

## SPECIAL INTEREST

# Persons with a disability : A population health profile

## Health outcomes

Perceived health, very good or excellent %

Perceived mental health, very good or excellent %

Life satisfaction, satisfied or very satisfied %

Three or more chronic health conditions %

Chronic pain %

Hypertension %

Arthritis %

Depression %

Anxiety %

Takes 6 or more different prescription medications on a regular basis %

## Health behaviours

Exercises at least 2.5 hours per week %

Eats 5 or more servings of fruit or vegetables per day %

Daily or occasional smoker %

Use of cannabis daily %

Heavy drinking %

## Social and economic factors

### ■ Health literacy

Written information about condition/prescription is hard to understand, always or usually %

Verbal information about condition/prescription is easy to understand, always or usually %

### **Social isolation and loneliness**

Sense of belonging to local community, somewhat strong or very strong %

Lonely (based on loneliness score) %

### **Contributors to feelings of stress**

Own physical health problem or condition %

Health of family members %

Financial situation %

Provides long-term care for someone %

## Health services

### **Types of difficulties experienced in getting the health care needed**

General financial barriers %

Unable to leave house %

Had to travel over 100 km/60 miles %

Services not available in area %

Transportation problems %

Trouble getting medical or rehabilitation equipment or supplies %

Trouble physically accessing a health care setting %

### **Regular place of care**

Family doctor %

After-hours or walk-in clinic %

Hospital emergency department %

### **Average number of visits per type of provider in the last 12 months**

Family doctor Number

Nurse practitioner Number

After-hours clinic or a walk-in clinic Number

Hospital emergency department Number

### **Access to family doctors**

Has a primary care provider %

Can get an appointment within five days %

Hospital emergency department: Waited less than 4 hours %

### **Experience of care with family doctor**

...Gives them enough time to discuss, always %

...Limits the number of problems that can be discussed in a visit %

...Explains things in a way that they can understand, always %

...Involves them in decisions about their health care, always %

.... Helps them coordinate the care from other providers, always %

Favourable rating of services received (8, 9 or 10 out of 10) %

### **Need for mental health care**

Needed to talk to a health professional about their mental health %

...but did not see someone %

### **Reasons for not seeing a mental health professional**

Wait time for services was too long %

Could not afford the cost or insurance did not cover enough %

### **Access to specialized services**

Has seen a specialist in the last 12 months %

Waited less than 1 month for a first visit %

Has required a diagnostic test %

Waited less than 1 month for a diagnostic test %

 **Access to home care services**

Needed home care services in the last 12 months, but did not receive any %

 **Management of chronic health conditions**

Knows what their prescribed medications do (strongly agrees) %

Confidence in managing their health condition, very confident %

## About this Table

### Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the [population health model](#) and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

### Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

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### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance