

## Students in grades 6 to 12 who reported eating breakfast daily

Unit : %

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
<b>Province</b>				
New Brunswick	35.6	36.2	41.2	45.9
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	39.8	40.4	45.7	50.9
Zone 2 - Fundy Shore and Saint John Area	34.0	33.2	38.5	42.6
Zone 3 - Fredericton and River Valley Area	32.7	34.0	37.8	42.0
Zone 4 - Madawaska and North-West Area	36.8	36.9	50.0	52.0
Zone 5 - Restigouche Area	30.0	33.4	34.0	46.6
Zone 6 - Bathurst and Acadian Peninsula Area	38.8	40.0	44.9	50.8
Zone 7 - Miramichi Area	29.2	30.4	34.5	37.5
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	40.2	39.7	43.3	52.4
Bouctouche, Richibucto, Saint-Antoine Area	33.2	35.5	41.6	44.3
Campbellton, Atholville, Tide Head Area	30.3	33.0	35.7	50.2
Caraquet, Paquetville, Bertrand Area	36.1	39.0	45.3	53.2
Dalhousie, Balmoral, Belledune Area	29.7	34.1	31.6	43.2
Dieppe and Memramcook	48.2	48.7	58.1	64.6
Douglas, Saint Marys, Doaktown Area	21.4	25.7	26.5	30.8
Edmundston, Rivière-Verte, Lac Baker Area	38.4	36.5	51.6	54.7
Florenceville-Bristol, Woodstock, Wakefield Area	29.8	26.9	35.6	38.3
Fredericton	37.0	39.2	42.7	51.9
Grand Falls, Saint-Léonard, Drummond Area	32.7	34.9	46.1	48.5
Hillsborough, Riverside-Albert, Alma Area	26.4	29.1	36.6	45.9

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Kedgwick, Saint-Quentin and Grimmer	41.1	44.0	47.4	50.6
Minto, Chipman, Cambridge-Narrows Area	21.5	25.4	33.3	29.1
Miramichi, Rogersville, Blackville Area	28.7	30.1	33.8	36.8
Moncton	41.4	40.9	45.5	50.3
Nackawic, McAdam, Canterbury Area	27.0	26.3	31.6	35.9
Neguac, Alnwick, Esgenoopetitj Area	33.2	32.6	40.2	44.3
New Maryland, Kingsclear, Lincoln Area	37.1	35.1	33.1	32.8
Oromocto, Gagetown, Fredericton Junction Area	31.0	32.3	34.9	37.9
Perth-Andover, Plaster Rock, Tobique Area	18.0	21.2	25.4	36.1
Quispamsis, Rothesay, Hampton Area	37.4	36.4	43.0	49.2
Riverview and Coverdale	39.0	39.8	43.5	49.3
Sackville, Dorchester, Port Elgin Area	33.0	38.8	41.2	51.1
Saint John, Simonds and Musquash	33.2	32.5	36.0	40.1
Salisbury and Petitcodiac	31.0	31.4	36.2	38.3
Shediac, Beaubassin East and Cap-Pelé	37.2	40.7	46.1	55.4
Shippagan, Lamèque, Inkerman Area	39.0	38.6	46.8	47.3
St. George, Grand Manan, Blacks Harbour Area	29.0	27.0	29.5	34.9
St. Stephen, Saint Andrews, Campobello Island Area	31.5	30.6	37.5	39.6
Sussex, Norton, Sussex Corner Area	32.5	30.1	38.9	40.9
Tracadie and Saint-Isidore	37.9	42.1	46.6	49.9
<b>School districts</b>				
Anglophone East School District	38.2	37.8	42.3	47.1
Anglophone North School District	27.0	29.0	31.0	37.0
Anglophone South School District	33.7	33.1	38.0	42.3

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Anglophone West School District	31.6	32.8	36.5	41.1
Anglophone sector	33.4	33.6	37.7	42.3
District scolaire francophone Nord-Est	39.0	40.8	45.8	52.0
District scolaire francophone Nord-Ouest	38.5	37.5	51.5	53.7
District scolaire francophone Sud	43.7	45.2	52.5	58.3
Francophone sector	41.4	42.4	50.1	55.1
<b>Grades</b>				
Grades 6 to 8	43.1	43.8	50.5	55.4
Grades 9 to 12	30.3	30.5	34.7	39.5
<b>Gender</b>				
Female	30.1	31.4	n/a	n/a
Male	42.1	42.8	n/a	n/a
Non-binary	24.0	20.7	n/a	n/a
<b>Sex at birth</b>				
Female	29.3	29.9	35.8	n/a
Male	42.5	43.0	46.7	n/a
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	24.3	27.0	n/a	n/a
<b>Indigenous identity</b>				
Indigenous	25.0	26.2	31.3	32.3
<b>Immigrant</b>				
Immigrants	44.0	43.0	45.4	n/a
<b>Disability or special need</b>				

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Disability or special need	33.7	n/a	n/a	n/a
<b>Racialized groups</b>				
Racialized groups	40.1	n/a	n/a	n/a

## About

This indicator is the percentage of students in grades 6 to 12 who reported eating breakfast daily.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who answered "7+ times" by the number of respondents who answered "never, 1-2 times, 3-4 times, 5-6 times or 7+ times" to the question: In the last 7 days, how many times did you: c) Eat breakfast?

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

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**Unit**  
%

**Interpretation**  
Higher is better

**NBHC code**  
SH\_EAT12\_1

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size