

# special interest Persons with a disability : A population health profile



Province New Brunswick

#### Health outcomes Perceived health, very good or excellent % | 2024 37.7 Perceived mental health, very good or excellent % | 2024 43.2 90.8 Life satisfaction, satisfied or very satisfied % | 2020 24.9 Three or more chronic health conditions % | 2024 Chronic pain % | 2024 19.4 Hypertension % | 2024 28.6 Arthritis % | 2024 20.6 Depression % | 2024 19.5 Anxiety % | 2024 24.5 Takes 6 or more different prescription medications on a regular basis % | 2020 11.4

## Health behaviours

Exercises at least 2.5 hours per week %   2020	49.9
Eats 5 or more servings of fruit or vegetables per day %   2020	41.9
Daily or occasional smoker %   2020	17.5
Use of cannabis daily %   2020	7.6
Heavy drinking %   2020	26.9



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## Social and economic factors

12.3
91.7
72.0
20.8
27.5
40.2
32.3
9.1

## Health services

## **A** Types of difficulties experienced in getting the health care needed

General financial barriers %   2020	26.5
Unable to leave house %   2024	10.5
Had to travel over 100 km/60 miles %   2024	17.0
Services not available in area %   2024	31.0
Transportation problems %   2024	5.7
Trouble getting medical or rehabilitation equipment or supplies %   2020	4.2
Trouble physically accessing a health care setting %   2020	6.5

## **P**Regular place of care



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Family doctor %   2020	57.0
After-hours or walk-in clinic %   2020	20.5
Hospital emergency department %   2020	10.4

### - Average number of visits per type of provider in the last 12 months

Family doctor Number   2020	3.1
Nurse practitioner Number   2020	3.4
After-hours clinic or a walk-in clinic Number   2020	0.8
Hospital emergency department Number   2020	0.8

## Second contractions Access to family doctors

Has a primary care provider %   2024	77.2
Can get an appointment within five days %   2024	34.5
Hospital emergency department: Waited less than 4 hours %   2020	65.5

#### **&** Experience of care with family doctor

Gives them enough time to discuss, always $\%$   2020	66.9
Limits the number of problems that can be discussed in a visit $\%\mid$ 2020	24.2
Explains things in a way that they can understand, always $\%$   2020	75.7
Involves them in decisions about their health care, always $\%\mid$ 2020	71.8
Helps them coordinate the care from other providers, always $\%\mid$ 2020	68.7
Favourable rating of services received (8, 9 or 10 out of 10) %   2020	81.5

### Need for mental health care

21.6	t their mental health %   2024 <b>21.6</b>	Needed to talk to a health professional about their mental health %
33.7	33.7	but did not see someone %   2023

#### ⑦ Reasons for not seeing a mental health professional

Wait time for services was too long $\%\mid$ 2024	57.5
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Could not afford the cost or insurance did not cover enough %   2024	37.:
Access to specialized services	
Has seen a specialist in the last 12 months %   2020	40.
Waited less than 1 month for a first visit %   2020	40.7
Has required a diagnostic test %   2020	21.4
Waited less than 1 month for a diagnostic test %   2020	52.:
Access to home care services	
Needed home care services in the last 12 months, but did not receive any %   2020	3.(
Management of chronic health conditions	
Knows what their prescribed medications do (strongly agrees) $\%$   2024	48.2
Confidence in managing their health condition, very confident %   2020	41.4

# About this Table

#### **Content and description**

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the <u>population health model</u> and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

#### Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

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#### Caption

n/a = Not applicable / not available

- S = Data suppressed due to confidentiality requirements and/or small sample size
- Above-average performance
- P Below-average performance