

SPECIAL INTEREST

Persons with a disability : A population health profile



Province New Brunswick	Persons with a disability	Persons without disability
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Health outcomes

Perceived health, very good or excellent % 2024	37.7	n/a	n/a
Perceived mental health, very good or excellent % 2024	43.2	n/a	n/a
Life satisfaction, satisfied or very satisfied % 2020	90.8	72.8	96.3
Three or more chronic health conditions % 2024	24.9	n/a	n/a
Chronic pain % 2024	19.4	n/a	n/a
Hypertension % 2024	28.6	n/a	n/a
Arthritis % 2024	20.6	n/a	n/a
Depression % 2024	19.5	n/a	n/a
Anxiety % 2024	24.5	n/a	n/a
Takes 6 or more different prescription medications on a regular basis % 2020	11.4	30.5	5.0

Health behaviours

Exercises at least 2.5 hours per week % 2020	49.9	35.8	54.5
Eats 5 or more servings of fruit or vegetables per day % 2020	41.9	35.9	43.9
Daily or occasional smoker % 2020	17.5	23.2	15.5
Use of cannabis daily % 2020	7.6	12.7	5.8
Heavy drinking % 2020	26.9	18.8	28.9

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Social and economic factors

Health literacy

Written information about condition/prescription is hard to understand, always or usually % 2020	12.3	15.0	11.3
Verbal information about condition/prescription is easy to understand, always or usually % 2020	91.7	88.4	92.9

Social isolation and loneliness

Sense of belonging to local community, somewhat strong or very strong % 2020	72.0	59.3	75.0
Lonely (based on loneliness score) % 2020	20.8	35.7	16.1

Contributors to feelings of stress

Own physical health problem or condition % 2020	27.5	57.4	17.1
Health of family members % 2020	40.2	48.9	36.8
Financial situation % 2020	32.3	40.2	28.1
Provides long-term care for someone % 2020	9.1	11.3	7.8

Health services

Types of difficulties experienced in getting the health care needed

General financial barriers % 2020	26.5	39.4	22.4
Unable to leave house % 2024	10.5	n/a	n/a
Had to travel over 100 km/60 miles % 2024	17.0	n/a	n/a
Services not available in area % 2024	31.0	n/a	n/a
Transportation problems % 2024	5.7	n/a	n/a
Trouble getting medical or rehabilitation equipment or supplies % 2020	4.2	9.0	2.4
Trouble physically accessing a health care setting % 2020	6.5	10.9	5.0

	Province New Brunswick	Persons with a disability	Persons without disability
♥ Regular place of care			
Family doctor % 2020	57.0	64.9	55.3
After-hours or walk-in clinic % 2020	20.5	12.5	23.1
Hospital emergency department % 2020	10.4	10.6	9.9
📄 Average number of visits per type of provider in the last 12 months			
Family doctor Number 2020	3.1	4.6	2.5
Nurse practitioner Number 2020	3.4	4.2	3.0
After-hours clinic or a walk-in clinic Number 2020	0.8	0.9	0.8
Hospital emergency department Number 2020	0.8	1.3	0.6
👤 Access to family doctors			
Has a primary care provider % 2024	77.2	n/a	n/a
Can get an appointment within five days % 2024	34.5	n/a	n/a
Hospital emergency department: Waited less than 4 hours % 2020	65.5	65.8	66.4
👤 Experience of care with family doctor			
...Gives them enough time to discuss, always % 2020	66.9	61.7	68.9
...Limits the number of problems that can be discussed in a visit % 2020	24.2	27.5	22.6
...Explains things in a way that they can understand, always % 2020	75.7	70.3	77.8
...Involves them in decisions about their health care, always % 2020	71.8	65.2	73.8
.... Helps them coordinate the care from other providers, always % 2020	68.7	65.6	70.1
Favourable rating of services received (8, 9 or 10 out of 10) % 2020	81.5	76.9	83.4
👤 Need for mental health care			
Needed to talk to a health professional about their mental health % 2024	21.6	n/a	n/a

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...but did not see someone % 2023	33.7	n/a	n/a
🔍 Reasons for not seeing a mental health professional			
Wait time for services was too long % 2024	57.5	n/a	n/a
Could not afford the cost or insurance did not cover enough % 2024	37.2	n/a	n/a
👤 Access to specialized services			
Has seen a specialist in the last 12 months % 2020	40.6	60.9	33.6
Waited less than 1 month for a first visit % 2020	40.7	38.4	42.4
Has required a diagnostic test % 2020	21.4	37.9	16.3
Waited less than 1 month for a diagnostic test % 2020	52.3	51.0	52.4
🏠 Access to home care services			
Needed home care services in the last 12 months, but did not receive any % 2020	3.0	9.5	1.0
👤 Management of chronic health conditions			
Knows what their prescribed medications do (strongly agrees) % 2024	48.2	n/a	n/a
Confidence in managing their health condition, very confident % 2020	41.4	29.6	46.9

About this Table

Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the [population health model](#) and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance