# Citizens who reported that their personal safety or their family's safety contributes a lot to feelings of stress in the last 12 months

Unit:%

	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Province			
New Brunswick	12.0	10.0	10.5
Health zones			
Zone 1 - Moncton and South-East Area	10.6	10.4	10.1
Zone 2 - Fundy Shore and Saint John Area	11.3	8.1	8.2
Zone 3 - Fredericton and River Valley Area	13.5	8.2	8.6
Zone 4 - Madawaska and North-West Area	12.5	15.7	14.3
Zone 5 - Restigouche Area	13.2	12.9	13.7
Zone 6 - Bathurst and Acadian Peninsula Area	12.9	12.5	16.2
Zone 7 - Miramichi Area	11.8	9.8	11.6
Communities			
Bathurst, Beresford, Petit-Rocher Area	13.1	13.1	13.3
Bouctouche, Richibucto, Saint-Antoine Area	14.0	16.6	14.5
Campbellton, Atholville, Tide Head Area	16.7	15.0	10.7
Caraquet, Paquetville, Bertrand Area	11.1	8.7	17.0
Dalhousie, Balmoral, Belledune Area	9.6	11.0	16.4
Dieppe and Memramcook	8.5	11.1	10.5
Douglas, Saint Marys, Doaktown Area	12.8	9.9	5.9
Edmundston, Rivière-Verte, Lac Baker Area	12.8	15.1	14.8
Florenceville-Bristol, Woodstock, Wakefield Area	16.1	4.6	10.2
Fredericton	12.3	8.3	7.3
Grand Bay-Westfield, Westfield, Greenwich Area	12.9	6.0	6.9



	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
Grand Falls, Saint-Léonard, Drummond Area	11.9	15.7	13.2
Hillsborough, Riverside-Albert, Alma Area	8.3	4.6	5.2
Kedgwick, Saint-Quentin and Grimmer	13.2	17.7	15.5
Minto, Chipman, Cambridge-Narrows Area	21.2	7.9	12.1
Miramichi, Rogersville, Blackville Area	10.6	8.6	12.6
Moncton	13.1	10.2	9.0
Nackawic, McAdam, Canterbury Area	9.3	8.5	7.6
Neguac, Alnwick, Esgenoopetitj Area	17.7	16.1	7.5
New Maryland, Kingsclear, Lincoln Area	12.4	9.3	7.3
Oromocto, Gagetown, Fredericton Junction Area	16.9	7.5	10.7
Perth-Andover, Plaster Rock, Tobique Area	9.7	12.5	14.1
Quispamsis, Rothesay, Hampton Area	10.5	5.0	6.2
Riverview and Coverdale	7.8	10.3	8.4
Sackville, Dorchester, Port Elgin Area	13.2	7.8	9.4
Saint John, Simonds and Musquash	11.1	9.1	8.6
Salisbury and Petitcodiac	9.3	7.3	11.0
Shediac, Beaubassin East and Cap-Pelé	6.1	9.0	12.1
Shippagan, Lamèque, Inkerman Area	10.5	11.8	17.9
St. George, Grand Manan, Blacks Harbour Area	13.6	8.2	10.2
St. Stephen, Saint Andrews, Campobello Island Area	10.5	9.9	9.6
Sussex, Norton, Sussex Corner Area	11.8	10.2	9.2
Tracadie and Saint-Isidore	14.2	14.9	20.4
Age			
18-64	12.7	10.4	10.5

Citizens who reported that their personal safety or their family's saf...



	<b>Year</b> 2020	<b>Year</b> 2017	<b>Year</b> 2014
65 and over	9.5	8.9	10.5
Sex at birth			
Female	12.7	11.0	11.2
Male	11.0	8.9	9.7
Sexual identity			
Minority sexual identity	20.3	n/a	n/a
Heterosexual	11.3	n/a	n/a
Language			
Preferred language of service: English	11.9	8.9	9.2
Preferred language of service: French	11.6	13.3	14.1
Indigenous identity			
Indigenous	21.6	15.7	18.3
Non-Indigenous	11.6	9.7	10.2
Immigrant			
Immigrants	16.4	10.6	n/a
Non-immigrants	11.4	10.0	n/a
Education level			
High school or less	13.0	12.9	13.6
Postsecondary	11.3	8.1	8.6
Household income			
Less than \$25,000	18.7	17.8	19.0
\$25,000 to less than \$60,000	12.2	10.2	11.7
\$60,000 or more	8.7	6.4	6.0

Data downloaded from the NBHC website on July 26, 2025 More information available at: https://nbhc.ca/indicators/ph\_strps\_1

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	ear 20	<b>Year</b> 2017	<b>Year</b> 2014
Persons with a disability			
	0.5	7.9	8.4
With disability 1	6.1	17.1	17.8



### About

This indicator is the percentage of citizens who reported that their personal safety or their family's safety contributes a lot to feelings of stress in the last 12 months.

#### Source

Primary Health Survey and Primary Care Survey

#### Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: m) Your personal safety or your family's safety

#### Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

## Unit Interpretation NBHC code % Lower is better PH\_STRPS\_1

#### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size