Students in grades 6 to 12 who reported having felt so sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of depression)

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	**34.8**	**39.4**	**36.8**	**44.7**
Health zones				
Zone 1 - Moncton and South-East Area	**32.4**	**36.3**	**34.6**	**41.7**
Zone 2 - Fundy Shore and Saint John Area	**36.7**	**42.1**	**40.0**	**48.4**
Zone 3 - Fredericton and River Valley Area	**37.4**	**43.1**	**39.1**	**48.4**
Zone 4 - Madawaska and North-West Area	S	**34.3**	**31.8**	**35.7**
Zone 5 - Restigouche Area	**35.2**	**40.4**	**37.4**	**43.5**
Zone 6 - Bathurst and Acadian Peninsula Area	**30.4**	**34.6**	**31.7**	**40.0**
Zone 7 - Miramichi Area	**37.9**	**42.7**	**38.0**	**47.0**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**33.4**	**39.6**	**34.6**	**45.1**
Bouctouche, Richibucto, Saint-Antoine Area	**33.9**	**37.7**	**34.6**	**41.7**
Campbellton, Atholville, Tide Head Area	**35.4**	**39.0**	**35.9**	**42.6**
Caraquet, Paquetville, Bertrand Area	**26.6**	**29.9**	**28.9**	**37.5**
Dalhousie, Balmoral, Belledune Area	**34.9**	**42.3**	**39.5**	**44.8**
Dieppe and Memramcook	**21.9**	**24.8**	**21.9**	**29.1**
Douglas, Saint Marys, Doaktown Area	**41.4**	**46.0**	**43.3**	**50.2**
Edmundston, Rivière-Verte, Lac Baker Area	S	**33.6**	**31.1**	**35.5**
Florenceville-Bristol, Woodstock, Wakefield Area	**36.4**	**38.5**	**35.7**	**45.9**
Fredericton	**35.2**	**41.4**	**37.0**	**46.9**

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	n/a	n/a
Grand Falls, Saint-Léonard, Drummond Area	**32.5**	**37.0**	**33.4**	**37.2**
Hillsborough, Riverside-Albert, Alma Area	**49.5**	**51.3**	**44.3**	**53.9**
Kedgwick, Saint-Quentin and Grimmer	S	**30.2**	**30.4**	**32.8**
Minto, Chipman, Cambridge-Narrows Area	**45.0**	**50.3**	**50.1**	**54.4**
Miramichi, Rogersville, Blackville Area	**38.0**	**43.1**	**37.9**	**46.8**
Moncton	**33.5**	**37.1**	**36.1**	**43.5**
Nackawic, McAdam, Canterbury Area	**41.3**	**44.0**	**40.7**	**50.9**
Neguac, Alnwick, Esgenoopetitj Area	**36.6**	**38.8**	**38.8**	**48.8**
New Maryland, Kingsclear, Lincoln Area	**30.7**	**40.1**	**30.4**	**39.2**
Oromocto, Gagetown, Fredericton Junction Area	**42.0**	**47.8**	**44.2**	**51.9**
Perth-Andover, Plaster Rock, Tobique Area	**45.4**	**53.2**	**49.6**	**56.4**
Quispamsis, Rothesay, Hampton Area	**33.3**	**38.8**	**36.5**	**42.9**
Riverview and Coverdale	**35.8**	**40.0**	**40.6**	**48.8**
Sackville, Dorchester, Port Elgin Area	**37.1**	**43.5**	**38.6**	**45.7**
Saint John, Simonds and Musquash	**37.7**	**43.0**	**41.7**	**50.2**
Salisbury and Petitcodiac	**39.4**	**45.0**	**41.2**	**48.7**
Shediac, Beaubassin East and Cap-Pelé	**26.1**	**30.0**	**30.7**	**35.3**
Shippagan, Lamèque, Inkerman Area	**27.4**	**28.7**	**29.3**	**34.8**
St. George, Grand Manan, Blacks Harbour Area	**41.3**	**45.0**	**42.7**	**51.9**
St. Stephen, Saint Andrews, Campobello Island Area	**40.4**	**46.4**	**40.0**	**51.7**
Sussex, Norton, Sussex Corner Area	**36.5**	**42.1**	**40.9**	**50.7**
Tracadie and Saint-Isidore	**29.1**	**32.1**	**29.3**	**35.9**

School districts

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone East School District	**38.4**	**41.7**	**40.5**	**48.4**
Anglophone North School District	**41.6**	**47.9**	**43.6**	**52.0**
Anglophone South School District	**37.2**	**42.7**	**40.6**	**49.0**
Anglophone West School District	**39.0**	**43.8**	**40.4**	**49.0**
Anglophone sector	**38.6**	**43.4**	**40.8**	**49.2**
District scolaire francophone Nord-Est	**28.3**	**31.6**	**29.1**	**37.2**
District scolaire francophone Nord-Ouest	S	**31.1**	**29.5**	**33.4**
District scolaire francophone Sud	**21.9**	**26.0**	**24.4**	**30.6**
Francophone sector	**25.1**	**28.7**	**26.7**	**33.1**
Grades				
Grades 6 to 8	**29.4**	**33.8**	**31.3**	**37.8**
Grades 9 to 12	**38.6**	**43.5**	**40.7**	**49.6**
Gender				
Female	**41.6**	**45.7**	**44.5**	**52.0**
Male	**25.9**	**30.7**	**26.9**	**34.0**
Non-binary	**62.9**	**73.4**	**68.8**	**78.2**
Sex at birth				
Female	**43.3**	**47.4**	**46.3**	**54.9**
Male	**25.6**	**30.6**	**26.6**	**33.8**
2SLGBTQIA+ status				
2SLGBTQIA+	**63.5**	**67.2**	**65.0**	**68.2**
Indigenous identity				
Indigenous	**46.7**	**53.8**	**50.7**	**59.1**

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Immigrant				
Immigrants	**32.7**	**37.5**	**35.4**	**43.3**
Disability or special need				
Disability or special need	**50.5**	**54.6**	**52.4**	n/a
Racialized groups				
Racialized groups	**34.6**	**39.0**	**36.5**	n/a
Socioeconomic status				
High socioeconomic status	**28.3**	n/a	n/a	n/a
Low socioeconomic status	**44.0**	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported having felt so sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of depression).

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: During the last 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_DEP01_1

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size