

Students in grades 6 to 12 who reported having felt so sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of depression)

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	34.8	39.4	36.8	44.7
Health zones				
Zone 1 - Moncton and South-East Area	32.4	36.3	34.6	41.7
Zone 2 - Fundy Shore and Saint John Area	36.7	42.1	40.0	48.4
Zone 3 - Fredericton and River Valley Area	37.4	43.1	39.1	48.4
Zone 4 - Madawaska and North-West Area	S	34.3	31.8	35.7
Zone 5 - Restigouche Area	35.2	40.4	37.4	43.5
Zone 6 - Bathurst and Acadian Peninsula Area	30.4	34.6	31.7	40.0
Zone 7 - Miramichi Area	37.9	42.7	38.0	47.0
Communities				
Bathurst, Beresford, Petit-Rocher Area	33.4	39.6	34.6	45.1
Bouctouche, Richibucto, Saint-Antoine Area	33.9	37.7	34.6	41.7
Campbellton, Atholville, Tide Head Area	35.4	39.0	35.9	42.6
Caraquet, Paquetville, Bertrand Area	26.6	29.9	28.9	37.5
Dalhousie, Balmoral, Belledune Area	34.9	42.3	39.5	44.8
Dieppe and Memramcook	21.9	24.8	21.9	29.1
Douglas, Saint Marys, Doaktown Area	41.4	46.0	43.3	50.2
Edmundston, Rivière-Verte, Lac Baker Area	S	33.6	31.1	35.5
Florenceville-Bristol, Woodstock, Wakefield Area	36.4	38.5	35.7	45.9
Fredericton	35.2	41.4	37.0	46.9

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	n/a	n/a
Grand Falls, Saint-Léonard, Drummond Area	32.5	37.0	33.4	37.2
Hillsborough, Riverside-Albert, Alma Area	49.5	51.3	44.3	53.9
Kedgwick, Saint-Quentin and Grimmer	S	30.2	30.4	32.8
Minto, Chipman, Cambridge-Narrows Area	45.0	50.3	50.1	54.4
Miramichi, Rogersville, Blackville Area	38.0	43.1	37.9	46.8
Moncton	33.5	37.1	36.1	43.5
Nackawic, McAdam, Canterbury Area	41.3	44.0	40.7	50.9
Neguac, Alnwick, Esgenoopetitj Area	36.6	38.8	38.8	48.8
New Maryland, Kingsclear, Lincoln Area	30.7	40.1	30.4	39.2
Oromocto, Gagetown, Fredericton Junction Area	42.0	47.8	44.2	51.9
Perth-Andover, Plaster Rock, Tobique Area	45.4	53.2	49.6	56.4
Quispamsis, Rothesay, Hampton Area	33.3	38.8	36.5	42.9
Riverview and Coverdale	35.8	40.0	40.6	48.8
Sackville, Dorchester, Port Elgin Area	37.1	43.5	38.6	45.7
Saint John, Simonds and Musquash	37.7	43.0	41.7	50.2
Salisbury and Petitcodiac	39.4	45.0	41.2	48.7
Shediac, Beaubassin East and Cap-Pelé	26.1	30.0	30.7	35.3
Shippagan, Lamèque, Inkerman Area	27.4	28.7	29.3	34.8
St. George, Grand Manan, Blacks Harbour Area	41.3	45.0	42.7	51.9
St. Stephen, Saint Andrews, Campobello Island Area	40.4	46.4	40.0	51.7
Sussex, Norton, Sussex Corner Area	36.5	42.1	40.9	50.7
Tracadie and Saint-Isidore	29.1	32.1	29.3	35.9

School districts

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone East School District	38.4	41.7	40.5	48.4
Anglophone North School District	41.6	47.9	43.6	52.0
Anglophone South School District	37.2	42.7	40.6	49.0
Anglophone West School District	39.0	43.8	40.4	49.0
Anglophone sector	38.6	43.4	40.8	49.2
District scolaire francophone Nord-Est	28.3	31.6	29.1	37.2
District scolaire francophone Nord-Ouest	S	31.1	29.5	33.4
District scolaire francophone Sud	21.9	26.0	24.4	30.6
Francophone sector	25.1	28.7	26.7	33.1
Grades				
Grades 6 to 8	29.4	33.8	31.3	37.8
Grades 9 to 12	38.6	43.5	40.7	49.6
Gender				
Female	41.6	45.7	44.5	52.0
Male	25.9	30.7	26.9	34.0
Non-binary	62.9	73.4	68.8	78.2
Sex at birth				
Female	43.3	47.4	46.3	54.9
Male	25.6	30.6	26.6	33.8
2SLGBTQIA+ status				
2SLGBTQIA+	63.5	67.2	65.0	68.2
Indigenous identity				
Indigenous	46.7	53.8	50.7	59.1

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Immigrant				
Immigrants	32.7	37.5	35.4	43.3
Disability or special need				
Disability or special need	50.5	54.6	52.4	n/a
Racialized groups				
Racialized groups	34.6	39.0	36.5	n/a
Socioeconomic status				
High socioeconomic status	28.3	n/a	n/a	n/a
Low socioeconomic status	44.0	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported having felt so sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the last 12 months (symptoms of depression).

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: During the last 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_DEP01_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size