

Students in grades 6 to 12 who reported having felt nervous, anxious or on edge or having been unable to stop or control worrying almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms o

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Province				
New Brunswick	45.0	44.1	50.1	47.8
Health zones				
Zone 1 - Moncton and South-East Area	42.3	42.4	47.4	46.6
Zone 2 - Fundy Shore and Saint John Area	47.1	46.1	52.7	50.1
Zone 3 - Fredericton and River Valley Area	48.3	45.8	52.6	48.9
Zone 4 - Madawaska and North-West Area	41.0	41.3	45.7	44.1
Zone 5 - Restigouche Area	45.9	45.1	50.1	47.7
Zone 6 - Bathurst and Acadian Peninsula Area	40.6	41.0	46.9	44.7
Zone 7 - Miramichi Area	48.2	43.7	52.4	48.1
Communities				
Bathurst, Beresford, Petit-Rocher Area	45.1	42.7	51.3	47.3
Bouctouche, Richibucto, Saint-Antoine Area	44.4	42.8	47.9	44.7
Campbellton, Atholville, Tide Head Area	43.3	44.2	48.8	47.8
Caraquet, Paquetville, Bertrand Area	36.7	38.3	44.7	38.3
Dalhousie, Balmoral, Belledune Area	49.6	46.6	52.0	47.5
Dieppe and Memramcook	34.1	34.0	38.1	41.5
Douglas, Saint Marys, Doaktown Area	53.4	49.4	50.8	47.2
Edmundston, Rivière-Verte, Lac Baker Area	40.2	41.9	46.3	43.5
Florenceville-Bristol, Woodstock, Wakefield Area	45.3	44.1	49.1	48.4
Fredericton	46.6	43.0	51.5	46.5

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Grand Falls, Saint-Léonard, Drummond Area	44.7	41.2	46.9	45.0
Hillsborough, Riverside-Albert, Alma Area	60.5	48.9	55.2	60.0
Kedgwick, Saint-Quentin and Grimmer	35.2	39.0	39.6	44.5
Minto, Chipman, Cambridge-Narrows Area	55.5	53.5	53.5	50.1
Miramichi, Rogersville, Blackville Area	48.8	43.3	52.1	47.7
Moncton	41.6	42.7	48.4	46.9
Nackawic, McAdam, Canterbury Area	50.2	50.0	54.5	56.1
Neguac, Alnwick, Esgenoopetitj Area	43.1	46.8	55.4	51.7
New Maryland, Kingsclear, Lincoln Area	43.2	40.1	46.1	42.7
Oromocto, Gagetown, Fredericton Junction Area	52.3	51.8	56.6	53.7
Perth-Andover, Plaster Rock, Tobique Area	54.2	56.2	64.3	56.9
Quispamsis, Rothesay, Hampton Area	44.6	44.0	49.9	47.9
Riverview and Coverdale	45.7	45.8	52.7	51.1
Sackville, Dorchester, Port Elgin Area	49.6	48.5	51.9	50.6
Saint John, Simonds and Musquash	47.8	46.5	53.6	51.0
Salisbury and Petitcodiac	50.0	48.0	51.1	48.6
Shediac, Beaubassin East and Cap-Pelé	40.4	41.4	44.7	43.5
Shippagan, Lamèque, Inkerman Area	36.2	37.4	41.9	42.1
St. George, Grand Manan, Blacks Harbour Area	48.4	46.3	52.4	49.8
St. Stephen, Saint Andrews, Campobello Island Area	50.0	47.2	54.7	49.6
Sussex, Norton, Sussex Corner Area	48.0	49.4	54.8	52.3
Tracadie and Saint-Isidore	37.6	41.8	43.6	45.4
School districts				
Anglophone East School District	46.2	45.9	51.7	49.5

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Anglophone North School District	52.0	48.2	55.1	51.3
Anglophone South School District	47.6	46.6	53.1	50.3
Anglophone West School District	48.7	46.9	53.2	49.6
Anglophone sector	48.1	46.7	53.0	50.0
District scolaire francophone Nord-Est	38.0	38.8	45.0	43.1
District scolaire francophone Nord-Ouest	39.1	39.4	43.7	43.6
District scolaire francophone Sud	35.1	35.8	40.6	41.4
Francophone sector	36.8	37.3	42.5	42.3
Grades				
Grades 6 to 8	39.9	38.9	43.6	41.9
Grades 9 to 12	48.7	47.7	54.5	52.1
Gender				
Female	54.1	54.7	60.8	58.7
Male	33.9	31.5	36.6	33.2
Non-binary	73.4	70.2	80.3	79.8
Sex at birth				
Female	55.5	56.2	62.9	61.4
Male	33.7	31.1	36.5	33.1
2SLGBTQIA+ status				
2SLGBTQIA+	71.0	71.2	72.5	70.7
Indigenous identity				
Indigenous	58.2	56.3	62.5	57.2
Immigrant				

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Immigrants	40.0	38.6	44.2	41.5
Disability or special need				
Disability or special need	59.1	57.8	n/a	n/a
Racialized groups				
Racialized groups	41.0	39.9	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported having felt nervous, anxious or on edge or having been unable to stop or control worrying almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of anxiety).

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: During the last 12 months, did you ever feel nervous, anxious or on edge or you were unable to stop or control worrying almost every day for two weeks or more in a row that you stopped doing some usual activities?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_ANX01_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size