

# Citizens who reported that their own work situation contributes a lot to feelings of stress in the last 12 months

Unit: %

	Year 2020	Year 2017	<b>Year</b> 2014
Province			
New Brunswick	30.2	32.1	34.2
Health zones			
Zone 1 - Moncton and South-East Area	34.6	35.3	36.1
Zone 2 - Fundy Shore and Saint John Area	29.5	33.1	34.4
Zone 3 - Fredericton and River Valley Area	31.7	32.4	36.9
Zone 4 - Madawaska and North-West Area	25.1	27.7	29.6
Zone 5 - Restigouche Area	26.4	30.7	28.0
Zone 6 - Bathurst and Acadian Peninsula Area	23.4	24.4	27.7
Zone 7 - Miramichi Area	26.9	31.0	35.5
Communities			
Bathurst, Beresford, Petit-Rocher Area	25.4	27.6	29.5
Bouctouche, Richibucto, Saint-Antoine Area	23.8	33.1	32.0
Campbellton, Atholville, Tide Head Area	24.3	31.0	29.1
Caraquet, Paquetville, Bertrand Area	21.6	24.5	30.9
Dalhousie, Balmoral, Belledune Area	28.5	30.4	26.9
Dieppe and Memramcook	32.2	36.7	40.3
Douglas, Saint Marys, Doaktown Area	31.9	33.2	32.1
Edmundston, Rivière-Verte, Lac Baker Area	24.3	29.4	27.3
Florenceville-Bristol, Woodstock, Wakefield Area	31.8	27.6	35.2
Fredericton	34.2	36.4	37.1
Grand Bay-Westfield, Westfield, Greenwich Area	28.2	40.1	24.5



	<b>Year</b> 2020	Year 2017	Year 2014
Grand Falls, Saint-Léonard, Drummond Area	26.9	27.3	34.1
Hillsborough, Riverside-Albert, Alma Area	35.5	31.9	26.2
Kedgwick, Saint-Quentin and Grimmer	24.2	22.2	28.0
Minto, Chipman, Cambridge-Narrows Area	23.6	30.3	28.8
Miramichi, Rogersville, Blackville Area	26.9	32.5	37.2
Moncton	38.0	35.8	37.1
Nackawic, McAdam, Canterbury Area	30.8	29.7	38.4
Neguac, Alnwick, Esgenoopetitj Area	27.2	22.8	28.3
New Maryland, Kingsclear, Lincoln Area	32.8	31.5	41.6
Oromocto, Gagetown, Fredericton Junction Area	29.9	33.2	38.2
Perth-Andover, Plaster Rock, Tobique Area	22.2	25.5	40.7
Quispamsis, Rothesay, Hampton Area	29.3	31.5	36.6
Riverview and Coverdale	37.9	40.9	39.8
Sackville, Dorchester, Port Elgin Area	31.9	30.7	33.5
Saint John, Simonds and Musquash	31.3	34.8	36.5
Salisbury and Petitcodiac	41.7	33.2	37.7
Shediac, Beaubassin East and Cap-Pelé	31.6	32.6	32.5
Shippagan, Lamèque, Inkerman Area	21.0	19.1	21.5
St. George, Grand Manan, Blacks Harbour Area	30.0	34.1	36.7
St. Stephen, Saint Andrews, Campobello Island Area	27.1	31.4	32.0
Sussex, Norton, Sussex Corner Area	26.7	27.8	28.0
Tracadie and Saint-Isidore	22.9	22.3	26.4
Age			
18-64	38.9	40.1	41.6



	Year 2020	<b>Year</b> 2017	Year 2014
65 and over	5.1	6.1	4.7
Sex at birth			
Female	30.4	32.2	33.1
Male	30.4	31.9	35.5
Sexual identity			
Minority sexual identity	40.0	n/a	n/a
Heterosexual	30.1	n/a	n/a
Language			
Preferred language of service: English	32.0	33.4	35.2
Preferred language of service: French	26.4	28.8	31.7
Indigenous identity			
Indigenous	39.2	37.5	35.5
Non-Indigenous	30.0	31.9	34.2
Immigrant			
Immigrants	34.6	29.3	n/a
Non-immigrants	30.2	32.2	n/a
Education level			
High school or less	21.7	24.5	26.4
Postsecondary	35.1	37.1	39.2
Household income			
Less than \$25,000	22.1	24.9	26.7
\$25,000 to less than \$60,000	27.6	29.1	30.7
\$60,000 or more	37.3	40.2	41.8



	Year 2020	<b>Year</b> 2017	<b>Year</b> 2014
Persons with a disability			
Without disability	31.2	33.5	35.1
With disability	27.5	27.0	31.3



#### **About**

This indicator is the percentage of citizens who reported that their own work situation contributes a lot to feelings of stress in the last 12 months.

### Source

Primary Health Survey and Primary Care Survey

## **Calculations**

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Thinking about stress in your day-to-day life within the last 12 months, please tell me if the following things have contributed a lot to feelings of stress you may have: e) Your own work situation (ex: hours of work, or working conditions)

#### **Notes**

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code	
%	Lower is better	PH STRWS 1	

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size