

special interest Persons with a disability : A population health profile



Province New Brunswick

Health outcomes Perceived health, very good or excellent % | 2024 37.7 Perceived mental health, very good or excellent % | 2024 43.2 90.8 Life satisfaction, satisfied or very satisfied % | 2020 24.9 Three or more chronic health conditions % | 2024 Chronic pain % | 2024 19.4 Hypertension % | 2024 28.6 Arthritis % | 2024 20.6 Depression % | 2024 19.5 Anxiety % | 2024 24.5 Takes 6 or more different prescription medications on a regular basis % | 2020 11.4

Health behaviours

Exercises at least 2.5 hours per week % 2020	49.9
Eats 5 or more servings of fruit or vegetables per day % 2020	41.9
Daily or occasional smoker % 2020	17.5
Use of cannabis daily % 2020	7.6
Heavy drinking % 2020	26.9



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Social and economic factors

12.3
91.7
72.0
20.8
27.5
40.2
32.3
9.1

Health services

A Types of difficulties experienced in getting the health care needed

General financial barriers % 2020	26.5
Unable to leave house % 2024	10.5
Had to travel over 100 km/60 miles % 2024	17.0
Services not available in area % 2024	31.0
Transportation problems % 2024	5.7
Trouble getting medical or rehabilitation equipment or supplies % 2020	4.2
Trouble physically accessing a health care setting % 2020	6.5

PRegular place of care



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Family doctor % 2020	57.0
After-hours or walk-in clinic % 2020	20.5
Hospital emergency department % 2020	10.4

- Average number of visits per type of provider in the last 12 months

Family doctor Number 2020	3.1
Nurse practitioner Number 2020	3.4
After-hours clinic or a walk-in clinic Number 2020	0.8
Hospital emergency department Number 2020	0.8

Second contractions Access to family doctors

Has a primary care provider % 2024	77.2
Can get an appointment within five days % 2024	34.5
Hospital emergency department: Waited less than 4 hours % 2020	65.5

& Experience of care with family doctor

Gives them enough time to discuss, always $\%$ 2020	66.9
Limits the number of problems that can be discussed in a visit $\%\mid$ 2020	24.2
Explains things in a way that they can understand, always $\%$ 2020	75.7
Involves them in decisions about their health care, always $\%\mid$ 2020	71.8
Helps them coordinate the care from other providers, always $\%\mid$ 2020	68.7
Favourable rating of services received (8, 9 or 10 out of 10) % 2020	81.5

Need for mental health care

21.6	t their mental health % 2024 21.6	Needed to talk to a health professional about their mental health %
33.7	33.7	but did not see someone % 2023

⑦ Reasons for not seeing a mental health professional

Wait time for services was too long $\%\mid$ 2024	57.5
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Could not afford the cost or insurance did not cover enough % 2024	37.:
Access to specialized services	
Has seen a specialist in the last 12 months % 2020	40.
Waited less than 1 month for a first visit % 2020	40.7
Has required a diagnostic test % 2020	21.4
Waited less than 1 month for a diagnostic test % 2020	52.:
Access to home care services	
Needed home care services in the last 12 months, but did not receive any % 2020	3.(
Management of chronic health conditions	
Knows what their prescribed medications do (strongly agrees) $\%$ 2024	48.2
Confidence in managing their health condition, very confident % 2020	41.4

About this Table

Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the <u>population health model</u> and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

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Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

P Below-average performance