Students in grades 6 to 12 who reported that they needed to see or talk to someone for a mental or emotional problem in the last 12 months

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Province				
New Brunswick	**33.3**	**33.1**	**34.1**	**30.1**
Health zones				
Zone 1 - Moncton and South-East Area	**32.3**	**32.7**	**34.0**	**29.7**
Zone 2 - Fundy Shore and Saint John Area	**34.9**	**34.6**	**35.7**	**32.3**
Zone 3 - Fredericton and River Valley Area	**34.7**	**34.8**	**35.2**	**31.8**
Zone 4 - Madawaska and North-West Area	S	**27.5**	**27.7**	**21.0**
Zone 5 - Restigouche Area	**34.6**	**34.2**	**34.5**	**30.0**
Zone 6 - Bathurst and Acadian Peninsula Area	**28.8**	**29.6**	**31.7**	**27.5**
Zone 7 - Miramichi Area	**35.1**	**32.7**	**34.0**	**30.2**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**30.7**	**31.1**	**33.4**	**30.5**
Bouctouche, Richibucto, Saint-Antoine Area	**32.2**	**32.5**	**29.7**	**29.4**
Campbellton, Atholville, Tide Head Area	**35.4**	**33.8**	**33.3**	**28.0**
Caraquet, Paquetville, Bertrand Area	**26.1**	**29.8**	**29.2**	**26.6**
Dalhousie, Balmoral, Belledune Area	**33.3**	**34.9**	**36.2**	**32.8**
Dieppe and Memramcook	**27.3**	**29.3**	**32.5**	**27.9**
Douglas, Saint Marys, Doaktown Area	**38.6**	**36.1**	**32.1**	**27.2**
Edmundston, Rivière-Verte, Lac Baker Area	S	**27.4**	**26.9**	**20.6**
Florenceville-Bristol, Woodstock, Wakefield Area	**33.6**	**30.3**	**33.0**	**28.8**
Fredericton	**33.6**	**35.6**	**35.5**	**31.9**
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	**34.9**	**29.9**

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Grand Falls, Saint-Léonard, Drummond Area	**31.8**	**28.8**	**28.5**	**24.5**
Hillsborough, Riverside-Albert, Alma Area	**35.6**	**31.5**	**35.8**	**27.5**
Kedgwick, Saint-Quentin and Grimmer	S	**24.0**	**29.7**	**18.7**
Minto, Chipman, Cambridge-Narrows Area	**31.4**	**33.9**	**33.2**	**30.0**
Miramichi, Rogersville, Blackville Area	**34.8**	**33.2**	**34.0**	**31.0**
Moncton	**31.9**	**33.3**	**34.4**	**30.1**
Nackawic, McAdam, Canterbury Area	**36.6**	**35.2**	**37.3**	**33.5**
Neguac, Alnwick, Esgenoopetitj Area	**37.8**	**27.6**	**33.5**	**23.3**
New Maryland, Kingsclear, Lincoln Area	**27.6**	**31.9**	**31.1**	**34.9**
Oromocto, Gagetown, Fredericton Junction Area	**39.3**	**36.3**	**39.0**	**38.4**
Perth-Andover, Plaster Rock, Tobique Area	**39.6**	**37.7**	**30.1**	**22.9**
Quispamsis, Rothesay, Hampton Area	**34.9**	**36.4**	**37.3**	**31.3**
Riverview and Coverdale	**36.8**	**35.8**	**36.5**	**32.9**
Sackville, Dorchester, Port Elgin Area	**38.8**	**34.5**	**38.3**	**29.3**
Saint John, Simonds and Musquash	**33.9**	**33.9**	**35.1**	**33.3**
Salisbury and Petitcodiac	**34.9**	**33.4**	**35.6**	**34.4**
Shediac, Beaubassin East and Cap-Pelé	**31.7**	**29.4**	**31.9**	**22.8**
Shippagan, Lamèque, Inkerman Area	**27.0**	**24.2**	**30.2**	**22.6**
St. George, Grand Manan, Blacks Harbour Area	**36.7**	**34.7**	**32.4**	**33.2**
St. Stephen, Saint Andrews, Campobello Island Area	**38.4**	**30.5**	**34.4**	**31.4**
Sussex, Norton, Sussex Corner Area	**36.4**	**35.0**	**37.4**	**31.6**
Tracadie and Saint-Isidore	**28.3**	**30.1**	**30.9**	**24.7**

School districts

Anglophone East School District	**36.0**	**35.2**	**36.1**	**32.0**

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone North School District	**37.1**	**37.0**	**36.5**	**35.4**
Anglophone South School District	**35.4**	**34.9**	**35.9**	**32.7**
Anglophone West School District	**35.2**	**35.4**	**35.2**	**31.8**
Anglophone sector	**35.7**	**35.4**	**35.8**	**32.5**
District scolaire francophone Nord-Est	**28.2**	**27.7**	**30.6**	**24.9**
District scolaire francophone Nord-Ouest	S	**26.1**	**27.4**	**20.1**
District scolaire francophone Sud	**26.0**	**27.8**	**30.6**	**25.4**
Francophone sector	**27.1**	**27.5**	**30.0**	**24.2**
Grades				
Grades 6 to 8	**30.7**	**31.0**	**30.4**	**25.2**
Grades 9 to 12	**35.0**	**34.7**	**36.9**	**33.6**
Gender				
Female	**40.6**	**41.7**	**41.4**	n/a
Male	**24.3**	**23.1**	**23.7**	n/a
Non-binary	**58.5**	**57.8**	**61.1**	n/a
Sex at birth				
Female	**41.8**	**43.0**	**43.9**	**40.7**
Male	**24.0**	**22.8**	**23.7**	**18.8**
2SLGBTQIA+ status				
2SLGBTQIA+	**57.9**	**57.9**	**54.5**	n/a
Indigenous identity				
Indigenous	**40.4**	**42.6**	**40.6**	**36.2**
Immigrant				

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Immigrants	**27.8**	**28.5**	**28.3**	**24.6**
Disability or special need				
Disability or special need	**50.4**	**50.0**	n/a	n/a
Racialized groups				
Racialized groups	**29.0**	**29.5**	n/a	n/a
Socioeconomic status				
High socioeconomic status	**30.2**	n/a	n/a	n/a
Low socioeconomic status	**35.9**	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported that they needed to see or talk to someone for a mental or emotional problem in the last 12 months.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Did you need to see or talk to someone for a mental or emotional problem you were having in the last 12 months?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_MHI01_1

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size