

Students in grades 6 to 12 who report having felt nervous, anxious or on edge or having been unable to stop or control worrying almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of

Unit: %

Onit . 70	Academic Year 2023-2024	Academic Year 2022-2023		Academic Year 2018-2019
Province				
New Brunswick	44.1	50.1	47.8	37.7
Health zones				
Zone 1 - Moncton and South-East Area	42.4	47.4	46.6	37.5
Zone 2 - Fundy Shore and Saint John Area	46.1	52.7	50.1	39.0
Zone 3 - Fredericton and River Valley Area	45.8	52.6	48.9	38.3
Zone 4 - Madawaska and North-West Area	41.3	45.7	44.1	31.5
Zone 5 - Restigouche Area	45.1	50.1	47.7	37.9
Zone 6 - Bathurst and Acadian Peninsula Area	41.0	46.9	44.7	37.8
Zone 7 - Miramichi Area	43.7	52.4	48.1	37.6
Communities				
Bathurst, Beresford, Petit-Rocher Area	42.7	51.3	47.3	39.1
Bouctouche, Richibucto, Saint-Antoine Area	42.8	47.9	44.7	39.2
Campbellton, Atholville, Tide Head Area	44.2	48.8	47.8	36.0
Caraquet, Paquetville, Bertrand Area	38.3	44.7	38.3	40.9
Dalhousie, Balmoral, Belledune Area	46.6	52.0	47.5	40.6
Dieppe and Memramcook	34.0	38.1	41.5	33.3
Douglas, Saint Marys, Doaktown Area	49.4	50.8	47.2	35.0
Edmundston, Rivière-Verte, Lac Baker Area	41.9	46.3	43.5	33.0
Florenceville-Bristol, Woodstock, Wakefield Area	44.1	49.1	48.4	33.8



Grand Bay-Westfield, Westfield, Greenwich Area n/a n/a 51.4 29.3 Grand Falls, Saint-Léonard, Drummond Area 41.2 46.9 45.0 32.5 Hillsborough, Riverside-Albert, Alma Area 48.9 55.2 60.0 39.3 Kedgwick, Saint-Quentin and Grimmer 39.0 39.6 44.5 23.9 Minto, Chipman, Cambridge-Narrows Area 53.5 53.5 50.1 37.4 Miramichi, Rogersville, Blackville Area 43.3 52.1 47.7 37.7 Moncton 42.7 48.4 46.9 36.5 Nackawic, McAdam, Canterbury Area 50.0 54.5 56.1 38.3 Neguac, Almwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4 New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.8 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 46.2 64.3 56.9 31.9 Riverview and Coverdale 45.8 52.7 5		Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	
Hillsborough, Riverside-Albert, Alma Area 48.9 55.2 60.0 39.3 Kedgwick, Saint-Quentin and Grimmer 39.0 39.6 44.5 23.9 Minto, Chipman, Cambridge-Narrows Area 53.5 53.5 50.1 37.4 Miramichi, Rogersville, Blackville Area 43.3 52.1 47.7 37.7 Moncton 42.7 48.4 46.9 36.5 Nackawic, McAdam, Canterbury Area 50.0 54.5 56.1 38.3 Neguac, Alnwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4 New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6<	Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	51.4	29.3
Kedgwick, Saint-Quentin and Grimmer 39.0 39.6 44.5 23.9 Minto, Chipman, Cambridge-Narrows Area 53.5 53.5 50.1 37.4 Miramichi, Rogersville, Blackville Area 43.3 52.1 47.7 37.7 Moncton 42.7 48.4 46.9 36.5 Nackawic, McAdam, Canterbury Area 50.0 54.5 56.1 38.3 Neguac, Alnwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4 New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 <td>Grand Falls, Saint-Léonard, Drummond Area</td> <td>41.2</td> <td>46.9</td> <td>45.0</td> <td>32.5</td>	Grand Falls, Saint-Léonard, Drummond Area	41.2	46.9	45.0	32.5
Minto, Chipman, Cambridge-Narrows Area 53.5 53.5 50.1 37.4 Miramichi, Rogersville, Blackville Area 43.3 52.1 47.7 37.7 Moncton 42.7 48.4 46.9 36.5 Nackawic, McAdam, Canterbury Area 50.0 54.5 56.1 38.3 Neguac, Alnwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4 New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3	Hillsborough, Riverside-Albert, Alma Area	48.9	55.2	60.0	39.3
Miramichi, Rogersville, Blackville Area 43.3 52.1 47.7 37.7 Moncton 42.7 48.4 46.9 36.5 Nackawic, McAdam, Canterbury Area 50.0 54.5 56.1 38.3 Neguac, Alnwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4 New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Laméque, Inkerman Area 37.4 41.9 42.1	Kedgwick, Saint-Quentin and Grimmer	39.0	39.6	44.5	23.9
Moncton 42.7 48.4 46.9 36.5 Nackawic, McAdam, Canterbury Area 50.0 54.5 56.1 38.3 Neguac, Alnwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4 New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 <td>Minto, Chipman, Cambridge-Narrows Area</td> <td>53.5</td> <td>53.5</td> <td>50.1</td> <td>37.4</td>	Minto, Chipman, Cambridge-Narrows Area	53.5	53.5	50.1	37.4
Nackawic, McAdam, Canterbury Area 50.0 54.5 56.1 38.3 Neguac, Alnwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4 New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area	Miramichi, Rogersville, Blackville Area	43.3	52.1	47.7	37.7
Neguac, Alnwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4 New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area	Moncton	42.7	48.4	46.9	36.5
New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8 Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Nackawic, McAdam, Canterbury Area	50.0	54.5	56.1	38.3
Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6 Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Neguac, Alnwick, Esgenoopetitj Area	46.8	55.4	51.7	36.4
Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9 Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	New Maryland, Kingsclear, Lincoln Area	40.1	46.1	42.7	34.8
Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9 Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Oromocto, Gagetown, Fredericton Junction Area	51.8	56.6	53.7	43.6
Riverview and Coverdale 45.8 52.7 51.1 41.3 Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Perth-Andover, Plaster Rock, Tobique Area	56.2	64.3	56.9	31.9
Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6 Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Quispamsis, Rothesay, Hampton Area	44.0	49.9	47.9	35.9
Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6 Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Riverview and Coverdale	45.8	52.7	51.1	41.3
Salisbury and Petitcodiac 48.0 51.1 48.6 41.3 Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Sackville, Dorchester, Port Elgin Area	48.5	51.9	50.6	38.6
Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2 Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Saint John, Simonds and Musquash	46.5	53.6	51.0	41.6
Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Salisbury and Petitcodiac	48.0	51.1	48.6	41.3
St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Shediac, Beaubassin East and Cap-Pelé	41.4	44.7	43.5	38.2
St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Shippagan, Lamèque, Inkerman Area	37.4	41.9	42.1	35.6
Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	St. George, Grand Manan, Blacks Harbour Area	46.3	52.4	49.8	44.8
	St. Stephen, Saint Andrews, Campobello Island Area	a 47.2	54.7	49.6	36.4
Tracadie and Saint-Isidore 41.8 43.6 45.4 34.3	Sussex, Norton, Sussex Corner Area	49.4	54.8	52.3	38.9
	Tracadie and Saint-Isidore	41.8	43.6	45.4	34.3

School districts



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	
Anglophone East School District	45.9	51.7	49.5	38.4
Anglophone North School District	48.2	55.1	51.3	41.9
Anglophone South School District	46.6	53.1	50.3	39.4
Anglophone West School District	46.9	53.2	49.6	38.2
Anglophone sector	46.7	53.0	50.0	39.1
District scolaire francophone Nord-Est	38.8	45.0	43.1	35.8
District scolaire francophone Nord-Ouest	39.4	43.7	43.6	31.1
District scolaire francophone Sud	35.8	40.6	41.4	34.7
Francophone sector	37.3	42.5	42.3	34.4
Grades				
Grades 6 to 8	38.9	43.6	41.9	29.8
Grades 9 to 12	47.7	54.5	52.1	43.2
Gender				
Female	54.7	60.8	58.7	n/a
Male	31.5	36.6	33.2	n/a
Non-binary	70.2	80.3	79.8	n/a
Sex at birth				
Female	56.2	62.9	61.4	48.6
Male	31.1	36.5	33.1	26.4
2SLGBTQIA+ status				
2SLGBTQIA+	71.2	72.5	70.7	n/a
Indigenous identity				
Indigenous	56.3	62.5	57.2	44.5



	Academic Year 2023-2024	Academic Year 2022-2023		
Immigrant				
Immigrants	38.6	44.2	41.5	33.5
Disability or special need				
Disability or special need	57.8	n/a	n/a	n/a
Racialized groups				
Racialized groups	39.9	n/a	n/a	n/a



About

This indicator is the percentage of students in grades 6 to 12 who report having felt nervous, anxious or on edge or having been unable to stop or control worrying almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of anxiety).

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: During the last 12 months, did you ever feel nervous, anxious or on edge or you were unable to stop or control worrying almost every day for two weeks or more in a row that you stopped doing some usual activities?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_ANX01_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size