

SPECIAL INTEREST

Persons with a disability : A population health profile



| | | |
|----------------------------------|------------------------------|-------------------------------|
| Province New Brunswick | Persons with a disability | Persons without disability |
|----------------------------------|------------------------------|-------------------------------|

Health outcomes

| | | | |
|--|-------------|-------------|-------------|
| Perceived health, very good or excellent % 2023 | 38.3 | n/a | n/a |
| Perceived mental health, very good or excellent % 2023 | 42.6 | n/a | n/a |
| Life satisfaction, satisfied or very satisfied % 2020 | 90.8 | 72.8 | 96.3 |
| Three or more chronic health conditions % 2023 | 24.9 | n/a | n/a |
| Chronic pain % 2023 | 20.2 | n/a | n/a |
| Hypertension % 2023 | 29.0 | n/a | n/a |
| Arthritis % 2023 | 21.2 | n/a | n/a |
| Depression % 2023 | 19.8 | n/a | n/a |
| Anxiety % 2023 | 24.6 | n/a | n/a |
| Takes 6 or more different prescription medications on a regular basis % 2020 | 11.4 | 30.5 | 5.0 |

Health behaviours

| | | | |
|---|-------------|-------------|-------------|
| Exercises at least 2.5 hours per week % 2020 | 49.9 | 35.8 | 54.5 |
| Eats 5 or more servings of fruit or vegetables per day % 2020 | 41.9 | 35.9 | 43.9 |
| Daily or occasional smoker % 2020 | 17.5 | 23.2 | 15.5 |
| Use of cannabis daily % 2020 | 7.6 | 12.7 | 5.8 |
| Heavy drinking % 2020 | 26.9 | 18.8 | 28.9 |

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Social and economic factors

Health literacy

| | | | |
|--|------|------|------|
| Written information about condition/prescription is hard to understand, always or usually % 2020 | 12.3 | 15.0 | 11.3 |
| Verbal information about condition/prescription is easy to understand, always or usually % 2020 | 91.7 | 88.4 | 92.9 |

Social isolation and loneliness

| | | | |
|--|------|------|------|
| Sense of belonging to local community, somewhat strong or very strong % 2020 | 72.0 | 59.3 | 75.0 |
| Lonely (based on loneliness score) % 2020 | 20.8 | 35.7 | 16.1 |

Contributors to feelings of stress

| | | | |
|---|------|------|------|
| Own physical health problem or condition % 2020 | 27.5 | 57.4 | 17.1 |
| Health of family members % 2020 | 40.2 | 48.9 | 36.8 |
| Financial situation % 2020 | 32.3 | 40.2 | 28.1 |
| Provides long-term care for someone % 2020 | 9.1 | 11.3 | 7.8 |

Health services

Types of difficulties experienced in getting the health care needed

| | | | |
|--|------|------|------|
| General financial barriers % 2020 | 26.5 | 39.4 | 22.4 |
| Unable to leave house % 2023 | 12.4 | n/a | n/a |
| Had to travel over 100 km/60 miles % 2023 | 16.5 | n/a | n/a |
| Services not available in area % 2023 | 30.1 | n/a | n/a |
| Transportation problems % 2023 | 7.0 | n/a | n/a |
| Trouble getting medical or rehabilitation equipment or supplies % 2020 | 4.2 | 9.0 | 2.4 |
| Trouble physically accessing a health care setting % 2020 | 6.5 | 10.9 | 5.0 |

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| ♥ Regular place of care | | | |
| Family doctor % 2020 | 57.0 | 64.9 | 55.3 |
| After-hours or walk-in clinic % 2020 | 20.5 | 12.5 | 23.1 |
| Hospital emergency department % 2020 | 10.4 | 10.6 | 9.9 |
| 📄 Average number of visits per type of provider in the last 12 months | | | |
| Family doctor Number 2020 | 3.1 | 4.6 | 2.5 |
| Nurse practitioner Number 2020 | 3.4 | 4.2 | 3.0 |
| After-hours clinic or a walk-in clinic Number 2020 | 0.8 | 0.9 | 0.8 |
| Hospital emergency department Number 2020 | 0.8 | 1.3 | 0.6 |
| 👤 Access to family doctors | | | |
| Has a primary care provider % 2023 | 79.3 | n/a | n/a |
| Can get an appointment within five days % 2023 | 31.5 | n/a | n/a |
| Hospital emergency department: Waited less than 4 hours % 2020 | 65.5 | 65.8 | 66.4 |
| 👤 Experience of care with family doctor | | | |
| ...Gives them enough time to discuss, always % 2020 | 66.9 | 61.7 | 68.9 |
| ...Limits the number of problems that can be discussed in a visit % 2020 | 24.2 | 27.5 | 22.6 |
| ...Explains things in a way that they can understand, always % 2020 | 75.7 | 70.3 | 77.8 |
| ...Involves them in decisions about their health care, always % 2020 | 71.8 | 65.2 | 73.8 |
| Helps them coordinate the care from other providers, always % 2020 | 68.7 | 65.6 | 70.1 |
| Favourable rating of services received (8, 9 or 10 out of 10) % 2020 | 81.5 | 76.9 | 83.4 |
| 👤 Need for mental health care | | | |
| Needed to talk to a health professional about their mental health % 2023 | 22.3 | n/a | n/a |

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| ...but did not see someone % 2023 | 33.7 | n/a | n/a |
| 🔍 Reasons for not seeing a mental health professional | | | |
| Wait time for services was too long % 2023 | 55.0 | n/a | n/a |
| Could not afford the cost or insurance did not cover enough % 2023 | 40.9 | n/a | n/a |
| 👤 Access to specialized services | | | |
| Has seen a specialist in the last 12 months % 2020 | 40.6 | 60.9 | 33.6 |
| Waited less than 1 month for a first visit % 2020 | 40.7 | 38.4 | 42.4 |
| Has required a diagnostic test % 2020 | 21.4 | 37.9 | 16.3 |
| Waited less than 1 month for a diagnostic test % 2020 | 52.3 | 51.0 | 52.4 |
| 🏠 Access to home care services | | | |
| Needed home care services in the last 12 months, but did not receive any % 2020 | 3.0 | 9.5 | 1.0 |
| 👤 Management of chronic health conditions | | | |
| Knows what their prescribed medications do (strongly agrees) % 2023 | 47.8 | n/a | n/a |
| Confidence in managing their health condition, very confident % 2020 | 41.4 | 29.6 | 46.9 |

About this Table

Content and description

Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.

The indicators are organized based on the [population health model](#) and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important

By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance