

Students in grades 6 to 12 who report having felt nervous, anxious or on edge or having been unable to stop or control worrying almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of

Unit: %

Onit . 70	Academic Year 2023-2024	Academic Year 2022-2023		Academic Year 2018-2019
Province				
New Brunswick	44.1	50.1	47.8	37.7
Health zones				
Zone 1 - Moncton and South-East Area	42.4	47.4	46.6	37.5
Zone 2 - Fundy Shore and Saint John Area	46.1	52.7	50.1	39.0
Zone 3 - Fredericton and River Valley Area	45.8	52.6	48.9	38.3
Zone 4 - Madawaska and North-West Area	41.3	45.7	44.1	31.5
Zone 5 - Restigouche Area	45.1	50.1	47.7	37.9
Zone 6 - Bathurst and Acadian Peninsula Area	41.0	46.9	44.7	37.8
Zone 7 - Miramichi Area	43.7	52.4	48.1	37.6
Communities				
Bathurst, Beresford, Petit-Rocher Area	42.7	51.3	47.3	39.1
Bouctouche, Richibucto, Saint-Antoine Area	42.8	47.9	44.7	39.2
Campbellton, Atholville, Tide Head Area	44.2	48.8	47.8	36.0
Caraquet, Paquetville, Bertrand Area	38.3	44.7	38.3	40.9
Dalhousie, Balmoral, Belledune Area	46.6	52.0	47.5	40.6
Dieppe and Memramcook	34.0	38.1	41.5	33.3
Douglas, Saint Marys, Doaktown Area	49.4	50.8	47.2	35.0
Edmundston, Rivière-Verte, Lac Baker Area	41.9	46.3	43.5	33.0
Florenceville-Bristol, Woodstock, Wakefield Area	44.1	49.1	48.4	33.8



Grand Bay-Westfield, Westfield, Greenwich Area         n/a         n/a         51.4         29.3           Grand Falls, Saint-Leónard, Drummond Area         41.2         46.9         45.0         32.5           Hillsborough, Riverside-Albert, Alma Area         48.9         55.2         60.0         39.3           Kedgwick, Saint-Quentin and Grimmer         39.0         39.6         44.5         23.9           Minto, Chipman, Cambridge-Narrows Area         53.5         53.5         50.1         37.4           Miramichi, Rogersville, Blackville Area         43.3         52.1         47.7         37.7           Moncton         42.7         48.4         46.9         36.5           Nackawic, McAdam, Canterbury Area         50.0         54.5         56.1         38.3           Neguac, Alnwick, Esgenoopetitj Area         46.8         55.4         51.7         36.4           New Maryland, Kingsclear, Lincoln Area         40.1         46.1         42.7         34.8           Oromocto, Gagetown, Fredericton Junction Area         56.2         64.3         56.9         31.9           Quispamsis, Rothesay, Hampton Area         44.0         49.9         47.9         35.9           Riverview and Coverdale         45.8         52.7         51.1 <th></th> <th>Academic Year 2023-2024</th> <th>Academic Year 2022-2023</th> <th>Academic Year 2021-2022</th> <th>Academic Year 2018-2019</th>		Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Grand Falls, Saint-Léonard, Drummond Area       41.2       46.9       45.0       32.5         Hillsborough, Riverside-Albert, Alma Area       48.9       55.2       60.0       39.3         Kedgwick, Saint-Quentin and Grimmer       39.0       39.6       44.5       23.9         Minto, Chipman, Cambridge-Narrows Area       53.5       53.5       50.1       37.4         Miramichi, Rogersville, Blackville Area       43.3       52.1       47.7       37.7         Moncton       42.7       48.4       46.9       36.5         Nackawic, McAdam, Canterbury Area       50.0       54.5       56.1       38.3         Neguac, Alnwick, Esgenoopetitj Area       46.8       55.4       51.7       36.4         New Maryland, Kingsclear, Lincoln Area       40.1       46.1       42.7       34.8         Oromocto, Gagetown, Fredericton Junction Area       51.8       56.6       53.7       43.6         Perth-Andover, Plaster Rock, Tobique Area       56.2       64.3       56.9       31.9         Riverview and Coverdale       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Salisbury and Petitcodiac       48.0       51.1<	-	n/a	n/a	51.4	29.3
Hillsborough, Riverside-Albert, Alma Area       48.9       55.2       60.0       39.3         Kedgwick, Saint-Quentin and Grimmer       39.0       39.6       44.5       23.9         Minto, Chipman, Cambridge-Narrows Area       53.5       53.5       50.1       37.4         Miramichi, Rogersville, Blackville Area       43.3       52.1       47.7       37.7         Moncton       42.7       48.4       46.9       36.5         Nackawic, McAdam, Canterbury Area       50.0       54.5       56.1       38.3         Neguac, Alnwick, Esgenoopetitj Area       46.8       55.4       51.7       36.4         New Maryland, Kingsclear, Lincoln Area       40.1       46.1       42.7       34.8         Oromocto, Gagetown, Fredericton Junction Area       51.8       56.6       53.7       43.6         Perth-Andover, Plaster Rock, Tobique Area       56.2       64.3       56.9       31.9         Quispamsis, Rothesay, Hampton Area       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Salist John, Simonds and Musquash       46.5       53.6       51.0       41.6         Shediac, Beaubassin East and Cap-Pelé       41.4		41.2	46.9	45.0	32.5
Kedgwick, Saint-Quentin and Grimmer       39.0       39.6       44.5       23.9         Minto, Chipman, Cambridge-Narrows Area       53.5       53.5       50.1       37.4         Miramichi, Rogersville, Blackville Area       43.3       52.1       47.7       37.7         Moncton       42.7       48.4       46.9       36.5         Nackawic, McAdam, Canterbury Area       50.0       54.5       56.1       38.3         Neguac, Alnwick, Esgenoopetitj Area       46.8       55.4       51.7       36.4         New Maryland, Kingsclear, Lincoln Area       40.1       46.1       42.7       34.8         Oromocto, Gagetown, Fredericton Junction Area       51.8       56.6       53.7       43.6         Perth-Andover, Plaster Rock, Tobique Area       56.2       64.3       56.9       31.9         Quispamsis, Rothesay, Hampton Area       45.8       52.7       51.1       41.3         Sackwille, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shedjagan, Laméque, Inkerman Area       46.3 <td< td=""><td>Hillsborough, Riverside-Albert, Alma Area</td><td>48.9</td><td>55.2</td><td>60.0</td><td>39.3</td></td<>	Hillsborough, Riverside-Albert, Alma Area	48.9	55.2	60.0	39.3
Miramichi, Rogersville, Blackville Area 43.3 52.1 47.7 37.7  Moncton 42.7 48.4 46.9 36.5  Nackawic, McAdam, Canterbury Area 50.0 54.5 56.1 38.3  Neguac, Alnwick, Esgenoopetitj Area 46.8 55.4 51.7 36.4  New Maryland, Kingsclear, Lincoln Area 40.1 46.1 42.7 34.8  Oromocto, Gagetown, Fredericton Junction Area 51.8 56.6 53.7 43.6  Perth-Andover, Plaster Rock, Tobique Area 56.2 64.3 56.9 31.9  Quispamsis, Rothesay, Hampton Area 44.0 49.9 47.9 35.9  Riverview and Coverdale 45.8 52.7 51.1 41.3  Sackville, Dorchester, Port Elgin Area 48.5 51.9 50.6 38.6  Saint John, Simonds and Musquash 46.5 53.6 51.0 41.6  Salisbury and Petitcodiac 48.0 51.1 48.6 41.3  Shediac, Beaubassin East and Cap-Pelé 41.4 44.7 43.5 38.2  Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6  St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8  St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4  Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9		39.0	39.6	44.5	23.9
Moncton         42.7         48.4         46.9         36.5           Nackawic, McAdam, Canterbury Area         50.0         54.5         56.1         38.3           Neguac, Alnwick, Esgenoopetitj Area         46.8         55.4         51.7         36.4           New Maryland, Kingsclear, Lincoln Area         40.1         46.1         42.7         34.8           Oromocto, Gagetown, Fredericton Junction Area         51.8         56.6         53.7         43.6           Perth-Andover, Plaster Rock, Tobique Area         56.2         64.3         56.9         31.9           Quispamsis, Rothesay, Hampton Area         44.0         49.9         47.9         35.9           Riverview and Coverdale         45.8         52.7         51.1         41.3           Sackville, Dorchester, Port Elgin Area         48.5         51.9         50.6         38.6           Saint John, Simonds and Musquash         46.5         53.6         51.0         41.6           Salisbury and Petitcodiac         48.0         51.1         48.6         41.3           Shediac, Beaubassin East and Cap-Pelé         41.4         44.7         43.5         38.2           Shippagan, Lamèque, Inkerman Area         37.4         41.9         42.1         35.6 <td>Minto, Chipman, Cambridge-Narrows Area</td> <td>53.5</td> <td>53.5</td> <td>50.1</td> <td>37.4</td>	Minto, Chipman, Cambridge-Narrows Area	53.5	53.5	50.1	37.4
Nackawic, McAdam, Canterbury Area       50.0       54.5       56.1       38.3         Neguac, Alnwick, Esgenoopetitj Area       46.8       55.4       51.7       36.4         New Maryland, Kingsclear, Lincoln Area       40.1       46.1       42.7       34.8         Oromocto, Gagetown, Fredericton Junction Area       51.8       56.6       53.7       43.6         Perth-Andover, Plaster Rock, Tobique Area       56.2       64.3       56.9       31.9         Quispamsis, Rothesay, Hampton Area       44.0       49.9       47.9       35.9         Riverview and Coverdale       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area	Miramichi, Rogersville, Blackville Area	43.3	52.1	47.7	37.7
Neguac, Alnwick, Esgenoopetitj Area       46.8       55.4       51.7       36.4         New Maryland, Kingsclear, Lincoln Area       40.1       46.1       42.7       34.8         Oromocto, Gagetown, Fredericton Junction Area       51.8       56.6       53.7       43.6         Perth-Andover, Plaster Rock, Tobique Area       56.2       64.3       56.9       31.9         Quispamsis, Rothesay, Hampton Area       44.0       49.9       47.9       35.9         Riverview and Coverdale       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Salist John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area	Moncton	42.7	48.4	46.9	36.5
New Maryland, Kingsclear, Lincoln Area       40.1       46.1       42.7       34.8         Oromocto, Gagetown, Fredericton Junction Area       51.8       56.6       53.7       43.6         Perth-Andover, Plaster Rock, Tobique Area       56.2       64.3       56.9       31.9         Quispamsis, Rothesay, Hampton Area       44.0       49.9       47.9       35.9         Riverview and Coverdale       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	Nackawic, McAdam, Canterbury Area	50.0	54.5	56.1	38.3
Oromocto, Gagetown, Fredericton Junction Area       51.8       56.6       53.7       43.6         Perth-Andover, Plaster Rock, Tobique Area       56.2       64.3       56.9       31.9         Quispamsis, Rothesay, Hampton Area       44.0       49.9       47.9       35.9         Riverview and Coverdale       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	Neguac, Alnwick, Esgenoopetitj Area	46.8	55.4	51.7	36.4
Perth-Andover, Plaster Rock, Tobique Area       56.2       64.3       56.9       31.9         Quispamsis, Rothesay, Hampton Area       44.0       49.9       47.9       35.9         Riverview and Coverdale       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	New Maryland, Kingsclear, Lincoln Area	40.1	46.1	42.7	34.8
Quispamsis, Rothesay, Hampton Area       44.0       49.9       47.9       35.9         Riverview and Coverdale       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	Oromocto, Gagetown, Fredericton Junction Area	51.8	56.6	53.7	43.6
Riverview and Coverdale       45.8       52.7       51.1       41.3         Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	Perth-Andover, Plaster Rock, Tobique Area	56.2	64.3	56.9	31.9
Sackville, Dorchester, Port Elgin Area       48.5       51.9       50.6       38.6         Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	Quispamsis, Rothesay, Hampton Area	44.0	49.9	47.9	35.9
Saint John, Simonds and Musquash       46.5       53.6       51.0       41.6         Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	Riverview and Coverdale	45.8	52.7	51.1	41.3
Salisbury and Petitcodiac       48.0       51.1       48.6       41.3         Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	Sackville, Dorchester, Port Elgin Area	48.5	51.9	50.6	38.6
Shediac, Beaubassin East and Cap-Pelé       41.4       44.7       43.5       38.2         Shippagan, Lamèque, Inkerman Area       37.4       41.9       42.1       35.6         St. George, Grand Manan, Blacks Harbour Area       46.3       52.4       49.8       44.8         St. Stephen, Saint Andrews, Campobello Island Area       47.2       54.7       49.6       36.4         Sussex, Norton, Sussex Corner Area       49.4       54.8       52.3       38.9	Saint John, Simonds and Musquash	46.5	53.6	51.0	41.6
Shippagan, Lamèque, Inkerman Area 37.4 41.9 42.1 35.6 St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Salisbury and Petitcodiac	48.0	51.1	48.6	41.3
St. George, Grand Manan, Blacks Harbour Area 46.3 52.4 49.8 44.8 St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Shediac, Beaubassin East and Cap-Pelé	41.4	44.7	43.5	38.2
St. Stephen, Saint Andrews, Campobello Island Area 47.2 54.7 49.6 36.4 Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	Shippagan, Lamèque, Inkerman Area	37.4	41.9	42.1	35.6
Sussex, Norton, Sussex Corner Area 49.4 54.8 52.3 38.9	St. George, Grand Manan, Blacks Harbour Area	46.3	52.4	49.8	44.8
	St. Stephen, Saint Andrews, Campobello Island Area	a <b>47.2</b>	54.7	49.6	36.4
Tracadie and Saint-Isidore 41.8 43.6 45.4 34.3	Sussex, Norton, Sussex Corner Area	49.4	54.8	52.3	38.9
	Tracadie and Saint-Isidore	41.8	43.6	45.4	34.3

# **School districts**



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone East School District	45.9	51.7	49.5	38.4
Anglophone North School District	48.2	55.1	51.3	41.9
Anglophone South School District	46.6	53.1	50.3	39.4
Anglophone West School District	46.9	53.2	49.6	38.2
Anglophone sector	46.7	53.0	50.0	39.1
District scolaire francophone Nord-Est	38.8	45.0	43.1	35.8
District scolaire francophone Nord-Ouest	39.4	43.7	43.6	31.1
District scolaire francophone Sud	35.8	40.6	41.4	34.7
Francophone sector	37.3	42.5	42.3	34.4
Grades				
Grades 6 to 8	38.9	43.6	41.9	29.8
Grades 9 to 12	47.7	54.5	52.1	43.2
Gender				
Female	54.7	60.8	58.7	n/a
Male	31.5	36.6	33.2	n/a
Non-binary	70.2	80.3	79.8	n/a
Sex at birth				
Female	56.2	62.9	61.4	48.6
Male	31.1	36.5	33.1	26.4
2SLGBTQIA+ status				
2SLGBTQIA+	71.2	72.5	70.7	n/a
Indigenous identity				
Indigenous	56.3	62.5	57.2	44.5



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Immigrant				
Immigrants	38.6	44.2	41.5	33.5
Disability or special need				
Disability or special need	57.8	n/a	n/a	n/a
Racialized groups				
Racialized groups	39.9	n/a	n/a	n/a



## **About**

This indicator is the percentage of students in grades 6 to 12 who report having felt nervous, anxious or on edge or having been unable to stop or control worrying almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of anxiety).

### Source

Student Wellness and Education Survey - Grades 6-12

# **Calculations**

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: During the last 12 months, did you ever feel nervous, anxious or on edge or you were unable to stop or control worrying almost every day for two weeks or more in a row that you stopped doing some usual activities?

### **Notes**

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_ANX01_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size