

## Students in grades 6 to 12 who have their mental fitness needs highly satisfied by family

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
<b>Province</b>				
New Brunswick	83.3	82.3	81.3	76.4
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	84.1	83.1	82.0	77.6
Zone 2 - Fundy Shore and Saint John Area	82.1	81.3	79.7	73.5
Zone 3 - Fredericton and River Valley Area	81.8	80.7	80.1	74.6
Zone 4 - Madawaska and North-West Area	S	85.4	84.8	82.6
Zone 5 - Restigouche Area	82.7	81.9	78.8	77.5
Zone 6 - Bathurst and Acadian Peninsula Area	86.6	85.0	84.7	80.7
Zone 7 - Miramichi Area	83.0	82.1	81.8	76.7
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	84.5	82.3	82.9	78.4
Bouctouche, Richibucto, Saint-Antoine Area	81.2	82.1	81.0	77.0
Campbellton, Atholville, Tide Head Area	82.5	81.8	79.7	78.0
Caraquet, Paquetville, Bertrand Area	89.7	89.6	87.0	83.5
Dalhousie, Balmoral, Belledune Area	83.0	82.1	77.7	76.8
Dieppe and Memramcook	90.6	89.1	89.4	84.5
Douglas, Saint Marys, Doaktown Area	79.7	80.3	81.0	72.0
Edmundston, Rivière-Verte, Lac Baker Area	S	85.6	85.2	82.9
Florenceville-Bristol, Woodstock, Wakefield Area	82.4	82.2	80.2	73.9
Fredericton	83.8	82.5	82.5	77.1
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	n/a	n/a

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Grand Falls, Saint-Léonard, Drummond Area	85.0	84.6	81.9	80.1
Hillsborough, Riverside-Albert, Alma Area	76.3	78.5	78.0	70.8
Kedgwick, Saint-Quentin and Grimmer	S	87.2	90.5	88.2
Minto, Chipman, Cambridge-Narrows Area	76.3	77.8	71.6	67.8
Miramichi, Rogersville, Blackville Area	83.1	81.9	81.6	76.6
Moncton	83.6	83.2	81.8	77.4
Nackawic, McAdam, Canterbury Area	79.0	80.2	79.1	74.5
Neguac, Alnwick, Esgenoopetitj Area	81.6	83.7	83.9	77.2
New Maryland, Kingsclear, Lincoln Area	84.4	83.1	84.7	75.3
Oromocto, Gagetown, Fredericton Junction Area	77.8	75.5	75.0	71.8
Perth-Andover, Plaster Rock, Tobique Area	76.0	75.2	72.6	68.6
Quispamsis, Rothesay, Hampton Area	84.0	84.3	81.8	77.0
Riverview and Coverdale	83.0	82.0	79.1	72.7
Sackville, Dorchester, Port Elgin Area	82.4	76.1	76.2	73.5
Saint John, Simonds and Musquash	81.5	79.9	79.1	72.6
Salisbury and Petitcodiac	79.3	77.5	77.4	72.8
Shediac, Beaubassin East and Cap-Pelé	86.5	84.5	83.9	80.2
Shippagan, Lamèque, Inkerman Area	89.4	86.2	86.2	81.8
St. George, Grand Manan, Blacks Harbour Area	81.8	81.1	78.1	69.7
St. Stephen, Saint Andrews, Campobello Island Area	81.2	80.3	77.6	71.0
Sussex, Norton, Sussex Corner Area	79.4	80.0	78.7	72.1
Tracadie and Saint-Isidore	86.8	86.2	85.6	82.2
<b>School districts</b>				
Anglophone East School District	81.4	80.5	78.6	74.2

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone North School District	79.8	78.9	77.1	73.5
Anglophone South School District	81.9	81.1	79.6	73.2
Anglophone West School District	81.3	80.5	79.3	74.4
Anglophone sector	81.3	80.5	79.0	73.9
District scolaire francophone Nord-Est	87.8	86.4	86.2	82.1
District scolaire francophone Nord-Ouest	S	86.4	86.8	84.2
District scolaire francophone Sud	88.8	88.0	87.9	83.0
Francophone sector	88.5	87.2	87.2	82.9
<b>Grades</b>				
Grades 6 to 8	85.4	84.7	83.6	80.0
Grades 9 to 12	81.9	80.6	79.6	73.9
<b>Gender</b>				
Female	82.2	80.9	79.6	76.1
Male	86.7	85.9	85.2	80.2
Non-binary	51.3	49.7	52.2	46.0
<b>Sex at birth</b>				
Female	80.5	79.2	77.5	72.9
Male	86.6	85.9	85.4	80.3
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	63.1	61.6	61.1	58.6
<b>Indigenous identity</b>				
Indigenous	75.6	73.8	71.8	68.4
<b>Immigrant</b>				

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Immigrants	83.6	81.6	81.9	77.4
<b>Disability or special need</b>				
Disability or special need	71.9	71.1	70.4	n/a
<b>Racialized groups</b>				
Racialized groups	81.6	79.9	80.1	n/a
<b>Socioeconomic status</b>				
High socioeconomic status	89.5	n/a	n/a	n/a
Low socioeconomic status	74.1	n/a	n/a	n/a

## About

This indicator is the percentage of students in grades 6 to 12 who have their mental fitness needs highly satisfied by family.

## Source

Student Wellness and Education Survey, Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who have a total family score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 3 of the following 6 questionnaire items: I feel free to express myself at home, I like to spend time with my parents, I feel I do things well at home, my parents like me and care about me, I feel my parents think that I am good at things and I feel like I have a choice about when and how to do my household chores. The response options for these 6 items are: really false for me, sort of false for me, sort of true for me and really true for me.

## Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_MEFFA_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size