Students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians every day

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Province				
New Brunswick	**49.3**	**44.1**	**44.5**	**46.2**
Health zones				
Zone 1 - Moncton and South-East Area	**51.4**	**45.9**	**45.4**	**46.3**
Zone 2 - Fundy Shore and Saint John Area	**45.0**	**39.1**	**39.8**	**41.8**
Zone 3 - Fredericton and River Valley Area	**46.6**	**41.1**	**42.4**	**45.0**
Zone 4 - Madawaska and North-West Area	S	**60.7**	**60.4**	**65.5**
Zone 5 - Restigouche Area	**52.4**	**46.1**	**46.0**	**45.2**
Zone 6 - Bathurst and Acadian Peninsula Area	**57.8**	**51.6**	**52.0**	**53.5**
Zone 7 - Miramichi Area	**43.9**	**38.4**	**38.5**	**39.2**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**51.8**	**48.3**	**48.1**	**51.5**
Bouctouche, Richibucto, Saint-Antoine Area	**49.4**	**42.3**	**42.5**	**45.6**
Campbellton, Atholville, Tide Head Area	**52.3**	**46.9**	**44.8**	**45.2**
Caraquet, Paquetville, Bertrand Area	**60.2**	**54.1**	**55.0**	**55.6**
Dalhousie, Balmoral, Belledune Area	**52.7**	**44.9**	**47.8**	**45.3**
Dieppe and Memramcook	**59.5**	**55.3**	**54.4**	**56.4**
Douglas, Saint Marys, Doaktown Area	**44.8**	**38.6**	**39.9**	**43.5**
Edmundston, Rivière-Verte, Lac Baker Area	S	**62.2**	**60.3**	**65.1**
Florenceville-Bristol, Woodstock, Wakefield Area	**47.2**	**40.9**	**41.7**	**45.4**
Fredericton	**46.8**	**41.8**	**42.8**	**45.1**
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	**47.2**	**55.4**

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Grand Falls, Saint-Léonard, Drummond Area	**56.6**	**57.5**	**58.8**	**62.1**
Hillsborough, Riverside-Albert, Alma Area	**43.2**	**44.0**	**39.5**	**42.7**
Kedgwick, Saint-Quentin and Grimmer	S	**63.5**	**65.1**	**71.0**
Minto, Chipman, Cambridge-Narrows Area	**36.9**	**31.9**	**40.8**	**42.8**
Miramichi, Rogersville, Blackville Area	**43.0**	**38.0**	**37.7**	**38.1**
Moncton	**51.1**	**45.6**	**44.8**	**45.8**
Nackawic, McAdam, Canterbury Area	**43.7**	**39.3**	**39.1**	**43.8**
Neguac, Alnwick, Esgenoopetitj Area	**52.4**	**42.0**	**44.4**	**48.9**
New Maryland, Kingsclear, Lincoln Area	**55.6**	**50.2**	**39.2**	**41.8**
Oromocto, Gagetown, Fredericton Junction Area	**47.9**	**43.8**	**45.2**	**46.4**
Perth-Andover, Plaster Rock, Tobique Area	**44.8**	**30.0**	**38.9**	**43.6**
Quispamsis, Rothesay, Hampton Area	**43.3**	**38.2**	**39.2**	**42.2**
Riverview and Coverdale	**48.0**	**42.1**	**43.3**	**40.5**
Sackville, Dorchester, Port Elgin Area	**48.1**	**41.9**	**41.0**	**41.3**
Saint John, Simonds and Musquash	**44.8**	**39.1**	**38.8**	**41.1**
Salisbury and Petitcodiac	**42.9**	**40.4**	**40.0**	**39.4**
Shediac, Beaubassin East and Cap-Pelé	**55.9**	**48.4**	**48.0**	**50.6**
Shippagan, Lamèque, Inkerman Area	**65.7**	**55.8**	**55.5**	**61.9**
St. George, Grand Manan, Blacks Harbour Area	**45.3**	**35.4**	**37.4**	**34.7**
St. Stephen, Saint Andrews, Campobello Island Area	**47.8**	**40.8**	**43.5**	**41.6**
Sussex, Norton, Sussex Corner Area	**45.1**	**39.7**	**43.2**	**43.8**
Tracadie and Saint-Isidore	**62.5**	**53.4**	**55.4**	**51.5**

School districts

Anglophone East School District	**47.5**	**42.3**	**41.8**	**42.5**

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone North School District	**42.9**	**37.3**	**37.9**	**37.8**
Anglophone South School District	**44.7**	**38.6**	**39.5**	**41.2**
Anglophone West School District	**45.5**	**40.3**	**41.8**	**44.3**
Anglophone sector	**45.5**	**39.9**	**40.6**	**42.1**
District scolaire francophone Nord-Est	**60.3**	**53.4**	**53.4**	**55.0**
District scolaire francophone Nord-Ouest	S	**62.8**	**61.9**	**67.3**
District scolaire francophone Sud	**58.1**	**52.4**	**51.4**	**53.4**
Francophone sector	**59.0**	**54.5**	**54.0**	**56.5**
Grades				
Grades 6 to 8	**59.9**	**53.4**	**54.4**	**56.5**
Grades 9 to 12	**42.1**	**37.3**	**37.1**	**38.9**
Gender				
Female	**47.5**	**42.4**	**43.8**	n/a
Male	**52.0**	**46.3**	**46.7**	n/a
Non-binary	**34.6**	**32.6**	**32.2**	n/a
Sex at birth				
Female	**46.8**	**41.8**	**42.4**	**45.4**
Male	**52.0**	**46.5**	**46.8**	**47.1**
2SLGBTQIA+ status				
2SLGBTQIA+	**37.4**	**34.2**	**37.3**	n/a
Indigenous identity				
Indigenous	**45.2**	**39.5**	**40.9**	**41.8**
Immigrant				

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Immigrants	**56.0**	**53.6**	**52.1**	**54.7**
Disability or special need				
Disability or special need	**43.6**	**39.7**	n/a	n/a
Racialized groups				
Racialized groups	**54.9**	**50.8**	n/a	n/a
Socioeconomic status				
High socioeconomic status	**53.4**	n/a	n/a	n/a
Low socioeconomic status	**43.0**	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians every day.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "every day" by the number of respondents who answered "never, 1 day a week, 2 days a week, 3 days a week, 4 days a week, 5 days a week, 6 days a week or every day" to the question: How often do you have an evening meal together with family, friend(s) or guardian(s)?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_EAT11_1

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size