

Citizens who reported that caring for others, such as parents, family or friends contributes a lot to feelings of stress in the last 12 months

Unit : %

	Year 2020	Year 2017	Year 2014
Province			
New Brunswick	26.3	24.7	25.2
Health zones			
Zone 1 - Moncton and South-East Area	28.4	23.9	25.3
Zone 2 - Fundy Shore and Saint John Area	23.8	23.7	25.4
Zone 3 - Fredericton and River Valley Area	24.3	25.3	23.0
Zone 4 - Madawaska and North-West Area	23.6	25.3	22.3
Zone 5 - Restigouche Area	27.5	23.9	27.7
Zone 6 - Bathurst and Acadian Peninsula Area	28.2	25.9	27.6
Zone 7 - Miramichi Area	28.1	26.7	29.3
Communities			
Bathurst, Beresford, Petit-Rocher Area	26.7	24.1	27.4
Bouctouche, Richibucto, Saint-Antoine Area	25.9	26.2	23.3
Campbellton, Atholville, Tide Head Area	27.0	23.2	24.3
Caraquet, Paquetville, Bertrand Area	26.7	25.0	25.2
Dalhousie, Balmoral, Belledune Area	27.9	24.6	30.8
Dieppe and Memramcook	24.4	22.8	25.1
Douglas, Saint Marys, Doaktown Area	29.4	28.8	23.5
Edmundston, Rivière-Verte, Lac Baker Area	23.9	24.7	23.4
Florenceville-Bristol, Woodstock, Wakefield Area	22.2	23.4	23.7
Fredericton	24.1	24.8	20.6
Grand Bay-Westfield, Westfield, Greenwich Area	28.8	24.7	22.7

	Year 2020	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	25.1	27.1	20.2
Hillsborough, Riverside-Albert, Alma Area	17.7	20.5	29.9
Kedgwick, Saint-Quentin and Grimmer	18.1	23.4	23.0
Minto, Chipman, Cambridge-Narrows Area	22.3	29.9	25.3
Miramichi, Rogersville, Blackville Area	27.4	26.9	30.8
Moncton	30.0	24.1	24.7
Nackawic, McAdam, Canterbury Area	28.1	27.5	29.8
Neguac, Alnwick, Esgenoopetitj Area	30.5	25.9	23.4
New Maryland, Kingsclear, Lincoln Area	23.3	25.0	20.7
Oromocto, Gagetown, Fredericton Junction Area	25.7	21.7	23.1
Perth-Andover, Plaster Rock, Tobique Area	21.3	29.0	29.0
Quispamsis, Rothesay, Hampton Area	21.5	25.3	20.5
Riverview and Coverdale	29.5	25.3	27.9
Sackville, Dorchester, Port Elgin Area	28.6	22.6	29.6
Saint John, Simonds and Musquash	24.1	22.9	29.8
Salisbury and Petitcodiac	34.5	21.1	19.1
Shediac, Beaubassin East and Cap-Pelé	29.1	23.4	25.2
Shippagan, Lamèque, Inkerman Area	27.8	27.6	27.1
St. George, Grand Manan, Blacks Harbour Area	25.4	21.9	26.4
St. Stephen, Saint Andrews, Campobello Island Area	24.5	23.4	22.2
Sussex, Norton, Sussex Corner Area	23.4	24.4	21.2
Tracadie and Saint-Isidore	30.9	28.8	30.9
Age			
18-64	27.9	26.3	26.6

	Year 2020	Year 2017	Year 2014
65 and over	19.4	19.6	19.4
Sex at birth			
Female	28.6	27.9	27.7
Male	22.5	21.3	22.4
Sexual identity			
Minority sexual identity	31.5	n/a	n/a
Heterosexual	26.0	n/a	n/a
Language			
Preferred language of service: English	26.8	24.7	25.2
Preferred language of service: French	23.4	25.1	25.8
Indigenous identity			
Indigenous	28.1	27.0	34.8
Non-Indigenous	26.1	24.5	24.8
Immigrant			
Immigrants	28.7	26.1	n/a
Non-immigrants	24.7	24.6	n/a
Education level			
High school or less	24.6	23.0	25.6
Postsecondary	26.3	25.8	24.9
Household income			
Less than \$25,000	24.9	24.7	28.0
\$25,000 to less than \$60,000	25.2	25.0	25.4
\$60,000 or more	26.0	25.0	23.9

	Year 2020	Year 2017	Year 2014
Persons with a disability			
Without disability	24.4	23.6	23.6
With disability	29.7	28.5	30.4

About

This indicator is the percentage of citizens who reported that caring for others, such as parents, family or friends contributes a lot to feelings of stress in the last 12 months.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: i) Caring for others (parents, family or friends)

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_STRCO_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size