

SPECIAL INTEREST

Persons with a disability: A population health profile



Health outcomes	
Perceived health, very good or excellent % 2024	37.7
Perceived mental health, very good or excellent % 2024	43.2
Life satisfaction, satisfied or very satisfied % 2020	90.8
Three or more chronic health conditions % 2024	24.9
Chronic pain % 2024	19.4
Hypertension % 2024	28.6
Arthritis % 2024	20.6
Depression % 2024	19.5
Anxiety % 2024	24.5
Takes 6 or more different prescription medications on a regular basis % 2020	11.4
Health behaviours	
Exercises at least 2.5 hours per week % 2020	49.9
Eats 5 or more servings of fruit or vegetables per day $\% \mid$ 2020	41.9
Daily or occasional smoker % 2020	17.5
Use of cannabis daily % 2020	7.6
Heavy drinking % 2020	26.9



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Social and economic factors

Written information about condition/prescription is hard to understand, always or usually $\% \mid 2020$	12.3
Verbal information about condition/prescription is easy to understand, always or usually % 2020	91.7
Social isolation and loneliness	
Sense of belonging to local community, somewhat strong or very strong $\% \mid$ 2020	72.0
Lonely (based on loneliness score) % 2020	20.8
Contributors to feelings of stress	
Contributors to recinings of stress	07.5
Own physical health problem or condition % 2020	27.5
_	40.2
Own physical health problem or condition % 2020	

A Types of difficulties experienced in getting the health care needed

General financial barriers % 2020	26.5
Unable to leave house % 2024	10.5
Had to travel over 100 km/60 miles % 2024	17.0
Services not available in area % 2024	31.0
Transportation problems % 2024	5.7
Trouble getting medical or rehabilitation equipment or supplies % 2020	4.2
Trouble physically accessing a health care setting % 2020	6.5

Regular place of care



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Family doctor % 2020	57.0
After-hours or walk-in clinic % 2020	20.5
Hospital emergency department % 2020	10.4
Average number of visits per type of provider in the last 12 months	
Family doctor Number 2020	3.1
Nurse practitioner Number 2020	3.4
After-hours clinic or a walk-in clinic Number 2020	0.8
Hospital emergency department Number 2020	0.8
& Access to family doctors	
Has a primary care provider % 2024	77.2
Can get an appointment within five days % 2024	34.5
Hospital emergency department: Waited less than 4 hours % 2020	65.5
& Experience of care with family doctor	
Gives them enough time to discuss, always % 2020	66.9
Limits the number of problems that can be discussed in a visit % 2020	24.2
Explains things in a way that they can understand, always % 2020	75.7
Involves them in decisions about their health care, always % 2020	71.8
Helps them coordinate the care from other providers, always % 2020	68.7
Favourable rating of services received (8, 9 or 10 out of 10) $\%$ 2020	81.5
▼ Need for mental health care	
Needed to talk to a health professional about their mental health $\% \mid 2024$	21.6
but did not see someone % 2023	33.7
? Reasons for not seeing a mental health professional	
Wait time for services was too long % 2024	57.5



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Could not afford the cost or insurance did not cover enough % 2024	37.2
Access to specialized services	
Has seen a specialist in the last 12 months % 2020	40.6
Waited less than 1 month for a first visit % 2020	40.7
Has required a diagnostic test % 2020	21.4
Waited less than 1 month for a diagnostic test % 2020	52.3
Access to home care services	
Needed home care services in the last 12 months, but did not receive any % 2020	3.0
& Management of chronic health conditions	
Knows what their prescribed medications do (strongly agrees) % 2024	48.2
Confidence in managing their health condition, very confident % 2020	41.4



About this Table

Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the <u>population health model</u> and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size



P Below-average performance