

Students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians every day

Unit : %

| | Academic Year 2025-2026 | Academic Year 2023-2024 | Academic Year 2021-2022 | Academic Year 2018-2019 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Province | | | | |
| New Brunswick | 49.3 | 44.1 | 44.5 | 46.2 |
| Health zones | | | | |
| Zone 1 - Moncton and South-East Area | 51.4 | 45.9 | 45.4 | 46.3 |
| Zone 2 - Fundy Shore and Saint John Area | 45.0 | 39.1 | 39.8 | 41.8 |
| Zone 3 - Fredericton and River Valley Area | 46.6 | 41.1 | 42.4 | 45.0 |
| Zone 4 - Madawaska and North-West Area | S | 60.7 | 60.4 | 65.5 |
| Zone 5 - Restigouche Area | 52.4 | 46.1 | 46.0 | 45.2 |
| Zone 6 - Bathurst and Acadian Peninsula Area | 57.8 | 51.6 | 52.0 | 53.5 |
| Zone 7 - Miramichi Area | 43.9 | 38.4 | 38.5 | 39.2 |
| Communities | | | | |
| Bathurst, Beresford, Petit-Rocher Area | 51.8 | 48.3 | 48.1 | 51.5 |
| Bouctouche, Richibucto, Saint-Antoine Area | 49.4 | 42.3 | 42.5 | 45.6 |
| Campbellton, Atholville, Tide Head Area | 52.3 | 46.9 | 44.8 | 45.2 |
| Caraquet, Paquetville, Bertrand Area | 60.2 | 54.1 | 55.0 | 55.6 |
| Dalhousie, Balmoral, Belledune Area | 52.7 | 44.9 | 47.8 | 45.3 |
| Dieppe and Memramcook | 59.5 | 55.3 | 54.4 | 56.4 |
| Douglas, Saint Marys, Doaktown Area | 44.8 | 38.6 | 39.9 | 43.5 |
| Edmundston, Rivière-Verte, Lac Baker Area | S | 62.2 | 60.3 | 65.1 |
| Florenceville-Bristol, Woodstock, Wakefield Area | 47.2 | 40.9 | 41.7 | 45.4 |
| Fredericton | 46.8 | 41.8 | 42.8 | 45.1 |
| Grand Bay-Westfield, Westfield, Greenwich Area | n/a | n/a | 47.2 | 55.4 |

| | Academic Year 2025-2026 | Academic Year 2023-2024 | Academic Year 2021-2022 | Academic Year 2018-2019 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Grand Falls, Saint-Léonard, Drummond Area | 56.6 | 57.5 | 58.8 | 62.1 |
| Hillsborough, Riverside-Albert, Alma Area | 43.2 | 44.0 | 39.5 | 42.7 |
| Kedgwick, Saint-Quentin and Grimmer | S | 63.5 | 65.1 | 71.0 |
| Minto, Chipman, Cambridge-Narrows Area | 36.9 | 31.9 | 40.8 | 42.8 |
| Miramichi, Rogersville, Blackville Area | 43.0 | 38.0 | 37.7 | 38.1 |
| Moncton | 51.1 | 45.6 | 44.8 | 45.8 |
| Nackawic, McAdam, Canterbury Area | 43.7 | 39.3 | 39.1 | 43.8 |
| Neguac, Alnwick, Esgenoopetitj Area | 52.4 | 42.0 | 44.4 | 48.9 |
| New Maryland, Kingsclear, Lincoln Area | 55.6 | 50.2 | 39.2 | 41.8 |
| Oromocto, Gagetown, Fredericton Junction Area | 47.9 | 43.8 | 45.2 | 46.4 |
| Perth-Andover, Plaster Rock, Tobique Area | 44.8 | 30.0 | 38.9 | 43.6 |
| Quispamsis, Rothesay, Hampton Area | 43.3 | 38.2 | 39.2 | 42.2 |
| Riverview and Coverdale | 48.0 | 42.1 | 43.3 | 40.5 |
| Sackville, Dorchester, Port Elgin Area | 48.1 | 41.9 | 41.0 | 41.3 |
| Saint John, Simonds and Musquash | 44.8 | 39.1 | 38.8 | 41.1 |
| Salisbury and Petitcodiac | 42.9 | 40.4 | 40.0 | 39.4 |
| Shediac, Beaubassin East and Cap-Pelé | 55.9 | 48.4 | 48.0 | 50.6 |
| Shippagan, Lamèque, Inkerman Area | 65.7 | 55.8 | 55.5 | 61.9 |
| St. George, Grand Manan, Blacks Harbour Area | 45.3 | 35.4 | 37.4 | 34.7 |
| St. Stephen, Saint Andrews, Campobello Island Area | 47.8 | 40.8 | 43.5 | 41.6 |
| Sussex, Norton, Sussex Corner Area | 45.1 | 39.7 | 43.2 | 43.8 |
| Tracadie and Saint-Isidore | 62.5 | 53.4 | 55.4 | 51.5 |
| School districts | | | | |
| Anglophone East School District | 47.5 | 42.3 | 41.8 | 42.5 |

| | Academic Year 2025-2026 | Academic Year 2023-2024 | Academic Year 2021-2022 | Academic Year 2018-2019 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Anglophone North School District | 42.9 | 37.3 | 37.9 | 37.8 |
| Anglophone South School District | 44.7 | 38.6 | 39.5 | 41.2 |
| Anglophone West School District | 45.5 | 40.3 | 41.8 | 44.3 |
| Anglophone sector | 45.5 | 39.9 | 40.6 | 42.1 |
| District scolaire francophone Nord-Est | 60.3 | 53.4 | 53.4 | 55.0 |
| District scolaire francophone Nord-Ouest | S | 62.8 | 61.9 | 67.3 |
| District scolaire francophone Sud | 58.1 | 52.4 | 51.4 | 53.4 |
| Francophone sector | 59.0 | 54.5 | 54.0 | 56.5 |
| Grades | | | | |
| Grades 6 to 8 | 59.9 | 53.4 | 54.4 | 56.5 |
| Grades 9 to 12 | 42.1 | 37.3 | 37.1 | 38.9 |
| Gender | | | | |
| Female | 47.5 | 42.4 | 43.8 | n/a |
| Male | 52.0 | 46.3 | 46.7 | n/a |
| Non-binary | 34.6 | 32.6 | 32.2 | n/a |
| Sex at birth | | | | |
| Female | 46.8 | 41.8 | 42.4 | 45.4 |
| Male | 52.0 | 46.5 | 46.8 | 47.1 |
| 2SLGBTQIA+ status | | | | |
| 2SLGBTQIA+ | 37.4 | 34.2 | 37.3 | n/a |
| Indigenous identity | | | | |
| Indigenous | 45.2 | 39.5 | 40.9 | 41.8 |
| Immigrant | | | | |

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|-----------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Immigrants | 56.0 | 53.6 | 52.1 | 54.7 |
| Disability or special need | | | | |
| Disability or special need | 43.6 | 39.7 | n/a | n/a |
| Racialized groups | | | | |
| Racialized groups | 54.9 | 50.8 | n/a | n/a |
| Socioeconomic status | | | | |
| High socioeconomic status | 53.4 | n/a | n/a | n/a |
| Low socioeconomic status | 43.0 | n/a | n/a | n/a |

About

This indicator is the percentage of students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians every day.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "every day" by the number of respondents who answered "never, 1 day a week, 2 days a week, 3 days a week, 4 days a week, 5 days a week, 6 days a week or every day" to the question: How often do you have an evening meal together with family, friend(s) or guardian(s)?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

| Unit | Interpretation | NBHC code |
|------|------------------|------------|
| % | Higher is better | SH_EAT11_1 |

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size