

# Citizens who reported that discrimination contributes a lot to feelings of stress in the last 12 months

Unit: %

	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Province			
New Brunswick	4.6	4.9	4.6
Health zones			
Zone 1 - Moncton and South-East Area	5.3	3.9	4.4
Zone 2 - Fundy Shore and Saint John Area	2.5	4.6	3.5
Zone 3 - Fredericton and River Valley Area	4.6	4.5	3.1
Zone 4 - Madawaska and North-West Area	7.6	7.2	7.0
Zone 5 - Restigouche Area	5.8	4.6	5.5
Zone 6 - Bathurst and Acadian Peninsula Area	5.9	7.2	8.3
Zone 7 - Miramichi Area	2.5	6.2	4.4
Communities			
Bathurst, Beresford, Petit-Rocher Area	8.0	6.9	7.1
Bouctouche, Richibucto, Saint-Antoine Area	5.8	3.0	6.1
Campbellton, Atholville, Tide Head Area	6.6	5.7	5.3
Caraquet, Paquetville, Bertrand Area	5.2	8.7	7.8
Dalhousie, Balmoral, Belledune Area	5.0	3.7	5.6
Dieppe and Memramcook	5.8	3.7	4.1
Douglas, Saint Marys, Doaktown Area	3.4	3.9	2.7
Edmundston, Rivière-Verte, Lac Baker Area	9.7	6.9	8.2
Florenceville-Bristol, Woodstock, Wakefield Area	2.2	3.2	3.3
Fredericton	5.1	5.4	3.2
Grand Bay-Westfield, Westfield, Greenwich Area	S	5.4	2.7



	Year 2020	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	5.0	7.3	6.1
Hillsborough, Riverside-Albert, Alma Area	S	S	S
Kedgwick, Saint-Quentin and Grimmer	4.4	8.3	S
Minto, Chipman, Cambridge-Narrows Area	2.7	6.8	3.5
Miramichi, Rogersville, Blackville Area	2.1	5.0	3.4
Moncton	6.7	4.5	4.5
Nackawic, McAdam, Canterbury Area	4.3	3.1	S
Neguac, Alnwick, Esgenoopetitj Area	4.4	12.7	8.6
New Maryland, Kingsclear, Lincoln Area	6.6	4.5	2.5
Oromocto, Gagetown, Fredericton Junction Area	5.9	4.4	3.4
Perth-Andover, Plaster Rock, Tobique Area	4.7	3.1	6.1
Quispamsis, Rothesay, Hampton Area	1.0	3.0	3.2
Riverview and Coverdale	4.4	3.9	2.5
Sackville, Dorchester, Port Elgin Area	4.7	3.4	4.4
Saint John, Simonds and Musquash	4.0	6.3	3.9
Salisbury and Petitcodiac	S	2.2	5.5
Shediac, Beaubassin East and Cap-Pelé	2.5	4.3	5.0
Shippagan, Lamèque, Inkerman Area	6.1	5.0	10.0
St. George, Grand Manan, Blacks Harbour Area	1.5	3.7	3.3
St. Stephen, Saint Andrews, Campobello Island Area	S	3.6	4.9
Sussex, Norton, Sussex Corner Area	S	2.8	2.5
Tracadie and Saint-Isidore	4.6	7.9	10.2
Age			
18-64	5.3	5.6	4.9



65 and over       2.5       2.8       3.0         Sex at birth       Female       4.8       5.4       4.5         Male       4.3       5.4       4.6         Sexual identity       Users and identity         Minority sexual identity       13.7       n/a       n/a         Heterosexual       4.1       n/a       n/a       n/a         Language       Preferred language of service: English       4.0       4.4       3.8       3.8       1.0       3.8       1.0       4.3       1.0       4.5       4.3       1.0       4.5       4.3       4.2       4.6       4.2       4.6       4.2       4.2       4.6       4.2       4.2       4.6       4.2       4.2       4.6       4.2       4.2       4.6       4.2       4.2       4.6       4.2       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2       4.6       4.2		Year 2020	<b>Year</b> 2017	Year 2014
Female         4.8         5.4         4.5           Male         4.3         4.4         4.6           Sexual identity         3.7         n/a         n/a           Minority sexual identity         13.7         n/a         n/a           Heterosexual         4.1         n/a         n/a           Language         2         4.1         n/a         3.8           Preferred language of service: English         4.0         4.4         3.8           Preferred language of service: French         6.0         6.6         6.3           Indigenous identity         15.8         11.0         15.0           Non-Indigenous         15.8         11.0         15.0           Non-Indigenous         15.8         11.0         4.2           Immigrant         10.9         7.5         n/a           Non-inmigrants         4.0         4.8         n/a           Education level         4.1         4.5         5.5         5.9           Postsecondary         4.2         4.5         3.7           Household income         8.7         9.3         10.3           Ess than \$25,000         8.7         9.3         10.3           <	65 and over	2.5	2.8	3.0
Male       4.3       4.4       4.6         Sexual identity       13.7       n/a       n/a         Minority sexual identity       13.7       n/a       n/a         Heterosexual       4.1       n/a       n/a         Language       Preferred language of service: English       4.0       4.4       3.8         Preferred language of service: French       6.0       6.6       6.3         Indigenous identity       Indigenous identity         Indigenous       15.8       11.0       15.0         Non-Indigenous       4.2       4.6       4.2         Immigrant       10.9       7.5       n/a         Non-inmigrants       10.9       7.5       n/a         Education level       High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       8.7       9.3       10.3         Ess than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Sex at birth			
Sexual identity           Minority sexual identity         13.7         n/a         n/a           Heterosexual         4.1         n/a         n/a           Language         Preferred language of service: English         4.0         4.4         3.8           Preferred language of service: French         6.0         6.6         6.3           Indigenous identity         Indigenous identity           Indigenous         15.8         11.0         15.0           Non-Indigenous         4.2         4.6         4.2           Immigrant         10.9         7.5         n/a           Non-immigrants         10.9         7.5         n/a           Education level         4.0         4.8         n/a           Postsecondary         4.2         4.5         3.7           Household income         8.7         9.3         10.3           Eess than \$25,000         8.7         9.3         10.3           \$25,000 to less than \$60,000         4.5         4.5         4.1	Female	4.8	5.4	4.5
Minority sexual identity       13.7       n/a       n/a         Heterosexual       4.1       n/a       n/a         Language       Value       Value       Value       3.8         Preferred language of service: English       4.0       4.4       3.8         Preferred language of service: French       6.0        6.6       6.3         Indigenous identity       15.8       11.0       15.0         Non-Indigenous       15.8       11.0       15.0         Non-Indigenous       4.2       4.6       4.2         Immigrant       10.9       7.5       n/a         Non-immigrants       4.0       4.8       n/a         Education level       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       8.7       9.3       10.3         Ess than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Male	4.3	4.4	4.6
Heterosexual       4.1       n/a       n/a         Language       Preferred language of service: English       4.0       4.4       3.8         Preferred language of service: French       6.0       6.6       6.3         Indigenous identity         Indigenous       15.8       11.0       15.0         Non-Indigenous       4.2       4.6       4.2         Immigrant       10.9       7.5       n/a         Non-immigrants       4.0       4.8       n/a         Education level       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       8.7       9.3       10.3         £25,000 to less than \$60,000       4.5       4.5       4.1	Sexual identity			
Language         Preferred language of service: English       4.0       4.4       3.8         Preferred language of service: French       6.0       6.6       6.3         Indigenous identity         Indigenous       15.8       11.0       15.0         Non-Indigenous       4.2       4.6       4.2         Immigrant       10.9       7.5       n/a         Non-immigrants       10.9       7.5       n/a         Education level         High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income         Less than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Minority sexual identity	13.7	n/a	n/a
Preferred language of service: English       4.0       4.4       3.8         Preferred language of service: French       6.0       6.6       6.3         Indigenous identity       Immigrants         Non-Indigenous       15.8       11.0       15.0         Non-Indigenous       4.2       4.6       4.2         Immigrant       10.9       7.5       n/a         Non-immigrants       4.0       4.8       n/a         Education level         High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Heterosexual	4.1	n/a	n/a
Preferred language of service: French       6.0       6.6       6.3         Indigenous identity       Indigenous       15.8       11.0       15.0         Non-Indigenous       4.2       4.6       4.2         Immigrant       Ummigrants       10.9       7.5       n/a         Non-immigrants       4.0       4.8       n/a         Education level       High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income         Less than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Language			
Indigenous identity         Indigenous       15.8       11.0       15.0         Non-Indigenous       4.2       4.6       4.2         Immigrant       Ummigrants       Ummigrants       10.9       7.5       n/a         Non-immigrants       4.0       4.8       n/a         Education level       Ummigrants       Ummigrants       Ummigrants       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       Ummigrants       Ummigrants       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       Ummigrants         Less than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Preferred language of service: English	4.0	4.4	3.8
Indigenous       15.8       11.0       15.0         Non-Indigenous       4.2       4.6       4.2         Immigrant       Use of the content of th	Preferred language of service: French	6.0	6.6	6.3
Non-Indigenous       4.2       4.6       4.2         Immigrant       Immigrants       10.9       7.5       n/a         Non-immigrants       4.0       4.8       n/a         Education level       High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Indigenous identity			
Immigrant         Immigrants       10.9       7.5       n/a         Non-immigrants       4.0       4.8       n/a         Education level       High school or less         High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       Less than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Indigenous	15.8	11.0	15.0
Immigrants       10.9       7.5       n/a         Non-immigrants       4.0       4.8       n/a         Education level       Use of the secondary         High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income       8.7       9.3       10.3         \$25,000 to less than \$60,000        4.5       4.5       4.1	Non-Indigenous	4.2	4.6	4.2
Non-immigrants       4.0       4.8       n/a         Education level         High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income         Less than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Immigrant			
Education level         High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income         Less than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Immigrants	10.9	7.5	n/a
High school or less       5.3       5.5       5.9         Postsecondary       4.2       4.5       3.7         Household income         Less than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Non-immigrants	4.0	4.8	n/a
Postsecondary 4.2 4.5 3.7  Household income  Less than \$25,000 8.7 9.3 10.3  \$25,000 to less than \$60,000 4.5 4.5 4.1	Education level			
Household income  Less than \$25,000 8.7 9.3 10.3  \$25,000 to less than \$60,000 4.5 4.5 4.1	High school or less	5.3	5.5	5.9
Less than \$25,000       8.7       9.3       10.3         \$25,000 to less than \$60,000       4.5       4.5       4.1	Postsecondary	4.2	4.5	3.7
\$25,000 to less than \$60,000 <b>4.5 4.5 4.1</b>	Household income			
	Less than \$25,000	8.7	9.3	10.3
\$60,000 or more 2.8 3.2 2.7	\$25,000 to less than \$60,000	4.5	4.5	4.1
	\$60,000 or more	2.8	3.2	2.7



	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Persons with a disability			
Without disability	3.4	3.7	3.2
With disability	8.1	9.2	9.2



### **About**

This indicator is the percentage of citizens who reported that discrimination contributes a lot to feelings of stress in the last 12 months.

## Source

Primary Health Survey and Primary Care Survey

# **Calculations**

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: I) Discrimination

#### **Notes**

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_STRDI_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size