

Students in grades 6 to 12 who have a high or moderate level of mental fitness

Unit : %

Province	Academic Year 2024-2025	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
	81.2	75.1	77.8	77.6
Health zones				
Zone 1 - Moncton and South-East Area	82.8	76.9	78.2	77.7
Zone 2 - Fundy Shore and Saint John Area	79.4	72.3	75.2	75.1
Zone 3 - Fredericton and River Valley Area	79.5	72.6	76.4	75.9
Zone 4 - Madawaska and North-West Area	85.2	82.0	85.1	86.9
Zone 5 - Restigouche Area	80.0	76.4	77.9	77.3
Zone 6 - Bathurst and Acadian Peninsula Area	83.6	77.9	82.9	82.2
Zone 7 - Miramichi Area	80.0	75.2	77.1	77.6
Communities				
Bathurst, Beresford, Petit-Rocher Area	80.1	75.3	80.4	81.3
Bouctouche, Richibucto, Saint-Antoine Area	80.4	76.5	76.8	75.1
Campbellton, Atholville, Tide Head Area	79.6	76.8	79.1	77.3
Caraquet, Paquetville, Bertrand Area	89.6	82.5	83.7	80.1
Dalhousie, Balmoral, Belledune Area	80.7	76.0	76.1	77.3
Dieppe and Memramcook	90.0	85.4	87.1	85.8
Douglas, Saint Marys, Doaktown Area	74.0	70.1	77.0	77.4
Edmundston, Rivière-Verte, Lac Baker Area	86.7	83.5	86.7	87.3
Florenceville-Bristol, Woodstock, Wakefield Area	82.7	74.1	77.3	76.7
Fredericton	81.4	74.7	78.6	78.6
Grand Falls, Saint-Léonard, Drummond Area	82.4	77.8	81.0	82.1

	Academic Year 2024-2025	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Hillsborough, Riverside-Albert, Alma Area	74.4	69.8	70.3	73.3
Kedgwick, Saint-Quentin and Grimmer	86.6	87.5	88.3	90.7
Minto, Chipman, Cambridge-Narrows Area	73.3	68.1	72.9	70.3
Miramichi, Rogersville, Blackville Area	80.1	75.3	76.9	77.1
Moncton	83.7	77.2	77.8	78.6
Nackawic, McAdam, Canterbury Area	79.2	73.3	72.8	77.6
Neguac, Alnwick, Esgenoopetitj Area	79.3	74.0	78.3	82.5
New Maryland, Kingsclear, Lincoln Area	79.9	73.6	77.0	74.6
Oromocto, Gagetown, Fredericton Junction Area	76.1	68.1	71.9	70.1
Perth-Andover, Plaster Rock, Tobique Area	69.7	64.6	70.3	69.8
Quispamsis, Rothesay, Hampton Area	81.5	74.8	76.8	78.2
Riverview and Coverdale	80.2	71.0	74.8	72.3
Sackville, Dorchester, Port Elgin Area	76.1	70.2	74.6	76.4
Saint John, Simonds and Musquash	78.9	72.0	75.2	73.7
Salisbury and Petitcodiac	73.4	69.6	70.7	66.8
Shediac, Beaubassin East and Cap-Pelé	83.7	78.9	80.8	80.4
Shippagan, Lamèque, Inkerman Area	84.1	77.7	84.8	84.0
St. George, Grand Manan, Blacks Harbour Area	79.0	70.6	71.1	70.7
St. Stephen, Saint Andrews, Campobello Island Area	77.7	69.8	72.8	76.6
Sussex, Norton, Sussex Corner Area	77.0	70.1	74.3	73.3
Tracadie and Saint-Isidore	86.0	80.0	86.1	84.2

School districts

Anglophone East School District	80.0	72.9	74.5	74.0
Anglophone North School District	76.4	71.7	74.9	73.4

	Academic Year 2024-2025	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone South School District	79.0	72.0	75.0	74.8
Anglophone West School District	79.2	72.4	75.9	75.3
Anglophone sector	79.0	72.3	75.2	74.6
District scolaire francophone Nord-Est	85.2	79.9	83.5	83.7
District scolaire francophone Nord-Ouest	86.9	83.5	86.5	88.4
District scolaire francophone Sud	88.2	83.1	83.9	84.4
Francophone sector	87.1	82.2	84.3	84.9
Grades				
Grades 6 to 8	81.8	77.0	79.0	79.2
Grades 9 to 12	80.8	73.7	76.9	76.4
Gender				
Female	81.5	76.2	79.0	n/a
Male	82.8	77.3	80.6	n/a
Non-binary	54.5	49.2	50.8	n/a
Sex at birth				
Female	80.1	73.4	75.5	78.1
Male	82.8	77.2	80.5	77.1
2SLGBTQIA+ status				
2SLGBTQIA+	65.2	61.0	62.8	n/a
Indigenous identity				
Indigenous	71.9	66.3	69.4	69.3
Immigrant				
Immigrants	83.8	78.6	80.0	80.0

Academic Year Academic Year Academic Year Academic Year
2024-2025 2022-2023 2021-2022 2018-2019

Disability or special need

Disability or special need	68.7	n/a	n/a	n/a
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Racialized groups

Racialized groups	81.4	n/a	n/a	n/a
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About

This indicator is the percentage of students in grades 6 to 12 who have a high or moderate level of mental fitness.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_MEFHM_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size