year 2020	Year 2017	Year 2014
65 and over	19.4	19.6	19.4
<b>Sex at birth</b>			
Female	28.6	27.9	27.7
Male	22.5	21.3	22.4
<b>Sexual identity</b>			
Minority sexual identity	31.5	n/a	n/a
Heterosexual	26.0	n/a	n/a
<b>Language</b>			
Preferred language of service: English	26.8	24.7	25.2
Preferred language of service: French	23.4	25.1	25.8
<b>Indigenous identity</b>			
Indigenous	28.1	27.0	34.8
Non-Indigenous	26.1	24.5	24.8
<b>Immigrant</b>			
Immigrants	28.7	26.1	n/a
Non-immigrants	24.7	24.6	n/a
<b>Education level</b>			
High school or less	24.6	23.0	25.6
Postsecondary	26.3	25.8	24.9
<b>Household income</b>			
Less than \$25,000	24.9	24.7	28.0
\$25,000 to less than \$60,000	25.2	25.0	25.4
\$60,000 or more	26.0	25.0	23.9

	Year 2020	Year 2017	Year 2014
<b>Persons with a disability</b>			
Without disability	<b>24.4</b>	<b>23.6</b>	<b>23.6</b>
With disability	<b>29.7</b>	<b>28.5</b>	<b>30.4</b>

## About

This indicator is the percentage of citizens who reported that caring for others, such as parents, family or friends contributes a lot to feelings of stress in the last 12 months.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: i) Caring for others (parents, family or friends)

## Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_STRCO_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size