

## Students in grades 6 to 12 who report having felt nervous, anxious or on edge or having been unable to stop or control worrying almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of

Unit : %

|  | Academic Year<br>2023-2024 | Academic Year<br>2022-2023 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| <b>Province</b>                                  |                            |                            |                            |                            |
| New Brunswick                                    | 44.1                       | 50.1                       | 47.8                       | 37.7                       |
| <b>Health zones</b>                              |                            |                            |                            |                            |
| Zone 1 - Moncton and South-East Area             | 42.4                       | 47.4                       | 46.6                       | 37.5                       |
| Zone 2 - Fundy Shore and Saint John Area         | 46.1                       | 52.7                       | 50.1                       | 39.0                       |
| Zone 3 - Fredericton and River Valley Area       | 45.8                       | 52.6                       | 48.9                       | 38.3                       |
| Zone 4 - Madawaska and North-West Area           | 41.3                       | 45.7                       | 44.1                       | 31.5                       |
| Zone 5 - Restigouche Area                        | 45.1                       | 50.1                       | 47.7                       | 37.9                       |
| Zone 6 - Bathurst and Acadian Peninsula Area     | 41.0                       | 46.9                       | 44.7                       | 37.8                       |
| Zone 7 - Miramichi Area                          | 43.7                       | 52.4                       | 48.1                       | 37.6                       |
| <b>Communities</b>                               |                            |                            |                            |                            |
| Bathurst, Beresford, Petit-Rocher Area           | 42.7                       | 51.3                       | 47.3                       | 39.1                       |
| Bouctouche, Richibucto, Saint-Antoine Area       | 42.8                       | 47.9                       | 44.7                       | 39.2                       |
| Campbellton, Atholville, Tide Head Area          | 44.2                       | 48.8                       | 47.8                       | 36.0                       |
| Caraquet, Paquetville, Bertrand Area             | 38.3                       | 44.7                       | 38.3                       | 40.9                       |
| Dalhousie, Balmoral, Belledune Area              | 46.6                       | 52.0                       | 47.5                       | 40.6                       |
| Dieppe and Memramcook                            | 34.0                       | 38.1                       | 41.5                       | 33.3                       |
| Douglas, Saint Marys, Doaktown Area              | 49.4                       | 50.8                       | 47.2                       | 35.0                       |
| Edmundston, Rivière-Verte, Lac Baker Area        | 41.9                       | 46.3                       | 43.5                       | 33.0                       |
| Florenceville-Bristol, Woodstock, Wakefield Area | 44.1                       | 49.1                       | 48.4                       | 33.8                       |
| Fredericton                                      | 43.0                       | 51.5                       | 46.5                       | 39.4                       |

|  | Academic Year<br>2023-2024 | Academic Year<br>2022-2023 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Grand Bay-Westfield, Westfield, Greenwich Area     | n/a                        | n/a                        | 51.4                       | 29.3                       |
| Grand Falls, Saint-Léonard, Drummond Area          | 41.2                       | 46.9                       | 45.0                       | 32.5                       |
| Hillsborough, Riverside-Albert, Alma Area          | 48.9                       | 55.2                       | 60.0                       | 39.3                       |
| Kedgwick, Saint-Quentin and Grimmer                | 39.0                       | 39.6                       | 44.5                       | 23.9                       |
| Minto, Chipman, Cambridge-Narrows Area             | 53.5                       | 53.5                       | 50.1                       | 37.4                       |
| Miramichi, Rogersville, Blackville Area            | 43.3                       | 52.1                       | 47.7                       | 37.7                       |
| Moncton  | 42.7                       | 48.4                       | 46.9                       | 36.5                       |
| Nackawic, McAdam, Canterbury Area                  | 50.0                       | 54.5                       | 56.1                       | 38.3                       |
| Neguac, Alnwick, Esgenoopetitj Area                | 46.8                       | 55.4                       | 51.7                       | 36.4                       |
| New Maryland, Kingsclear, Lincoln Area             | 40.1                       | 46.1                       | 42.7                       | 34.8                       |
| Oromocto, Gagetown, Fredericton Junction Area      | 51.8                       | 56.6                       | 53.7                       | 43.6                       |
| Perth-Andover, Plaster Rock, Tobique Area          | 56.2                       | 64.3                       | 56.9                       | 31.9                       |
| Quispamsis, Rothesay, Hampton Area                 | 44.0                       | 49.9                       | 47.9                       | 35.9                       |
| Riverview and Coverdale                            | 45.8                       | 52.7                       | 51.1                       | 41.3                       |
| Sackville, Dorchester, Port Elgin Area             | 48.5                       | 51.9                       | 50.6                       | 38.6                       |
| Saint John, Simonds and Musquash                   | 46.5                       | 53.6                       | 51.0                       | 41.6                       |
| Salisbury and Petitcodiac                          | 48.0                       | 51.1                       | 48.6                       | 41.3                       |
| Shediac, Beaubassin East and Cap-Pelé              | 41.4                       | 44.7                       | 43.5                       | 38.2                       |
| Shippagan, Lamèque, Inkerman Area                  | 37.4                       | 41.9                       | 42.1                       | 35.6                       |
| St. George, Grand Manan, Blacks Harbour Area       | 46.3                       | 52.4                       | 49.8                       | 44.8                       |
| St. Stephen, Saint Andrews, Campobello Island Area | 47.2                       | 54.7                       | 49.6                       | 36.4                       |
| Sussex, Norton, Sussex Corner Area                 | 49.4                       | 54.8                       | 52.3                       | 38.9                       |
| Tracadie and Saint-Isidore                         | 41.8                       | 43.6                       | 45.4                       | 34.3                       |

## School districts

|  | Academic Year<br>2023-2024 | Academic Year<br>2022-2023 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Anglophone East School District          | 45.9                       | 51.7                       | 49.5                       | 38.4                       |
| Anglophone North School District         | 48.2                       | 55.1                       | 51.3                       | 41.9                       |
| Anglophone South School District         | 46.6                       | 53.1                       | 50.3                       | 39.4                       |
| Anglophone West School District          | 46.9                       | 53.2                       | 49.6                       | 38.2                       |
| Anglophone sector                        | 46.7                       | 53.0                       | 50.0                       | 39.1                       |
| District scolaire francophone Nord-Est   | 38.8                       | 45.0                       | 43.1                       | 35.8                       |
| District scolaire francophone Nord-Ouest | 39.4                       | 43.7                       | 43.6                       | 31.1                       |
| District scolaire francophone Sud        | 35.8                       | 40.6                       | 41.4                       | 34.7                       |
| Francophone sector                       | 37.3                       | 42.5                       | 42.3                       | 34.4                       |
| <b>Grades</b>                            |                            |                            |                            |                            |
| Grades 6 to 8                            | 38.9                       | 43.6                       | 41.9                       | 29.8                       |
| Grades 9 to 12                           | 47.7                       | 54.5                       | 52.1                       | 43.2                       |
| <b>Gender</b>                            |                            |                            |                            |                            |
| Female                                   | 54.7                       | 60.8                       | 58.7                       | n/a                        |
| Male                                     | 31.5                       | 36.6                       | 33.2                       | n/a                        |
| Non-binary                               | 70.2                       | 80.3                       | 79.8                       | n/a                        |
| <b>Sex at birth</b>                      |                            |                            |                            |                            |
| Female                                   | 56.2                       | 62.9                       | 61.4                       | 48.6                       |
| Male                                     | 31.1                       | 36.5                       | 33.1                       | 26.4                       |
| <b>2SLGBTQIA+ status</b>                 |                            |                            |                            |                            |
| 2SLGBTQIA+                               | 71.2                       | 72.5                       | 70.7                       | n/a                        |
| <b>Indigenous identity</b>               |                            |                            |                            |                            |
| Indigenous                               | 56.3                       | 62.5                       | 57.2                       | 44.5                       |

|                                   | Academic Year<br>2023-2024 | Academic Year<br>2022-2023 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 |
|-----------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <b>Immigrant</b>                  |                            |                            |                            |                            |
| Immigrants                        | 38.6                       | 44.2                       | 41.5                       | 33.5                       |
| <b>Disability or special need</b> |                            |                            |                            |                            |
| Disability or special need        | 57.8                       | n/a                        | n/a                        | n/a                        |
| <b>Racialized groups</b>          |                            |                            |                            |                            |
| Racialized groups                 | 39.9                       | n/a                        | n/a                        | n/a                        |

## About

This indicator is the percentage of students in grades 6 to 12 who report having felt nervous, anxious or on edge or having been unable to stop or control worrying almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of anxiety).

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: During the last 12 months, did you ever feel nervous, anxious or on edge or you were unable to stop or control worrying almost every day for two weeks or more in a row that you stopped doing some usual activities?

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

| Unit | Interpretation  | NBHC code  |
|------|-----------------|------------|
| %    | Lower is better | SH_ANX01_1 |

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size