

SPECIAL INTEREST

Persons with a disability : A population health profile



Province
New Brunswick

Health outcomes

Perceived health, very good or excellent % 2024	37.7
Perceived mental health, very good or excellent % 2024	43.2
Life satisfaction, satisfied or very satisfied % 2020	90.8
Three or more chronic health conditions % 2024	24.9
Chronic pain % 2024	19.4
Hypertension % 2024	28.6
Arthritis % 2024	20.6
Depression % 2024	19.5
Anxiety % 2024	24.5
Takes 6 or more different prescription medications on a regular basis % 2020	11.4

Health behaviours

Exercises at least 2.5 hours per week % 2020	49.9
Eats 5 or more servings of fruit or vegetables per day % 2020	41.9
Daily or occasional smoker % 2020	17.5
Use of cannabis daily % 2020	7.6
Heavy drinking % 2020	26.9

Social and economic factors

Health literacy

Written information about condition/prescription is hard to understand, always or usually % | 2020 **12.3**

Verbal information about condition/prescription is easy to understand, always or usually % | 2020 **91.7**

Social isolation and loneliness

Sense of belonging to local community, somewhat strong or very strong % | 2020 **72.0**

Lonely (based on loneliness score) % | 2020 **20.8**

Contributors to feelings of stress

Own physical health problem or condition % | 2020 **27.5**

Health of family members % | 2020 **40.2**

Financial situation % | 2020 **32.3**

Provides long-term care for someone % | 2020 **9.1**

Health services

Types of difficulties experienced in getting the health care needed

General financial barriers % | 2020 **26.5**

Unable to leave house % | 2024 **10.5**

Had to travel over 100 km/60 miles % | 2024 **17.0**






Services not available in area % | 2024 **31.0**




Transportation problems % | 2024 **5.7**

Trouble getting medical or rehabilitation equipment or supplies % | 2020 **4.2**

Trouble physically accessing a health care setting % | 2020 **6.5**

Regular place of care

	Province New Brunswick
Family doctor % 2020	57.0
After-hours or walk-in clinic % 2020	20.5
Hospital emergency department % 2020	10.4
 Average number of visits per type of provider in the last 12 months	
Family doctor Number 2020	3.1
Nurse practitioner Number 2020	3.4
After-hours clinic or a walk-in clinic Number 2020	0.8
Hospital emergency department Number 2020	0.8
 Access to family doctors	
Has a primary care provider % 2024	77.2
Can get an appointment within five days % 2024	34.5
Hospital emergency department: Waited less than 4 hours % 2020	65.5
 Experience of care with family doctor	
...Gives them enough time to discuss, always % 2020	66.9
...Limits the number of problems that can be discussed in a visit % 2020	24.2
...Explains things in a way that they can understand, always % 2020	75.7
...Involves them in decisions about their health care, always % 2020	71.8
.... Helps them coordinate the care from other providers, always % 2020	68.7
Favourable rating of services received (8, 9 or 10 out of 10) % 2020	81.5
 Need for mental health care	
Needed to talk to a health professional about their mental health % 2024	21.6
...but did not see someone % 2023	33.7
 Reasons for not seeing a mental health professional	
Wait time for services was too long % 2024	57.5

	Province New Brunswick
Could not afford the cost or insurance did not cover enough % 2024	37.2
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 Access to specialized services	
Has seen a specialist in the last 12 months % 2020	40.6
Waited less than 1 month for a first visit % 2020	40.7
Has required a diagnostic test % 2020	21.4
Waited less than 1 month for a diagnostic test % 2020	52.3
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 Access to home care services	
Needed home care services in the last 12 months, but did not receive any % 2020	3.0
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 Management of chronic health conditions	
Knows what their prescribed medications do (strongly agrees) % 2024	48.2
Confidence in managing their health condition, very confident % 2020	41.4

About this Table

Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the [population health model](#) and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance