

## Citizens who reported that time pressures or not having enough time contribute a lot to feelings of stress in the last 12 months

Unit : %

	Year 2020	Year 2017	Year 2014
<b>Province</b>			
New Brunswick	38.6	39.8	40.9
<b>Health zones</b>			
Zone 1 - Moncton and South-East Area	41.5	39.1	42.4
Zone 2 - Fundy Shore and Saint John Area	36.6	41.2	39.4
Zone 3 - Fredericton and River Valley Area	41.5	42.2	40.6
Zone 4 - Madawaska and North-West Area	42.2	39.8	42.3
Zone 5 - Restigouche Area	33.3	36.7	35.1
Zone 6 - Bathurst and Acadian Peninsula Area	33.2	36.3	40.7
Zone 7 - Miramichi Area	35.2	37.1	42.8
<b>Communities</b>			
Bathurst, Beresford, Petit-Rocher Area	32.5	37.4	42.2
Bouctouche, Richibucto, Saint-Antoine Area	31.9	35.0	37.9
Campbellton, Atholville, Tide Head Area	36.9	39.3	34.8
Caraquet, Paquetville, Bertrand Area	30.5	34.7	39.7
Dalhousie, Balmoral, Belledune Area	29.7	34.3	35.3
Dieppe and Memramcook	39.7	42.6	52.9
Douglas, Saint Marys, Doaktown Area	43.5	43.2	41.5
Edmundston, Rivière-Verte, Lac Baker Area	41.5	41.4	43.9
Florenceville-Bristol, Woodstock, Wakefield Area	33.6	36.8	40.9
Fredericton	48.7	47.1	40.5
Grand Bay-Westfield, Westfield, Greenwich Area	38.7	40.1	36.7

	Year 2020	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	44.6	38.8	39.2
Hillsborough, Riverside-Albert, Alma Area	30.7	42.7	28.3
Kedgwick, Saint-Quentin and Grimmer	39.1	35.8	43.4
Minto, Chipman, Cambridge-Narrows Area	36.0	33.1	35.0
Miramichi, Rogersville, Blackville Area	35.0	38.3	41.3
Moncton	44.3	40.0	42.2
Nackawic, McAdam, Canterbury Area	34.6	40.8	37.1
Neguac, Alnwick, Esgenoopetitj Area	41.0	30.8	49.1
New Maryland, Kingsclear, Lincoln Area	47.4	42.2	44.5
Oromocto, Gagetown, Fredericton Junction Area	38.1	41.2	41.0
Perth-Andover, Plaster Rock, Tobique Area	31.0	37.3	37.2
Quispamsis, Rothesay, Hampton Area	35.3	42.0	39.3
Riverview and Coverdale	41.5	42.4	43.0
Sackville, Dorchester, Port Elgin Area	40.8	36.3	39.0
Saint John, Simonds and Musquash	39.7	43.8	40.4
Salisbury and Petitcodiac	42.9	31.5	28.9
Shediac, Beaubassin East and Cap-Pelé	42.9	35.6	43.1
Shippagan, Lamèque, Inkerman Area	32.8	29.5	37.9
St. George, Grand Manan, Blacks Harbour Area	42.5	40.7	37.2
St. Stephen, Saint Andrews, Campobello Island Area	33.0	35.7	38.6
Sussex, Norton, Sussex Corner Area	31.0	35.4	39.5
Tracadie and Saint-Isidore	36.8	40.5	41.3
<b>Age</b>			
18-64	45.6	47.4	47.0

	Year 2020	Year 2017	Year 2014
65 and over	14.1	16.1	16.5
<b>Sex at birth</b>			
Female	40.2	42.7	43.8
Male	34.5	36.8	37.8
<b>Sexual identity</b>			
Minority sexual identity	46.6	n/a	n/a
Heterosexual	38.2	n/a	n/a
<b>Language</b>			
Preferred language of service: English	36.5	40.1	39.1
Preferred language of service: French	40.2	39.7	45.8
<b>Indigenous identity</b>			
Indigenous	40.4	43.9	43.0
Non-Indigenous	38.4	39.7	40.7
<b>Immigrant</b>			
Immigrants	42.1	39.3	n/a
Non-immigrants	35.8	39.9	n/a
<b>Education level</b>			
High school or less	32.1	33.8	36.3
Postsecondary	40.4	43.8	43.8
<b>Household income</b>			
Less than \$25,000	32.4	37.4	37.2
\$25,000 to less than \$60,000	33.7	35.2	35.8
\$60,000 or more	42.0	46.9	47.6

	Year 2020	Year 2017	Year 2014
<b>Persons with a disability</b>			
Without disability	<b>38.8</b>	<b>41.2</b>	<b>41.9</b>
With disability	<b>33.8</b>	<b>35.0</b>	<b>37.4</b>

## About

This indicator is the percentage of citizens who reported that time pressures or not having enough time contribute a lot to feelings of stress in the last 12 months.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: a) Time pressures/not enough time

## Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

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Unit	Interpretation	NBHC code
%	Lower is better	PH_STRTP_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size