# Citizens who reported that their employment status contributes a lot to feelings of stress in the last 12 months

Unit:%

	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Province			
New Brunswick	12.9	13.8	15.0
Health zones			
Zone 1 - Moncton and South-East Area	13.3	14.6	13.9
Zone 2 - Fundy Shore and Saint John Area	12.9	13.7	14.8
Zone 3 - Fredericton and River Valley Area	13.7	12.8	17.6
Zone 4 - Madawaska and North-West Area	8.8	12.5	11.8
Zone 5 - Restigouche Area	11.4	15.6	13.9
Zone 6 - Bathurst and Acadian Peninsula Area	11.9	13.5	15.1
Zone 7 - Miramichi Area	15.2	15.6	14.0
Communities			
Bathurst, Beresford, Petit-Rocher Area	12.9	14.5	14.3
Bouctouche, Richibucto, Saint-Antoine Area	10.8	15.5	12.2
Campbellton, Atholville, Tide Head Area	10.8	15.7	15.0
Caraquet, Paquetville, Bertrand Area	12.4	10.6	16.9
Dalhousie, Balmoral, Belledune Area	11.9	15.5	12.9
Dieppe and Memramcook	10.0	12.4	11.7
Douglas, Saint Marys, Doaktown Area	19.0	11.0	13.9
Edmundston, Rivière-Verte, Lac Baker Area	8.9	12.6	11.2
Florenceville-Bristol, Woodstock, Wakefield Area	15.4	12.3	14.9
Fredericton	14.1	13.8	18.9
Grand Bay-Westfield, Westfield, Greenwich Area	13.1	18.4	12.6



	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Grand Falls, Saint-Léonard, Drummond Area	10.6	13.4	10.5
Hillsborough, Riverside-Albert, Alma Area	13.4	12.9	18.7
Kedgwick, Saint-Quentin and Grimmer	3.5	9.8	18.7
Minto, Chipman, Cambridge-Narrows Area	7.7	15.5	17.5
Miramichi, Rogersville, Blackville Area	15.6	15.3	13.3
Moncton	16.6	17.3	14.5
Nackawic, McAdam, Canterbury Area	17.4	15.4	12.9
Neguac, Alnwick, Esgenoopetitj Area	12.7	17.1	17.0
New Maryland, Kingsclear, Lincoln Area	8.8	12.3	18.4
Oromocto, Gagetown, Fredericton Junction Area	15.8	9.7	19.7
Perth-Andover, Plaster Rock, Tobique Area	7.9	11.6	22.5
Quispamsis, Rothesay, Hampton Area	9.0	11.0	12.8
Riverview and Coverdale	14.2	11.4	12.9
Sackville, Dorchester, Port Elgin Area	8.3	11.4	16.2
Saint John, Simonds and Musquash	14.0	13.9	17.2
Salisbury and Petitcodiac	17.1	13.7	18.4
Shediac, Beaubassin East and Cap-Pelé	9.3	13.2	13.2
Shippagan, Lamèque, Inkerman Area	9.2	12.0	16.9
St. George, Grand Manan, Blacks Harbour Area	13.9	13.6	12.0
St. Stephen, Saint Andrews, Campobello Island Area	10.1	12.9	16.4
Sussex, Norton, Sussex Corner Area	17.0	16.4	11.8
Tracadie and Saint-Isidore	11.4	15.0	13.3
Age			

18-64	16.6	17.1	18.3

Data downloaded from the NBHC website on August 18, 2025 More information available at: https://nbhc.ca/indicators/ph\_stres\_1 Citizens who reported that their employment status contributes a lot t...

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	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
65 and over	2.3	3.1	1.4
Sex at birth			
Female	12.1	13.6	13.9
Male	13.7	14.0	16.1
Sexual identity			
Minority sexual identity	27.9	n/a	n/a
Heterosexual	12.2	n/a	n/a
Language			
Preferred language of service: English	13.9	14.3	15.7
Preferred language of service: French	10.9	12.5	13.2
Indigenous identity			
Indigenous	20.8	18.9	23.3
Non-Indigenous	12.5	13.6	14.6
Immigrant			
Immigrants	18.7	14.3	n/a
Non-immigrants	12.5	13.8	n/a
Education level			
High school or less	13.7	14.1	15.3
Postsecondary	12.4	13.6	14.8
Household income			
Less than \$25,000	19.7	21.8	20.8
\$25,000 to less than \$60,000	14.1	13.8	15.8
\$60,000 or more	9.5	10.1	11.4

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	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Persons with a disability			
Without disability	11.5	12.5	13.2
With disability	17.3	18.3	21.0



#### About

This indicator is the percentage of citizens who reported that their employment status contributes a lot to feelings of stress in the last 12 months.

#### Source

Primary Health Survey and Primary Care Survey

#### Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: g) Employment status (e.g. unemployment)

#### Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

## Unit Interpretation NBHC code % Lower is better PH\_STRES\_1

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size