

Students in grades 6 to 12 who have a high level or moderate level of mental fitness

Unit : %

	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Province				
New Brunswick	75.1	77.8	77.6	79.1
Health zones				
Zone 1 - Moncton and South-East Area	76.9	78.2	77.7	80.8
Zone 2 - Fundy Shore and Saint John Area	72.3	75.2	75.1	77.5
Zone 3 - Fredericton and River Valley Area	72.6	76.4	75.9	76.4
Zone 4 - Madawaska and North-West Area	82.0	85.1	86.9	84.7
Zone 5 - Restigouche Area	76.4	77.9	77.3	79.9
Zone 6 - Bathurst and Acadian Peninsula Area	77.9	82.9	82.2	83.1
Zone 7 - Miramichi Area	75.2	77.1	77.6	76.9
Communities				
Bathurst, Beresford, Petit-Rocher Area	75.3	80.4	81.3	79.7
Bouctouche, Richibucto, Saint-Antoine Area	76.5	76.8	75.1	77.5
Campbellton, Atholville, Tide Head Area	76.8	79.1	77.3	81.4
Caraquet, Paquetville, Bertrand Area	82.5	83.7	80.1	86.6
Dalhousie, Balmoral, Belledune Area	76.0	76.1	77.3	78.5
Dieppe and Memramcook	85.4	87.1	85.8	89.9
Douglas, Saint Marys, Doaktown Area	70.1	77.0	77.4	73.9
Edmundston, Rivière-Verte, Lac Baker Area	83.5	86.7	87.3	86.0
Florenceville-Bristol, Woodstock, Wakefield Area	74.1	77.3	76.7	78.3
Fredericton	74.7	78.6	78.6	80.5
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	79.4	78.4	88.7

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Grand Falls, Saint-Léonard, Drummond Area	77.8	81.0	82.1	81.6
Hillsborough, Riverside-Albert, Alma Area	69.8	70.3	73.3	81.8
Kedgwick, Saint-Quentin and Grimmer	87.5	88.3	90.7	88.5
Minto, Chipman, Cambridge-Narrows Area	68.1	72.9	70.3	71.2
Miramichi, Rogersville, Blackville Area	75.3	76.9	77.1	76.2
Moncton	77.2	77.8	78.6	80.9
Nackawic, McAdam, Canterbury Area	73.3	72.8	77.6	76.7
Neguac, Alnwick, Esgenoopetitj Area	74.0	78.3	82.5	82.8
New Maryland, Kingsclear, Lincoln Area	73.6	77.0	74.6	70.8
Oromocto, Gagetown, Fredericton Junction Area	68.1	71.9	70.1	70.1
Perth-Andover, Plaster Rock, Tobique Area	64.6	70.3	69.8	73.8
Quispamsis, Rothesay, Hampton Area	74.8	76.8	78.2	78.9
Riverview and Coverdale	71.0	74.8	72.3	77.6
Sackville, Dorchester, Port Elgin Area	70.2	74.6	76.4	76.3
Saint John, Simonds and Musquash	72.0	75.2	73.7	76.8
Salisbury and Petitcodiac	69.6	70.7	66.8	70.4
Shediac, Beaubassin East and Cap-Pelé	78.9	80.8	80.4	85.2
Shippagan, Lamèque, Inkerman Area	77.7	84.8	84.0	83.2
St. George, Grand Manan, Blacks Harbour Area	70.6	71.1	70.7	76.3
St. Stephen, Saint Andrews, Campobello Island Area	69.8	72.8	76.6	75.5
Sussex, Norton, Sussex Corner Area	70.1	74.3	73.3	76.6
Tracadie and Saint-Isidore	80.0	86.1	84.2	84.5
School districts				
Anglophone East School District	72.9	74.5	74.0	77.2

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Anglophone North School District	71.7	74.9	73.4	73.5
Anglophone South School District	72.0	75.0	74.8	77.2
Anglophone West School District	72.4	75.9	75.3	75.9
Anglophone sector	72.3	75.2	74.6	76.3
District scolaire francophone Nord-Est	79.9	83.5	83.7	85.1
District scolaire francophone Nord-Ouest	83.5	86.5	88.4	86.2
District scolaire francophone Sud	83.1	83.9	84.4	87.2
Francophone sector	82.2	84.3	84.9	86.3
Grades				
Grades 6 to 8	77.0	79.0	79.2	82.4
Grades 9 to 12	73.7	76.9	76.4	76.9
Gender				
Female	76.2	79.0	n/a	n/a
Male	77.3	80.6	n/a	n/a
Non-binary	49.2	50.8	n/a	n/a
Sex at birth				
Female	73.4	75.5	78.1	n/a
Male	77.2	80.5	77.1	n/a
Sexual identity				
Minority sexual identity	61.0	62.9	n/a	n/a
Heterosexual	78.7	82.0	n/a	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	61.0	62.8	n/a	n/a

	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Non LGBTQ2+ person	78.8	82.1	n/a	n/a
Race				
White	75.9	78.7	n/a	n/a
South Asian	77.5	82.4	n/a	n/a
Other	74.5	76.1	n/a	n/a
Middle Eastern	76.8	80.6	n/a	n/a
Latino	73.0	74.6	n/a	n/a
East/Southeast Asian	75.2	78.0	n/a	n/a
Black	71.8	75.4	n/a	n/a
Indigenous identity				
Indigenous	66.3	69.4	69.3	69.8
Non-Indigenous	76.5	78.7	78.5	79.7
Food poverty				
Food poverty	48.1	57.7	n/a	n/a
No food poverty	77.2	79.5	n/a	n/a
Immigrant				
Immigrants	78.6	80.0	80.0	n/a
Non-immigrants	74.7	77.6	77.4	n/a
Special needs				
Has a special need	64.3	67.1	n/a	n/a
No special need	81.0	83.6	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who have a moderate or a high mental fitness score. Students are given a 'total mental fitness score' based on their responses to 18 individual questions, and a cutoff is used to identify students with a moderate or a high mental fitness score.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_MEFHM_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size