# Citizens who reported that the health of family members contributes a lot to feelings of stress in the last 12 months

Unit:%

	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Province			
New Brunswick	40.2	36.2	38.1
Health zones			
Zone 1 - Moncton and South-East Area	41.8	35.4	37.1
Zone 2 - Fundy Shore and Saint John Area	38.6	34.5	37.8
Zone 3 - Fredericton and River Valley Area	39.6	36.5	36.6
Zone 4 - Madawaska and North-West Area	38.7	37.8	38.5
Zone 5 - Restigouche Area	37.7	42.0	38.5
Zone 6 - Bathurst and Acadian Peninsula Area	40.7	38.5	43.1
Zone 7 - Miramichi Area	38.9	36.7	40.4
Communities			
Bathurst, Beresford, Petit-Rocher Area	45.7	42.2	44.0
Bouctouche, Richibucto, Saint-Antoine Area	37.7	34.1	37.9
Campbellton, Atholville, Tide Head Area	38.8	43.0	38.9
Caraquet, Paquetville, Bertrand Area	37.1	34.3	37.3
Dalhousie, Balmoral, Belledune Area	36.6	41.1	38.1
Dieppe and Memramcook	42.6	35.7	33.5
Douglas, Saint Marys, Doaktown Area	39.4	38.8	39.0
Edmundston, Rivière-Verte, Lac Baker Area	36.9	38.0	41.7
Florenceville-Bristol, Woodstock, Wakefield Area	38.8	32.0	35.7
Fredericton	40.2	36.3	35.8
Grand Bay-Westfield, Westfield, Greenwich Area	46.0	36.0	39.5



	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Grand Falls, Saint-Léonard, Drummond Area	41.0	38.7	34.5
Hillsborough, Riverside-Albert, Alma Area	38.8	31.4	31.3
Kedgwick, Saint-Quentin and Grimmer	40.8	34.4	33.7
Minto, Chipman, Cambridge-Narrows Area	42.9	42.4	36.7
Miramichi, Rogersville, Blackville Area	38.4	36.4	40.7
Moncton	42.9	37.1	38.0
Nackawic, McAdam, Canterbury Area	39.1	38.9	36.1
Neguac, Alnwick, Esgenoopetitj Area	41.2	38.1	38.8
New Maryland, Kingsclear, Lincoln Area	42.2	34.5	35.6
Oromocto, Gagetown, Fredericton Junction Area	36.2	40.2	38.3
Perth-Andover, Plaster Rock, Tobique Area	33.8	36.9	39.8
Quispamsis, Rothesay, Hampton Area	39.5	35.2	31.7
Riverview and Coverdale	41.9	37.3	38.1
Sackville, Dorchester, Port Elgin Area	42.5	35.5	42.4
Saint John, Simonds and Musquash	37.5	34.8	41.8
Salisbury and Petitcodiac	41.9	32.1	33.7
Shediac, Beaubassin East and Cap-Pelé	40.7	31.6	36.9
Shippagan, Lamèque, Inkerman Area	31.9	32.5	42.8
St. George, Grand Manan, Blacks Harbour Area	32.2	33.6	43.0
St. Stephen, Saint Andrews, Campobello Island Area	39.6	29.7	36.7
Sussex, Norton, Sussex Corner Area	39.4	34.7	31.4
Tracadie and Saint-Isidore	41.5	39.6	47.3
Age			
	44.0	07.4	

18-64	41.8	37.4	39.2

New Brunswick Conseil de la santé Health Council du Nouveau-Brunswick

65 and over  33.8  32.7  33.8    Sex at birth  Female  45.2  41.2  43.0    Male  34.0  31.0  32.8    Sexual identity  45.6  n/a  n/a    Minority sexual identity  45.6  n/a  n/a    Heterosexual  40.0  n/a  n/a    Language  9  7  9    Preferred language of service: English  40.4  36.0  37.9    Preferred language of service: French  38.3  37.9  39.5    Indigenous identity  46.0  41.7  47.8    Non-Indigenous  39.1  35.1  n/a    Inmigrants  39.1  35.1  n/a    Non-Inmigrants  39.2  36.3  38.3    Postescondary  41.5  37.1  38.1    Postescondary  41.5  37.1  38.1    Solo to less than \$50,000  39.4  36.5  39.5    \$60,000 or more  39.3  35.3  36.5		<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Female    45.2    41.2    43.0      Male    34.0    31.0    32.8      Socual identity    45.6    n/a    n/a      Minority sexual identity    45.6    n/a    n/a      Heterosexual    40.0    n/a    n/a      Language    40.4    36.0    37.9      Preferred language of service: English    40.4    36.0    37.9      Preferred language of service: French    38.3    37.9    39.5      Indigenous identity    Indigenous    46.0    41.7    47.8      Non-Indigenous    46.0    31.0    35.1    n/a      Inmigrant    39.1    35.1    n/a      Non-Indigenous    39.2    36.3    n/a      Non-Immigrants    39.2    36.3    36.3      Non-Immigrants    36.5    35.0    38.3      Postsecondary    41.5    37.1    38.1      High school or less    36.5    35.0    38.3      Postsecondary    41.5    37.1 <td< th=""><th>65 and over</th><th>33.8</th><th>32.7</th><th>33.8</th></td<>	65 and over	33.8	32.7	33.8
Male    34.0    31.0    32.8      Sexual identity    45.6    n/a    n/a      Minority sexual identity    45.6    n/a    n/a      Heterosexual    40.0    n/a    n/a      Language    40.4    36.0    37.9      Preferred language of service: English    40.4    36.0    37.9      Preferred language of service: French    38.3    37.9    39.5      Indigenous identity     1    47.8      Non-Indigenous    46.0    41.7    47.8      Non-Indigenous    39.1    35.1    n/a      Non-Indigenous    39.1    35.1    n/a      Non-Indigenous    39.1    35.1    n/a      Non-Indigenous    39.2    36.3    n/a      Immigrants    39.2    36.3    n/a      Non-Inmigrants    39.2    36.3    36.3      Postsecondary    41.5    37.1    38.1      High school or less    36.5    35.0    38.3      Postsec	Sex at birth			
Sexual identity    45.6    n/a    n/a      Heterosexual    40.0    n/a    n/a      Language     7.9    7.9      Preferred language of service: English    40.4    36.0    37.9      Preferred language of service: French    38.3    37.9    39.5      Indigenous identity     46.0    41.7    47.8      Non-Indigenous    46.0    36.0    37.9      Imigrants    39.1    35.1    n/a      Non-Indigenous    39.1    35.1    n/a      High school or less    36.5    35.0    38.3      Postsecondary    41.5    37.1    38.1      Household income     41.1    39.6    42.1      25,000    19.4    36.5    35.0    38.3	Female	45.2	41.2	43.0
Minority sexual identity    45.6    n/a    n/a      Heterosexual    40.0    n/a    n/a      Language    Preferred language of service: English    40.4    36.0    37.9      Preferred language of service: French    38.3    37.9    39.5      Indigenous identity    Indigenous identity    46.0    41.7    47.8      Non-Indigenous    46.0    36.0    37.9      Immigrant    39.1    36.1    n/a      Immigrants    39.1    35.1    n/a      Keducation level    36.5    35.0    38.3      Postsecondary    41.5    37.1    38.1      Household income    2    36.5    36.5    36.5	Male	34.0	31.0	32.8
Minority sexual identity    45.6    n/a    n/a      Heterosexual    40.0    n/a    n/a      Language    Preferred language of service: English    40.4    36.0    37.9      Preferred language of service: French    38.3    37.9    39.5      Indigenous identity    Indigenous identity    46.0    41.7    47.8      Non-Indigenous    46.0    36.0    37.9      Immigrant    39.1    36.1    n/a      Immigrants    39.1    35.1    n/a      Keducation level    36.5    35.0    38.3      Postsecondary    41.5    37.1    38.1      Household income    2    36.5    36.5    36.5	Sexual identity			
Language    Preferred language of service: English  40.4  36.0  37.9    Preferred language of service: French  38.3  37.9  39.5    Indigenous identity  100  46.0  41.7  47.8    Non-Indigenous  40.0  36.0  37.8    Immigrant  40.0  36.0  37.8    Immigrants  39.1  35.1  n/a    Non-Inmigrants  39.2  36.3  n/a    Education level  11.5  37.1  38.1    High school or less  36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income  11.1  39.6  42.1    25,000 to less than \$60,000  39.4  36.5  39.5		45.6	n/a	n/a
Preferred language of service: English  40.4  36.0  37.9    Preferred language of service: French  38.3  37.9  39.5    Indigenous identity    46.0  41.7  47.8    Non-Indigenous  46.0  41.7  47.8  36.0  37.8    Immigrants  40.0  36.0  37.8  37.8    Immigrants  39.1  35.1  n/a    Non-inmigrants  39.2  36.3  n/a    Education level   36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income   41.1  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Heterosexual	40.0	n/a	n/a
Preferred language of service: English  40.4  36.0  37.9    Preferred language of service: French  38.3  37.9  39.5    Indigenous identity    46.0  41.7  47.8    Non-Indigenous  46.0  41.7  47.8  36.0  37.8    Immigrants  40.0  36.0  37.8  37.8    Immigrants  39.1  35.1  n/a    Non-inmigrants  39.2  36.3  n/a    Education level   36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income   41.1  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Language			
Indigenous identity    Indigenous  46.0  41.7  47.8    Non-Indigenous  40.0  36.0  37.8    Immigrant  39.1  35.1  n/a    Immigrants  39.2  36.3  n/a    Non-inmigrants  39.2  36.3  n/a    Education level  11  37.1  38.1    High school or less  36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income  11.1  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Preferred language of service: English	40.4	36.0	37.9
Indigenous  46.0  41.7  47.8    Non-Indigenous  40.0  36.0  37.8    Immigrant  1  1  1    Immigrants  39.1  35.1  n/a    Non-immigrants  39.2  36.3  n/a    Reducation level  36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income  1  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Preferred language of service: French	38.3	37.9	39.5
Non-Indigenous  40.0  36.0  37.8    Immigrant  39.1  35.1  n/a    Immigrants  39.2  36.3  n/a    Non-immigrants  39.2  36.3  n/a    Education level  36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income  2000  41.1  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Indigenous identity			
Immigrant  39.1  35.1  n/a    Immigrants  39.2  36.3  n/a    Non-immigrants  39.2  36.3  n/a    Education level  36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income  2000  41.1  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Indigenous	46.0	41.7	47.8
Immigrants  39.1  35.1  n/a    Non-immigrants  39.2  36.3  n/a    Education level  36.5  35.0  38.3    High school or less  36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income  11  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Non-Indigenous	40.0	36.0	37.8
Non-immigrants    39.2    36.3    n/a      Education level </td <td>Immigrant</td> <td></td> <td></td> <td></td>	Immigrant			
Education level    High school or less  36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income  1  1  1    Less than \$25,000  41.1  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Immigrants	39.1	35.1	n/a
High school or less  36.5  35.0  38.3    Postsecondary  41.5  37.1  38.1    Household income	Non-immigrants	39.2	36.3	n/a
Postsecondary  41.5  37.1  38.1    Household income  1 <td>Education level</td> <td></td> <td></td> <td></td>	Education level			
Household income    41.1    39.6    42.1      \$25,000 to less than \$60,000    39.4    36.5    39.5	High school or less	36.5	35.0	38.3
Less than \$25,000  41.1  39.6  42.1    \$25,000 to less than \$60,000  39.4  36.5  39.5	Postsecondary	41.5	37.1	38.1
\$25,000 to less than \$60,000 <b>39.4 36.5 39.5</b>	Household income			
	Less than \$25,000	41.1	39.6	42.1
\$60,000 or more <b>39.3 35.3 36.0</b>	\$25,000 to less than \$60,000	39.4	36.5	39.5
	\$60,000 or more	39.3	35.3	36.0

Data downloaded from the NBHC website on May 5, 2024 More information available at: https://nbhc.ca/indicators/ph\_strhf\_1

Citizens who repo	rted that the health	of family members	contributes a
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	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Persons with a disability			
Without disability	36.8	33.9	35.1
With disability	48.9	44.0	48.6



## About

This indicator is the percentage of citizens who reported that the health of family members contributes a lot to feelings of stress in the last 12 months.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: n) Health of family members

## Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit Interpretation Lower is better

NBHC code PH STRHF 1

#### Caption

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n/a = Not applicable / not available S = Data suppressed due to confidentiality requirements and/or small sample size