

Citizens who reported that other personal or family responsibilities [not included in other survey categories] contribute a lot to feelings of stress in the last 12 months

Unit : %

	Year 2020	Year 2017	Year 2014
Province			
New Brunswick	24.5	23.1	24.9
Health zones			
Zone 1 - Moncton and South-East Area	26.6	23.3	25.1
Zone 2 - Fundy Shore and Saint John Area	24.4	22.9	25.6
Zone 3 - Fredericton and River Valley Area	26.0	26.2	24.5
Zone 4 - Madawaska and North-West Area	19.7	20.7	21.1
Zone 5 - Restigouche Area	22.9	20.5	23.4
Zone 6 - Bathurst and Acadian Peninsula Area	19.1	19.9	26.2
Zone 7 - Miramichi Area	21.4	21.1	24.9
Communities			
Bathurst, Beresford, Petit-Rocher Area	22.8	23.0	24.7
Bouctouche, Richibucto, Saint-Antoine Area	20.5	23.3	21.3
Campbellton, Atholville, Tide Head Area	21.5	23.3	21.1
Caraquet, Paquetville, Bertrand Area	14.8	15.7	26.0
Dalhousie, Balmoral, Belledune Area	24.3	18.1	25.4
Dieppe and Memramcook	22.0	21.2	24.7
Douglas, Saint Marys, Doaktown Area	23.5	27.4	28.6
Edmundston, Rivière-Verte, Lac Baker Area	20.2	21.2	19.6
Florenceville-Bristol, Woodstock, Wakefield Area	24.8	23.0	23.9
Fredericton	30.3	29.9	22.1

	Year 2020	Year 2017	Year 2014
Grand Bay-Westfield, Westfield, Greenwich Area	28.5	19.8	24.6
Grand Falls, Saint-Léonard, Drummond Area	21.1	20.6	22.9
Hillsborough, Riverside-Albert, Alma Area	22.7	27.3	20.3
Kedgwick, Saint-Quentin and Grimmer	13.6	19.2	22.7
Minto, Chipman, Cambridge-Narrows Area	25.0	26.7	28.8
Miramichi, Rogersville, Blackville Area	22.1	21.9	24.9
Moncton	28.4	24.3	25.0
Nackawic, McAdam, Canterbury Area	22.4	23.2	29.2
Neguac, Alnwick, Esgenoopetitj Area	17.7	17.0	24.9
New Maryland, Kingsclear, Lincoln Area	29.4	24.9	22.3
Oromocto, Gagetown, Fredericton Junction Area	29.7	21.5	24.5
Perth-Andover, Plaster Rock, Tobique Area	19.5	24.3	30.0
Quispamsis, Rothesay, Hampton Area	21.7	21.9	22.4
Riverview and Coverdale	28.1	25.6	28.0
Sackville, Dorchester, Port Elgin Area	30.9	23.7	29.5
Saint John, Simonds and Musquash	26.1	23.9	28.7
Salisbury and Petitcodiac	31.6	21.6	26.6
Shediac, Beaubassin East and Cap-Pelé	26.8	20.8	25.0
Shippagan, Lamèque, Inkerman Area	17.4	18.6	27.7
St. George, Grand Manan, Blacks Harbour Area	21.1	25.8	26.0
St. Stephen, Saint Andrews, Campobello Island Area	24.7	19.6	23.6
Sussex, Norton, Sussex Corner Area	22.8	23.5	21.9
Tracadie and Saint-Isidore	19.0	18.9	28.6

Age

	Year 2020	Year 2017	Year 2014
18-64	27.0	25.7	26.8
65 and over	16.1	15.1	17.1
Sex at birth			
Female	27.9	27.2	28.5
Male	20.2	18.8	21.0
Sexual identity			
Minority sexual identity	29.0	n/a	n/a
Heterosexual	24.3	n/a	n/a
Language			
Preferred language of service: English	25.9	24.5	25.3
Preferred language of service: French	19.6	20.4	23.7
Indigenous identity			
Indigenous	29.9	26.5	34.0
Non-Indigenous	24.2	23.0	24.6
Immigrant			
Immigrants	31.1	27.9	n/a
Non-immigrants	23.3	22.9	n/a
Education level			
High school or less	20.6	20.9	23.0
Postsecondary	26.1	24.6	26.1
Household income			
Less than \$25,000	23.0	25.2	27.7
\$25,000 to less than \$60,000	24.4	23.2	25.1

	Year 2020	Year 2017	Year 2014
\$60,000 or more	24.5	23.1	24.2
Persons with a disability			
Without disability	22.7	21.8	22.5
With disability	28.7	27.9	33.1

About

This indicator is the percentage of citizens who reported that other personal or family responsibilities [not included in other survey categories] contribute a lot to feelings of stress in the last 12 months.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: j) Other personal or family responsibilities

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_STROP_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size