SPECIAL INTEREST

Persons with a disability : A population health profile



Province
New Brunswick

Health outcomes

Perceived health, very good or excellent % | 2024	**37.7**
Perceived mental health, very good or excellent % | 2024	**43.2**
Life satisfaction, satisfied or very satisfied % | 2020	**90.8**
Three or more chronic health conditions % | 2024	**24.9**
Chronic pain % | 2024	**19.4**
Hypertension % | 2024	**28.6**
Arthritis % | 2024	**20.6**
Depression % | 2024	**19.5**
Anxiety % | 2024	**24.5**
Takes 6 or more different prescription medications on a regular basis % | 2020	**11.4**

Health behaviours

Exercises at least 2.5 hours per week % | 2020	**49.9**
Eats 5 or more servings of fruit or vegetables per day % | 2020	**41.9**
Daily or occasional smoker % | 2020	**17.5**
Use of cannabis daily % | 2020	**7.6**
Heavy drinking % | 2020	**26.9**

Province
New Brunswick

Social and economic factors

Health literacy

Written information about condition/prescription is hard to understand, always or usually % | 2020	**12.3**
Verbal information about condition/prescription is easy to understand, always or usually % | 2020	**91.7**

Social isolation and loneliness

Sense of belonging to local community, somewhat strong or very strong % | 2020	**72.0**
Lonely (based on loneliness score) % | 2020	**20.8**

Contributors to feelings of stress

Own physical health problem or condition % | 2020	**27.5**
Health of family members % | 2020	**40.2**
Financial situation % | 2020	**32.3**
Provides long-term care for someone % | 2020	**9.1**

Health services

Types of difficulties experienced in getting the health care needed

General financial barriers % | 2020	**26.5**
Unable to leave house % | 2024	**10.5**
Had to travel over 100 km/60 miles % | 2024	**17.0**
Services not available in area % | 2024	**31.0**
Transportation problems % | 2024	**5.7**
Trouble getting medical or rehabilitation equipment or supplies % | 2020	**4.2**
Trouble physically accessing a health care setting % | 2020	**6.5**

Regular place of care

	Province New Brunswick
Family doctor % | 2020	**57.0**
After-hours or walk-in clinic % | 2020	**20.5**
Hospital emergency department % | 2020	**10.4**

Average number of visits per type of provider in the last 12 months

Family doctor Number | 2020	**3.1**
Nurse practitioner Number | 2020	**3.4**
After-hours clinic or a walk-in clinic Number | 2020	**0.8**
Hospital emergency department Number | 2020	**0.8**

Access to family doctors

Has a primary care provider % | 2025	**72.6**
Can get an appointment within five days % | 2025	**34.6**
Hospital emergency department: Waited less than 4 hours % | 2020	**65.5**

Experience of care with family doctor

...Gives them enough time to discuss, always % | 2020	**66.9**
...Limits the number of problems that can be discussed in a visit % | 2020	**24.2**
...Explains things in a way that they can understand, always % | 2020	**75.7**
...Involves them in decisions about their health care, always % | 2020	**71.8**
.... Helps them coordinate the care from other providers, always % | 2020	**68.7**
Favourable rating of services received (8, 9 or 10 out of 10) % | 2020	**81.5**

Need for mental health care

Needed to talk to a health professional about their mental health % | 2025	**19.2**
...but did not see someone % | 2023	**33.7**

Reasons for not seeing a mental health professional

Wait time for services was too long % | 2025	**57.2**

	Province New Brunswick
Could not afford the cost or insurance did not cover enough % | 2025	**33.0**

Access to specialized services

Has seen a specialist in the last 12 months % | 2020	**40.6**
Waited less than 1 month for a first visit % | 2020	**40.7**
Has required a diagnostic test % | 2020	**21.4**
Waited less than 1 month for a diagnostic test % | 2020	**52.3**

Access to home care services

Needed home care services in the last 12 months, but did not receive any % | 2020	**3.0**

Management of chronic health conditions

Knows what their prescribed medications do (strongly agrees) % | 2024	**48.2**
Confidence in managing their health condition, very confident % | 2020	**41.4**

About this Table

Content and description
Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.
The indicators are organized based on the population health model and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important
By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance