Citizens who reported that their own physical health problem or condition contributes a lot to feelings of stress in the last 12 months

Unit : %

	Year 2020	Year 2017	Year 2014
Province			
New Brunswick	27.5	26.8	26.3
Health zones			
Zone 1 - Moncton and South-East Area	28.4	26.0	27.2
Zone 2 - Fundy Shore and Saint John Area	28.1	29.0	25.6
Zone 3 - Fredericton and River Valley Area	27.7	26.7	26.5
Zone 4 - Madawaska and North-West Area	28.8	26.2	22.9
Zone 5 - Restigouche Area	27.7	29.0	30.0
Zone 6 - Bathurst and Acadian Peninsula Area	22.8	24.4	24.9
Zone 7 - Miramichi Area	27.4	25.6	28.5
Communities			
Bathurst, Beresford, Petit-Rocher Area	22.9	24.1	25.5
Bouctouche, Richibucto, Saint-Antoine Area	27.6	24.4	25.4
Campbellton, Atholville, Tide Head Area	31.9	30.8	26.8
Caraquet, Paquetville, Bertrand Area	21.8	23.7	22.9
Dalhousie, Balmoral, Belledune Area	23.9	27.5	33.0
Dieppe and Memramcook	22.6	24.5	27.7
Douglas, Saint Marys, Doaktown Area	30.7	30.1	27.2
Edmundston, Rivière-Verte, Lac Baker Area	30.3	27.3	22.5
Florenceville-Bristol, Woodstock, Wakefield Area	28.9	27.0	24.0
Fredericton	22.8	25.2	27.0
Grand Bay-Westfield, Westfield, Greenwich Area	34.4	25.6	24.8

	Year 2020	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	28.3	24.9	23.5
Hillsborough, Riverside-Albert, Alma Area	30.2	31.7	26.2
Kedgwick, Saint-Quentin and Grimmer	22.9	25.0	23.4
Minto, Chipman, Cambridge-Narrows Area	23.7	25.7	33.6
Miramichi, Rogersville, Blackville Area	27.0	26.6	30.6
Moncton	31.5	27.3	29.4
Nackawic, McAdam, Canterbury Area	32.9	32.9	28.0
Neguac, Alnwick, Esgenoopetitj Area	26.7	20.0	19.5
New Maryland, Kingsclear, Lincoln Area	28.1	22.9	27.2
Oromocto, Gagetown, Fredericton Junction Area	33.4	28.4	22.9
Perth-Andover, Plaster Rock, Tobique Area	33.2	30.7	24.6
Quispamsis, Rothesay, Hampton Area	27.3	26.5	20.2
Riverview and Coverdale	30.3	26.3	24.3
Sackville, Dorchester, Port Elgin Area	28.3	30.9	28.3
Saint John, Simonds and Musquash	31.5	31.0	28.1
Salisbury and Petitcodiac	29.5	23.5	28.9
Shediac, Beaubassin East and Cap-Pelé	24.9	23.0	24.1
Shippagan, Lamèque, Inkerman Area	22.2	22.6	25.1
St. George, Grand Manan, Blacks Harbour Area	28.9	26.9	29.6
St. Stephen, Saint Andrews, Campobello Island Area	27.6	33.8	25.6
Sussex, Norton, Sussex Corner Area	25.9	26.0	24.8
Tracadie and Saint-Isidore	22.5	26.7	25.3

Age

	Year 2020	Year 2017	Year 2014
18-64	27.6	27.2	26.7

Citizens who reported that their own physical health problem or condit...

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	Year 2020	Year 2017	Year 2014
65 and over	24.9	25.4	24.8
Sex at birth			
Female	29.3	29.8	29.5
Male	24.3	23.6	22.9
Sexual identity			
Minority sexual identity	37.2	n/a	n/a
Heterosexual	26.9	n/a	n/a
Language			
Preferred language of service: English	28.4	28.2	27.3
Preferred language of service: French	23.6	22.9	23.5
Indigenous identity			
Indigenous	32.9	32.7	33.9
Non-Indigenous	27.2	26.5	26.0
Immigrant			
Immigrants	26.1	22.3	n/a
Non-immigrants	26.3	27.0	n/a
Education level			
High school or less	29.1	28.8	28.2
Postsecondary	25.6	25.5	25.2
Household income			
Less than $25,000	36.1	35.7	37.1
$25,000 to less than $60,000	28.0	26.4	26.2
$60,000 or more	22.5	23.0	22.0

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	Year 2020	Year 2017	Year 2014
Persons with a disability			
Without disability	**17.1**	**18.1**	**17.0**
With disability	**57.4**	**56.3**	**59.2**

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About

This indicator is the percentage of citizens who reported that their own physical health problem or condition contributes a lot to feelings of stress in the last 12 months.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: b) Your own physical health problem or condition

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_STRPH_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size