Students in grades 6 to 12 who reported they needed to see or talk to someone about their mental or emotional problem but did not see someone

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Province				
New Brunswick	**7.5**	**7.0**	**6.5**	**8.7**
Health zones				
Zone 1 - Moncton and South-East Area	**7.6**	**7.1**	**6.7**	**8.2**
Zone 2 - Fundy Shore and Saint John Area	**8.0**	**7.7**	**7.1**	**9.9**
Zone 3 - Fredericton and River Valley Area	**8.5**	**7.4**	**6.8**	**9.6**
Zone 4 - Madawaska and North-West Area	S	**4.9**	**4.9**	**4.6**
Zone 5 - Restigouche Area	**6.1**	**7.2**	**5.6**	**7.5**
Zone 6 - Bathurst and Acadian Peninsula Area	**4.7**	**4.7**	**4.7**	**6.1**
Zone 7 - Miramichi Area	**7.8**	**7.3**	**7.0**	**9.9**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**5.4**	**5.9**	**5.4**	**7.7**
Bouctouche, Richibucto, Saint-Antoine Area	**5.4**	**5.1**	**6.4**	**8.1**
Campbellton, Atholville, Tide Head Area	**6.5**	**6.7**	**5.6**	**7.4**
Caraquet, Paquetville, Bertrand Area	**4.2**	**3.8**	**4.0**	**4.8**
Dalhousie, Balmoral, Belledune Area	**5.6**	**8.0**	**5.6**	**7.6**
Dieppe and Memramcook	**3.9**	**4.1**	**5.0**	**7.9**
Douglas, Saint Marys, Doaktown Area	**8.3**	**6.4**	**6.7**	**8.8**
Edmundston, Rivière-Verte, Lac Baker Area	S	**4.3**	**4.6**	**3.7**
Florenceville-Bristol, Woodstock, Wakefield Area	**9.4**	**7.4**	**6.9**	**7.8**
Fredericton	**8.0**	**7.0**	**6.6**	**9.2**

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	**6.0**	**6.4**
Grand Falls, Saint-Léonard, Drummond Area	**5.1**	**6.1**	**5.6**	**9.2**
Hillsborough, Riverside-Albert, Alma Area	**9.4**	**11.6**	**9.1**	**10.7**
Kedgwick, Saint-Quentin and Grimmer	S	**4.3**	**4.6**	**3.8**
Minto, Chipman, Cambridge-Narrows Area	**8.4**	**8.4**	**6.5**	**10.5**
Miramichi, Rogersville, Blackville Area	**7.8**	**7.3**	**7.3**	**10.3**
Moncton	**8.5**	**7.4**	**7.2**	**8.4**
Nackawic, McAdam, Canterbury Area	**9.1**	**8.2**	**7.0**	**9.8**
Neguac, Alnwick, Esgenoopetitj Area	**8.0**	**6.9**	**5.0**	**5.5**
New Maryland, Kingsclear, Lincoln Area	**6.2**	**6.8**	**7.7**	**14.5**
Oromocto, Gagetown, Fredericton Junction Area	**9.7**	**8.5**	**7.5**	**13.2**
Perth-Andover, Plaster Rock, Tobique Area	**10.2**	**8.1**	**5.4**	**7.2**
Quispamsis, Rothesay, Hampton Area	**7.0**	**7.1**	**6.5**	**9.4**
Riverview and Coverdale	**9.0**	**8.5**	**7.7**	**8.8**
Sackville, Dorchester, Port Elgin Area	**10.2**	**8.9**	**6.9**	**8.1**
Saint John, Simonds and Musquash	**8.5**	**8.1**	**7.3**	**10.1**
Salisbury and Petitcodiac	**9.2**	**9.2**	**7.0**	**10.4**
Shediac, Beaubassin East and Cap-Pelé	**6.7**	**7.3**	**5.6**	**5.2**
Shippagan, Lamèque, Inkerman Area	**4.6**	**3.3**	**4.0**	**2.9**
St. George, Grand Manan, Blacks Harbour Area	**8.5**	**6.5**	**5.9**	**9.6**
St. Stephen, Saint Andrews, Campobello Island Area	**8.5**	**7.5**	**8.1**	**8.6**
Sussex, Norton, Sussex Corner Area	**8.2**	**8.5**	**8.2**	**12.2**
Tracadie and Saint-Isidore	**3.9**	**3.9**	**4.1**	**5.7**

School districts

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone East School District	**9.7**	**8.7**	**7.7**	**9.5**
Anglophone North School District	**8.1**	**8.4**	**7.6**	**11.1**
Anglophone South School District	**8.2**	**7.8**	**7.2**	**10.1**
Anglophone West School District	**8.9**	**7.8**	**6.9**	**9.9**
Anglophone sector	**8.8**	**8.1**	**7.3**	**10.0**
District scolaire francophone Nord-Est	**4.3**	**4.2**	**4.2**	**4.8**
District scolaire francophone Nord-Ouest	S	**4.1**	**4.7**	**3.5**
District scolaire francophone Sud	**4.4**	**4.3**	**5.1**	**6.4**
Francophone sector	**4.3**	**4.2**	**4.7**	**5.4**
Grades				
Grades 6 to 8	**7.8**	**7.8**	**6.6**	**7.4**
Grades 9 to 12	**7.3**	**6.4**	**6.5**	**9.5**
Gender				
Female	**8.8**	**8.0**	**7.4**	n/a
Male	**5.7**	**5.3**	**4.7**	n/a
Non-binary	**14.6**	**16.6**	**13.9**	n/a
Sex at birth				
Female	**9.3**	**8.5**	**8.2**	**11.5**
Male	**5.6**	**5.4**	**4.8**	**5.5**
2SLGBTQIA+ status				
2SLGBTQIA+	**13.9**	**12.7**	**10.9**	n/a
Indigenous identity				
Indigenous	**9.2**	**9.5**	**8.5**	**10.0**

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Immigrant				
Immigrants	**8.7**	**8.2**	**7.2**	**8.5**
Disability or special need				
Disability or special need	**10.4**	**10.2**	n/a	n/a
Racialized groups				
Racialized groups	**8.6**	**8.2**	n/a	n/a
Socioeconomic status				
High socioeconomic status	**5.8**	n/a	n/a	n/a
Low socioeconomic status	**9.7**	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported they needed to see or talk to someone about their mental or emotional problem but did not see someone.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is based on 2 individual questions in the survey that are asked in the following order: Question #1 is 'Did you need to see or talk to someone for a mental or emotional problem you were having in the last 12 months?' and Question #2 is 'If yes, did you see or talk to someone about your mental or emotional health?'. This indicator is calculated by dividing the number of respondents who answered 'yes' to Question #1 and 'no' to Question #2 by the number of respondents who answered both individual questions.

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_MHI02_1

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size