

## Students in grades 6 to 12 who report eating breakfast daily

Unit : %

|                                                  | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 | Academic Year<br>2015-2016 |
|--------------------------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <b>Province</b>                                  |                            |                            |                            |                            |
| New Brunswick                                    | 35.6                       | 36.2                       | 41.2                       | 45.9                       |
| <b>Health zones</b>                              |                            |                            |                            |                            |
| Zone 1 - Moncton and South-East Area             | 39.8                       | 40.4                       | 45.7                       | 50.9                       |
| Zone 2 - Fundy Shore and Saint John Area         | 34.0                       | 33.2                       | 38.5                       | 42.6                       |
| Zone 3 - Fredericton and River Valley Area       | 32.7                       | 34.0                       | 37.8                       | 42.0                       |
| Zone 4 - Madawaska and North-West Area           | 36.8                       | 36.9                       | 50.0                       | 52.0                       |
| Zone 5 - Restigouche Area                        | 30.0                       | 33.4                       | 34.0                       | 46.6                       |
| Zone 6 - Bathurst and Acadian Peninsula Area     | 38.8                       | 40.0                       | 44.9                       | 50.8                       |
| Zone 7 - Miramichi Area                          | 29.2                       | 30.4                       | 34.5                       | 37.5                       |
| <b>Communities</b>                               |                            |                            |                            |                            |
| Bathurst, Beresford, Petit-Rocher Area           | 40.2                       | 39.7                       | 43.3                       | 52.4                       |
| Bouctouche, Richibucto, Saint-Antoine Area       | 33.2                       | 35.5                       | 41.6                       | 44.3                       |
| Campbellton, Atholville, Tide Head Area          | 30.3                       | 33.0                       | 35.7                       | 50.2                       |
| Caraquet, Paquetville, Bertrand Area             | 36.1                       | 39.0                       | 45.3                       | 53.2                       |
| Dalhousie, Balmoral, Belledune Area              | 29.7                       | 34.1                       | 31.6                       | 43.2                       |
| Dieppe and Memramcook                            | 48.2                       | 48.7                       | 58.1                       | 64.6                       |
| Douglas, Saint Marys, Doaktown Area              | 21.4                       | 25.7                       | 26.5                       | 30.8                       |
| Edmundston, Rivière-Verte, Lac Baker Area        | 38.4                       | 36.5                       | 51.6                       | 54.7                       |
| Florenceville-Bristol, Woodstock, Wakefield Area | 29.8                       | 26.9                       | 35.6                       | 38.3                       |
| Fredericton                                      | 37.0                       | 39.2                       | 42.7                       | 51.9                       |
| Grand Bay-Westfield, Westfield, Greenwich Area   | n/a                        | 45.0                       | 53.8                       | 61.2                       |
| Grand Falls, Saint-Léonard, Drummond Area        | 32.7                       | 34.9                       | 46.1                       | 48.5                       |

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|----------------------------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Hillsborough, Riverside-Albert, Alma Area          | 26.4                       | 29.1                       | 36.6                       | 45.9                       |
| Kedgwick, Saint-Quentin and Grimmer                | 41.1                       | 44.0                       | 47.4                       | 50.6                       |
| Minto, Chipman, Cambridge-Narrows Area             | 21.5                       | 25.4                       | 33.3                       | 29.1                       |
| Miramichi, Rogersville, Blackville Area            | 28.7                       | 30.1                       | 33.8                       | 36.8                       |
| Moncton                                            | 41.4                       | 40.9                       | 45.5                       | 50.3                       |
| Nackawic, McAdam, Canterbury Area                  | 27.0                       | 26.3                       | 31.6                       | 35.9                       |
| Neguac, Alnwick, Esgenooetitj Area                 | 33.2                       | 32.6                       | 40.2                       | 44.3                       |
| New Maryland, Kingsclear, Lincoln Area             | 37.1                       | 35.1                       | 33.1                       | 32.8                       |
| Oromocto, Gagetown, Fredericton Junction Area      | 31.0                       | 32.3                       | 34.9                       | 37.9                       |
| Perth-Andover, Plaster Rock, Tobique Area          | 18.0                       | 21.2                       | 25.4                       | 36.1                       |
| Quispamsis, Rothesay, Hampton Area                 | 37.4                       | 36.4                       | 43.0                       | 49.2                       |
| Riverview and Coverdale                            | 39.0                       | 39.8                       | 43.5                       | 49.3                       |
| Sackville, Dorchester, Port Elgin Area             | 33.0                       | 38.8                       | 41.2                       | 51.1                       |
| Saint John, Simonds and Musquash                   | 33.2                       | 32.5                       | 36.0                       | 40.1                       |
| Salisbury and Petitcodiac                          | 31.0                       | 31.4                       | 36.2                       | 38.3                       |
| Shediac, Beaubassin East and Cap-Pelé              | 37.2                       | 40.7                       | 46.1                       | 55.4                       |
| Shippagan, Lamèque, Inkerman Area                  | 39.0                       | 38.6                       | 46.8                       | 47.3                       |
| St. George, Grand Manan, Blacks Harbour Area       | 29.0                       | 27.0                       | 29.5                       | 34.9                       |
| St. Stephen, Saint Andrews, Campobello Island Area | 31.5                       | 30.6                       | 37.5                       | 39.6                       |
| Sussex, Norton, Sussex Corner Area                 | 32.5                       | 30.1                       | 38.9                       | 40.9                       |
| Tracadie and Saint-Isidore                         | 37.9                       | 42.1                       | 46.6                       | 49.9                       |
| <b>School districts</b>                            |                            |                            |                            |                            |
| Anglophone East School District                    | 38.2                       | 37.8                       | 42.3                       | 47.1                       |
| Anglophone North School District                   | 27.0                       | 29.0                       | 31.0                       | 37.0                       |

|                                          | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 | Academic Year<br>2015-2016 |
|------------------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Anglophone South School District         | 33.7                       | 33.1                       | 38.0                       | 42.3                       |
| Anglophone West School District          | 31.6                       | 32.8                       | 36.5                       | 41.1                       |
| Anglophone sector                        | 33.4                       | 33.6                       | 37.7                       | 42.3                       |
| District scolaire francophone Nord-Est   | 39.0                       | 40.8                       | 45.8                       | 52.0                       |
| District scolaire francophone Nord-Ouest | 38.5                       | 37.5                       | 51.5                       | 53.7                       |
| District scolaire francophone Sud        | 43.7                       | 45.2                       | 52.5                       | 58.3                       |
| Francophone sector                       | 41.4                       | 42.4                       | 50.1                       | 55.1                       |
| <b>Grades</b>                            |                            |                            |                            |                            |
| Grades 6 to 8                            | 43.1                       | 43.8                       | 50.5                       | 55.4                       |
| Grades 9 to 12                           | 30.3                       | 30.5                       | 34.7                       | 39.5                       |
| <b>Gender</b>                            |                            |                            |                            |                            |
| Female                                   | 30.1                       | 31.4                       | n/a                        | n/a                        |
| Male                                     | 42.1                       | 42.8                       | n/a                        | n/a                        |
| Non-binary                               | 24.0                       | 20.7                       | n/a                        | n/a                        |
| <b>Sex at birth</b>                      |                            |                            |                            |                            |
| Female                                   | 29.3                       | 29.9                       | 35.8                       | n/a                        |
| Male                                     | 42.5                       | 43.0                       | 46.7                       | n/a                        |
| <b>2SLGBTQIA+ status</b>                 |                            |                            |                            |                            |
| 2SLGBTQIA+                               | 24.3                       | 27.0                       | n/a                        | n/a                        |
| <b>Indigenous identity</b>               |                            |                            |                            |                            |
| Indigenous                               | 25.0                       | 26.2                       | 31.3                       | 32.3                       |
| <b>Immigrant</b>                         |                            |                            |                            |                            |
| Immigrants                               | 44.0                       | 43.0                       | 45.4                       | n/a                        |

|                                   | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 | Academic Year<br>2015-2016 |
|-----------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <b>Disability or special need</b> |                            |                            |                            |                            |
| Disability or special need        | 33.7                       | n/a                        | n/a                        | n/a                        |
| <b>Racialized groups</b>          |                            |                            |                            |                            |
| Racialized groups                 | 40.1                       | n/a                        | n/a                        | n/a                        |

## About

This indicator is the percentage of students in grades 6 to 12 who report eating breakfast daily.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who answered "7+ times" by the number of respondents who answered "never, 1-2 times, 3-4 times, 5-6 times or 7+ times" to the question: In the last 7 days, how many times did you: c) Eat breakfast?

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

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| <b>Unit</b> | <b>Interpretation</b> | <b>NBHC code</b> |
|-------------|-----------------------|------------------|
| %           | Higher is better      | SH_EAT12_1       |

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size