

SPECIAL INTEREST

Persons with a disability : A population health profile



Province
New Brunswick

Health outcomes

Perceived health, very good or excellent % 2024	37.7
Perceived mental health, very good or excellent % 2024	43.2
Life satisfaction, satisfied or very satisfied % 2020	90.8
Three or more chronic health conditions % 2024	24.9
Chronic pain % 2024	19.4
Hypertension % 2024	28.6
Arthritis % 2024	20.6
Depression % 2024	19.5
Anxiety % 2024	24.5
Takes 6 or more different prescription medications on a regular basis % 2020	11.4

Health behaviours

Exercises at least 2.5 hours per week % 2020	49.9
Eats 5 or more servings of fruit or vegetables per day % 2020	41.9
Daily or occasional smoker % 2020	17.5
Use of cannabis daily % 2020	7.6
Heavy drinking % 2020	26.9

Social and economic factors

❑ Health literacy

Written information about condition/prescription is hard to understand, always or usually % 2020	12.3
Verbal information about condition/prescription is easy to understand, always or usually % 2020	91.7

❶ Social isolation and loneliness

Sense of belonging to local community, somewhat strong or very strong % 2020	72.0
Lonely (based on loneliness score) % 2020	20.8

❷ Contributors to feelings of stress

Own physical health problem or condition % 2020	27.5
Health of family members % 2020	40.2
Financial situation % 2020	32.3
Provides long-term care for someone % 2020	9.1

Health services

❸ Types of difficulties experienced in getting the health care needed

General financial barriers % 2020	26.5
Unable to leave house % 2024	10.5
Had to travel over 100 km/60 miles % 2024	17.0
Services not available in area % 2024	31.0
Transportation problems % 2024	5.7
Trouble getting medical or rehabilitation equipment or supplies % 2020	4.2
Trouble physically accessing a health care setting % 2020	6.5

❹ Regular place of care

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Family doctor % 2020	57.0
After-hours or walk-in clinic % 2020	20.5
Hospital emergency department % 2020	10.4

▢ **Average number of visits per type of provider in the last 12 months**

Family doctor Number 2020	3.1
Nurse practitioner Number 2020	3.4
After-hours clinic or a walk-in clinic Number 2020	0.8
Hospital emergency department Number 2020	0.8

👤 **Access to family doctors**

Has a primary care provider % 2024	77.2
Can get an appointment within five days % 2024	34.5
Hospital emergency department: Waited less than 4 hours % 2020	65.5

👤 **Experience of care with family doctor**

...Gives them enough time to discuss, always % 2020	66.9
...Limits the number of problems that can be discussed in a visit % 2020	24.2
...Explains things in a way that they can understand, always % 2020	75.7
...Involves them in decisions about their health care, always % 2020	71.8
.... Helps them coordinate the care from other providers, always % 2020	68.7
Favourable rating of services received (8, 9 or 10 out of 10) % 2020	81.5

👉 **Need for mental health care**

Needed to talk to a health professional about their mental health % 2024	21.6
...but did not see someone % 2023	33.7

⌚ **Reasons for not seeing a mental health professional**

Wait time for services was too long % 2024	57.5
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Could not afford the cost or insurance did not cover enough % | 2024

37.2

Access to specialized services

Has seen a specialist in the last 12 months % | 2020

40.6

Waited less than 1 month for a first visit % | 2020

40.7

Has required a diagnostic test % | 2020

21.4

Waited less than 1 month for a diagnostic test % | 2020

52.3

Access to home care services

Needed home care services in the last 12 months, but did not receive any % | 2020

3.0

Management of chronic health conditions

Knows what their prescribed medications do (strongly agrees) % | 2024

48.2

Confidence in managing their health condition, very confident % | 2020

41.4

About this Table

Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the [population health model](#) and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance