

Citizens who reported that their personal relationships contribute a lot to feelings of stress in the last 12 months

Unit : %

	Year 2020	Year 2017	Year 2014
Province			
New Brunswick	20.4	18.6	18.5
Health zones			
Zone 1 - Moncton and South-East Area	23.5	20.7	18.9
Zone 2 - Fundy Shore and Saint John Area	20.9	18.1	20.2
Zone 3 - Fredericton and River Valley Area	21.2	20.3	18.7
Zone 4 - Madawaska and North-West Area	15.4	16.7	15.6
Zone 5 - Restigouche Area	17.0	14.9	16.2
Zone 6 - Bathurst and Acadian Peninsula Area	15.2	13.9	17.1
Zone 7 - Miramichi Area	15.6	17.2	16.6
Communities			
Bathurst, Beresford, Petit-Rocher Area	16.2	13.5	16.9
Bouctouche, Richibucto, Saint-Antoine Area	17.5	18.0	17.7
Campbellton, Atholville, Tide Head Area	16.0	14.5	9.1
Caraquet, Paquetville, Bertrand Area	9.1	13.6	16.0
Dalhousie, Balmoral, Belledune Area	18.1	15.3	22.6
Dieppe and Memramcook	20.2	18.5	17.2
Douglas, Saint Marys, Doaktown Area	32.2	24.9	13.7
Edmundston, Rivière-Verte, Lac Baker Area	14.9	17.9	15.1
Florenceville-Bristol, Woodstock, Wakefield Area	19.7	14.6	19.7
Fredericton	22.2	23.0	17.2
Grand Bay-Westfield, Westfield, Greenwich Area	26.4	23.0	20.2

	Year 2020	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	18.3	17.4	17.5
Hillsborough, Riverside-Albert, Alma Area	18.2	17.0	10.7
Kedgwick, Saint-Quentin and Grimmer	9.8	9.6	12.8
Minto, Chipman, Cambridge-Narrows Area	20.1	17.6	18.7
Miramichi, Rogersville, Blackville Area	15.8	17.5	17.8
Moncton	29.0	22.1	20.7
Nackawic, McAdam, Canterbury Area	15.1	17.1	14.9
Neguac, Alnwick, Esgenoopetitj Area	14.3	15.5	11.7
New Maryland, Kingsclear, Lincoln Area	20.0	18.9	20.6
Oromocto, Gagetown, Fredericton Junction Area	18.7	20.1	24.2
Perth-Andover, Plaster Rock, Tobique Area	20.3	21.1	22.4
Quispamsis, Rothesay, Hampton Area	20.0	16.7	17.8
Riverview and Coverdale	21.8	23.9	20.5
Sackville, Dorchester, Port Elgin Area	25.7	19.1	16.4
Saint John, Simonds and Musquash	21.6	18.7	22.5
Salisbury and Petitcodiac	25.5	20.3	17.1
Shediac, Beaubassin East and Cap-Pelé	16.7	20.0	18.1
Shippagan, Lamèque, Inkerman Area	20.9	15.9	17.9
St. George, Grand Manan, Blacks Harbour Area	16.9	22.3	22.4
St. Stephen, Saint Andrews, Campobello Island Area	21.2	15.3	19.0
Sussex, Norton, Sussex Corner Area	19.4	16.3	15.6
Tracadie and Saint-Isidore	13.6	13.3	18.2
Age			
18-64	23.3	21.4	20.7

	Year 2020	Year 2017	Year 2014
65 and over	11.2	9.8	9.9
Sex at birth			
Female	21.3	20.0	19.6
Male	19.0	17.1	17.3
Sexual identity			
Minority sexual identity	34.8	n/a	n/a
Heterosexual	19.9	n/a	n/a
Language			
Preferred language of service: English	22.2	19.9	19.2
Preferred language of service: French	15.4	15.5	17.0
Indigenous identity			
Indigenous	27.8	25.1	31.0
Non-Indigenous	20.2	18.3	18.1
Immigrant			
Immigrants	25.0	20.9	n/a
Non-immigrants	19.7	18.5	n/a
Education level			
High school or less	18.9	17.9	19.3
Postsecondary	21.0	19.1	18.1
Household income			
Less than \$25,000	22.3	22.6	23.8
\$25,000 to less than \$60,000	20.8	18.6	17.5
\$60,000 or more	18.9	17.3	17.1

	Year 2020	Year 2017	Year 2014
Persons with a disability			
Without disability	19.2	17.1	16.7
With disability	23.4	23.6	25.2

About

This indicator is the percentage of citizens who reported that their personal relationships contribute a lot to feelings of stress in the last 12 months.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: k) Your personal relationships

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Lower is better	PH_STRPR_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size