

SPECIAL INTEREST

# Persons with a disability : A population health profile



Province  
New Brunswick

## Health outcomes

Perceived health, very good or excellent %   2024	37.7
Perceived mental health, very good or excellent %   2024	43.2
Life satisfaction, satisfied or very satisfied %   2020	90.8
Three or more chronic health conditions %   2024	24.9
Chronic pain %   2024	19.4
Hypertension %   2024	28.6
Arthritis %   2024	20.6
Depression %   2024	19.5
Anxiety %   2024	24.5
Takes 6 or more different prescription medications on a regular basis %   2020	11.4

## Health behaviours

Exercises at least 2.5 hours per week %   2020	49.9
Eats 5 or more servings of fruit or vegetables per day %   2020	41.9
Daily or occasional smoker %   2020	17.5
Use of cannabis daily %   2020	7.6
Heavy drinking %   2020	26.9

## Social and economic factors

### Health literacy

Written information about condition/prescription is hard to understand, always or usually % | 2020 **12.3**

Verbal information about condition/prescription is easy to understand, always or usually % | 2020 **91.7**

### Social isolation and loneliness

Sense of belonging to local community, somewhat strong or very strong % | 2020 **72.0**

Lonely (based on loneliness score) % | 2020 **20.8**

### Contributors to feelings of stress

Own physical health problem or condition % | 2020 **27.5**

Health of family members % | 2020 **40.2**

Financial situation % | 2020 **32.3**

Provides long-term care for someone % | 2020 **9.1**

## Health services

### Types of difficulties experienced in getting the health care needed

General financial barriers % | 2020 **26.5**

Unable to leave house % | 2024 **10.5**

Had to travel over 100 km/60 miles % | 2024 **17.0**

Services not available in area % | 2024 **31.0**

Transportation problems % | 2024 **5.7**

Trouble getting medical or rehabilitation equipment or supplies % | 2020 **4.2**

Trouble physically accessing a health care setting % | 2020 **6.5**

### Regular place of care

	Province New Brunswick
Family doctor %   2020	57.0
After-hours or walk-in clinic %   2020	20.5
Hospital emergency department %   2020	10.4
<b> Average number of visits per type of provider in the last 12 months</b>	
Family doctor Number   2020	3.1
Nurse practitioner Number   2020	3.4
After-hours clinic or a walk-in clinic Number   2020	0.8
Hospital emergency department Number   2020	0.8
<b> Access to family doctors</b>	
Has a primary care provider %   2024	77.2
Can get an appointment within five days %   2024	34.5
Hospital emergency department: Waited less than 4 hours %   2020	65.5
<b> Experience of care with family doctor</b>	
...Gives them enough time to discuss, always %   2020	66.9
...Limits the number of problems that can be discussed in a visit %   2020	24.2
...Explains things in a way that they can understand, always %   2020	75.7
...Involves them in decisions about their health care, always %   2020	71.8
.... Helps them coordinate the care from other providers, always %   2020	68.7
Favourable rating of services received (8, 9 or 10 out of 10) %   2020	81.5
<b> Need for mental health care</b>	
Needed to talk to a health professional about their mental health %   2024	21.6
...but did not see someone %   2023	33.7
<b> Reasons for not seeing a mental health professional</b>	
Wait time for services was too long %   2024	57.5

	Province New Brunswick
Could not afford the cost or insurance did not cover enough %   2024	<b>37.2</b>
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<b> Access to specialized services</b>	
Has seen a specialist in the last 12 months %   2020	<b>40.6</b>
Waited less than 1 month for a first visit %   2020	<b>40.7</b>
Has required a diagnostic test %   2020	<b>21.4</b>
Waited less than 1 month for a diagnostic test %   2020	<b>52.3</b>
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<b> Access to home care services</b>	
Needed home care services in the last 12 months, but did not receive any %   2020	<b>3.0</b>
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<b> Management of chronic health conditions</b>	
Knows what their prescribed medications do (strongly agrees) %   2024	<b>48.2</b>
Confidence in managing their health condition, very confident %   2020	<b>41.4</b>

## About this Table

### Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the [population health model](#) and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

### Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

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### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance