

Students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians every day

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Province				
New Brunswick	49.3	44.1	44.5	46.2
Health zones				
Zone 1 - Moncton and South-East Area	51.4	45.9	45.4	46.3
Zone 2 - Fundy Shore and Saint John Area	45.0	39.1	39.8	41.8
Zone 3 - Fredericton and River Valley Area	46.6	41.1	42.4	45.0
Zone 4 - Madawaska and North-West Area	S	60.7	60.4	65.5
Zone 5 - Restigouche Area	52.4	46.1	46.0	45.2
Zone 6 - Bathurst and Acadian Peninsula Area	57.8	51.6	52.0	53.5
Zone 7 - Miramichi Area	43.9	38.4	38.5	39.2
Communities				
Bathurst, Beresford, Petit-Rocher Area	51.8	48.3	48.1	51.5
Bouctouche, Richibucto, Saint-Antoine Area	49.4	42.3	42.5	45.6
Campbellton, Atholville, Tide Head Area	52.3	46.9	44.8	45.2
Caraquet, Paquetville, Bertrand Area	60.2	54.1	55.0	55.6
Dalhousie, Balmoral, Belledune Area	52.7	44.9	47.8	45.3
Dieppe and Memramcook	59.5	55.3	54.4	56.4
Douglas, Saint Marys, Doaktown Area	44.8	38.6	39.9	43.5
Edmundston, Rivière-Verte, Lac Baker Area	S	62.2	60.3	65.1
Florenceville-Bristol, Woodstock, Wakefield Area	47.2	40.9	41.7	45.4
Fredericton	46.8	41.8	42.8	45.1
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	47.2	55.4

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Grand Falls, Saint-Léonard, Drummond Area	56.6	57.5	58.8	62.1
Hillsborough, Riverside-Albert, Alma Area	43.2	44.0	39.5	42.7
Kedgwick, Saint-Quentin and Grimmer	S	63.5	65.1	71.0
Minto, Chipman, Cambridge-Narrows Area	36.9	31.9	40.8	42.8
Miramichi, Rogersville, Blackville Area	43.0	38.0	37.7	38.1
Moncton	51.1	45.6	44.8	45.8
Nackawic, McAdam, Canterbury Area	43.7	39.3	39.1	43.8
Neguac, Alnwick, Esgenoopetitj Area	52.4	42.0	44.4	48.9
New Maryland, Kingsclear, Lincoln Area	55.6	50.2	39.2	41.8
Oromocto, Gagetown, Fredericton Junction Area	47.9	43.8	45.2	46.4
Perth-Andover, Plaster Rock, Tobique Area	44.8	30.0	38.9	43.6
Quispamsis, Rothesay, Hampton Area	43.3	38.2	39.2	42.2
Riverview and Coverdale	48.0	42.1	43.3	40.5
Sackville, Dorchester, Port Elgin Area	48.1	41.9	41.0	41.3
Saint John, Simonds and Musquash	44.8	39.1	38.8	41.1
Salisbury and Petitcodiac	42.9	40.4	40.0	39.4
Shediac, Beaubassin East and Cap-Pelé	55.9	48.4	48.0	50.6
Shippagan, Lamèque, Inkerman Area	65.7	55.8	55.5	61.9
St. George, Grand Manan, Blacks Harbour Area	45.3	35.4	37.4	34.7
St. Stephen, Saint Andrews, Campobello Island Area	47.8	40.8	43.5	41.6
Sussex, Norton, Sussex Corner Area	45.1	39.7	43.2	43.8
Tracadie and Saint-Isidore	62.5	53.4	55.4	51.5
School districts				
Anglophone East School District	47.5	42.3	41.8	42.5

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Anglophone North School District	42.9	37.3	37.9	37.8
Anglophone South School District	44.7	38.6	39.5	41.2
Anglophone West School District	45.5	40.3	41.8	44.3
Anglophone sector	45.5	39.9	40.6	42.1
District scolaire francophone Nord-Est	60.3	53.4	53.4	55.0
District scolaire francophone Nord-Ouest	S	62.8	61.9	67.3
District scolaire francophone Sud	58.1	52.4	51.4	53.4
Francophone sector	59.0	54.5	54.0	56.5
Grades				
Grades 6 to 8	59.9	53.4	54.4	56.5
Grades 9 to 12	42.1	37.3	37.1	38.9
Gender				
Female	47.5	42.4	43.8	n/a
Male	52.0	46.3	46.7	n/a
Non-binary	34.6	32.6	32.2	n/a
Sex at birth				
Female	46.8	41.8	42.4	45.4
Male	52.0	46.5	46.8	47.1
2SLGBTQIA+ status				
2SLGBTQIA+	37.4	34.2	37.3	n/a
Indigenous identity				
Indigenous	45.2	39.5	40.9	41.8
Immigrant				

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Immigrants	56.0	53.6	52.1	54.7
Disability or special need				
Disability or special need	43.6	39.7	n/a	n/a
Racialized groups				
Racialized groups	54.9	50.8	n/a	n/a
Socioeconomic status				
High socioeconomic status	53.4	n/a	n/a	n/a
Low socioeconomic status	43.0	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians every day.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "every day" by the number of respondents who answered "never, 1 day a week, 2 days a week, 3 days a week, 4 days a week, 5 days a week, 6 days a week or every day" to the question: How often do you have an evening meal together with family, friend(s) or guardian(s)?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_EAT11_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size