

SPECIAL INTEREST Persons with a disability : A population health profile

Health outcomes

 Perceived health, very good or excellent %

 Perceived mental health, very good or excellent %

 Life satisfaction, satisfied or very satisfied %

 Three or more chronic health conditions %

 Chronic pain %

 Hypertension %

 Arthritis %

 Depression %

 Anxiety %

 Takes 6 or more different prescription medications on a regular basis %

Health behaviours

Exercises at least 2.5 hours per week %

Eats 5 or more servings of fruit or vegetables per day %

Daily or occasional smoker %

Use of cannabis daily %

Heavy drinking %

Social and economic factors

Health literacy

Written information about condition/prescription is hard to understand, always or usually %



Verbal information about condition/prescription is easy to understand, always or usually %

B Social isolation and loneliness

Sense of belonging to local community, somewhat strong or very strong %

Lonely (based on loneliness score) %

Contributors to feelings of stress

Own physical health problem or condition %

Health of family members %

Financial situation %

Provides long-term care for someone %

Health services

f A Types of difficulties experienced in getting the health care needed

General financial barriers %

Unable to leave house %

Had to travel over 100 km/60 miles %

Services not available in area %

Transportation problems %

Trouble getting medical or rehabilitation equipment or supplies %

Trouble physically accessing a health care setting %

Regular place of care

Family doctor %

After-hours or walk-in clinic %

Hospital emergency department %

+ Average number of visits per type of provider in the last 12 months

Family doctor Number



 Nurse practitioner Number

 After-hours clinic or a walk-in clinic Number

 Hospital emergency department Number

 & Access to family doctors

 Has a primary care provider %

 Can get an appointment within five days %

 Hospital emergency department: Waited less than 4 hours %

 & Experience of care with family doctor

 ...Gives them enough time to discuss, always %

 ...Limits the number of problems that can be discussed in a visit %

...Explains things in a way that they can understand, always %

 \ldots Involves them in decisions about their health care, always %

 \ldots Helps them coordinate the care from other providers, always %

Favourable rating of services received (8, 9 or 10 out of 10) %

Need for mental health care

Needed to talk to a health professional about their mental health %

...but did not see someone %

⑦ Reasons for not seeing a mental health professional

Wait time for services was too long %

Could not afford the cost or insurance did not cover enough %

Access to specialized services

Has seen a specialist in the last 12 months %

Waited less than 1 month for a first visit %

Has required a diagnostic test %

Waited less than 1 month for a diagnostic test %

Access to home care services

Needed home care services in the last 12 months, but did not receive any %

Management of chronic health conditions

Knows what their prescribed medications do (strongly agrees) %

Confidence in managing their health condition, very confident %

About this Table

Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the <u>population health model</u> and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

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Caption

n/a = Not applicable / not available

- S = Data suppressed due to confidentiality requirements and/or small sample size
- Above-average performance
- P Below-average performance