

Students in grades 6 to 12 who reported they needed to see or talk to someone about their mental or emotional problem but did not see someone

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Province				
New Brunswick	7.5	7.0	6.5	8.7
Health zones				
Zone 1 - Moncton and South-East Area	7.6	7.1	6.7	8.2
Zone 2 - Fundy Shore and Saint John Area	8.0	7.7	7.1	9.9
Zone 3 - Fredericton and River Valley Area	8.5	7.4	6.8	9.6
Zone 4 - Madawaska and North-West Area	S	4.9	4.9	4.6
Zone 5 - Restigouche Area	6.1	7.2	5.6	7.5
Zone 6 - Bathurst and Acadian Peninsula Area	4.7	4.7	4.7	6.1
Zone 7 - Miramichi Area	7.8	7.3	7.0	9.9
Communities				
Bathurst, Beresford, Petit-Rocher Area	5.4	5.9	5.4	7.7
Bouctouche, Richibucto, Saint-Antoine Area	5.4	5.1	6.4	8.1
Campbellton, Atholville, Tide Head Area	6.5	6.7	5.6	7.4
Caraquet, Paquetville, Bertrand Area	4.2	3.8	4.0	4.8
Dalhousie, Balmoral, Belledune Area	5.6	8.0	5.6	7.6
Dieppe and Memramcook	3.9	4.1	5.0	7.9
Douglas, Saint Marys, Doaktown Area	8.3	6.4	6.7	8.8
Edmundston, Rivière-Verte, Lac Baker Area	S	4.3	4.6	3.7
Florenceville-Bristol, Woodstock, Wakefield Area	9.4	7.4	6.9	7.8
Fredericton	8.0	7.0	6.6	9.2
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	6.0	6.4

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Grand Falls, Saint-Léonard, Drummond Area	5.1	6.1	5.6	9.2
Hillsborough, Riverside-Albert, Alma Area	9.4	11.6	9.1	10.7
Kedgwick, Saint-Quentin and Grimmer	S	4.3	4.6	3.8
Minto, Chipman, Cambridge-Narrows Area	8.4	8.4	6.5	10.5
Miramichi, Rogersville, Blackville Area	7.8	7.3	7.3	10.3
Moncton	8.5	7.4	7.2	8.4
Nackawic, McAdam, Canterbury Area	9.1	8.2	7.0	9.8
Neguac, Alnwick, Esgenoopetitj Area	8.0	6.9	5.0	5.5
New Maryland, Kingsclear, Lincoln Area	6.2	6.8	7.7	14.5
Oromocto, Gagetown, Fredericton Junction Area	9.7	8.5	7.5	13.2
Perth-Andover, Plaster Rock, Tobique Area	10.2	8.1	5.4	7.2
Quispamsis, Rothesay, Hampton Area	7.0	7.1	6.5	9.4
Riverview and Coverdale	9.0	8.5	7.7	8.8
Sackville, Dorchester, Port Elgin Area	10.2	8.9	6.9	8.1
Saint John, Simonds and Musquash	8.5	8.1	7.3	10.1
Salisbury and Petitcodiac	9.2	9.2	7.0	10.4
Shediac, Beaubassin East and Cap-Pelé	6.7	7.3	5.6	5.2
Shippagan, Lamèque, Inkerman Area	4.6	3.3	4.0	2.9
St. George, Grand Manan, Blacks Harbour Area	8.5	6.5	5.9	9.6
St. Stephen, Saint Andrews, Campobello Island Area	8.5	7.5	8.1	8.6
Sussex, Norton, Sussex Corner Area	8.2	8.5	8.2	12.2
Tracadie and Saint-Isidore	3.9	3.9	4.1	5.7
School districts				
Anglophone East School District	9.7	8.7	7.7	9.5

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Anglophone North School District	8.1	8.4	7.6	11.1
Anglophone South School District	8.2	7.8	7.2	10.1
Anglophone West School District	8.9	7.8	6.9	9.9
Anglophone sector	8.8	8.1	7.3	10.0
District scolaire francophone Nord-Est	4.3	4.2	4.2	4.8
District scolaire francophone Nord-Ouest	S	4.1	4.7	3.5
District scolaire francophone Sud	4.4	4.3	5.1	6.4
Francophone sector	4.3	4.2	4.7	5.4
Grades				
Grades 6 to 8	7.8	7.8	6.6	7.4
Grades 9 to 12	7.3	6.4	6.5	9.5
Gender				
Female	8.8	8.0	7.4	n/a
Male	5.7	5.3	4.7	n/a
Non-binary	14.6	16.6	13.9	n/a
Sex at birth				
Female	9.3	8.5	8.2	11.5
Male	5.6	5.4	4.8	5.5
2SLGBTQIA+ status				
2SLGBTQIA+	13.9	12.7	10.9	n/a
Indigenous identity				
Indigenous	9.2	9.5	8.5	10.0
Immigrant				

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Immigrants	8.7	8.2	7.2	8.5
Disability or special need				
Disability or special need	10.4	10.2	n/a	n/a
Racialized groups				
Racialized groups	8.6	8.2	n/a	n/a
Socioeconomic status				
High socioeconomic status	5.8	n/a	n/a	n/a
Low socioeconomic status	9.7	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported they needed to see or talk to someone about their mental or emotional problem but did not see someone.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is based on 2 individual questions in the survey that are asked in the following order: Question #1 is 'Did you need to see or talk to someone for a mental or emotional problem you were having in the last 12 months?' and Question #2 is 'If yes, did you see or talk to someone about your mental or emotional health?'. This indicator is calculated by dividing the number of respondents who answered 'yes' to Question #1 and 'no' to Question #2 by the number of respondents who answered both individual questions.

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_MHI02_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size