SPECIAL INTEREST

Persons with a disability : A population health profile

Province New Brunswick	Persons with a disability	Persons without disability

Health outcomes

Perceived health, very good or excellent % | 2024	**37.7**	n/a	n/a
Perceived mental health, very good or excellent % | 2024	**43.2**	n/a	n/a
Life satisfaction, satisfied or very satisfied % | 2020	**90.8**	**72.8**	**96.3**
Three or more chronic health conditions % | 2024	**24.9**	n/a	n/a
Chronic pain % | 2024	**19.4**	n/a	n/a
Hypertension % | 2024	**28.6**	n/a	n/a
Arthritis % | 2024	**20.6**	n/a	n/a
Depression % | 2024	**19.5**	n/a	n/a
Anxiety % | 2024	**24.5**	n/a	n/a
Takes 6 or more different prescription medications on a regular basis % | 2020	**11.4**	**30.5**	**5.0**

Health behaviours

Exercises at least 2.5 hours per week % | 2020	**49.9**	**35.8**	**54.5**
Eats 5 or more servings of fruit or vegetables per day % | 2020	**41.9**	**35.9**	**43.9**
Daily or occasional smoker % | 2020	**17.5**	**23.2**	**15.5**
Use of cannabis daily % | 2020	**7.6**	**12.7**	**5.8**
Heavy drinking % | 2020	**26.9**	**18.8**	**28.9**

	Province New Brunswick	Persons with a disability	Persons without disability

Social and economic factors

Health literacy

Written information about condition/prescription is hard to understand, always or usually % | 2020	**12.3**	**15.0**	**11.3**
Verbal information about condition/prescription is easy to understand, always or usually % | 2020	**91.7**	**88.4**	**92.9**

Social isolation and loneliness

Sense of belonging to local community, somewhat strong or very strong % | 2020	**72.0**	**59.3**	**75.0**
Lonely (based on loneliness score) % | 2020	**20.8**	**35.7**	**16.1**

Contributors to feelings of stress

Own physical health problem or condition % | 2020	**27.5**	**57.4**	**17.1**
Health of family members % | 2020	**40.2**	**48.9**	**36.8**
Financial situation % | 2020	**32.3**	**40.2**	**28.1**
Provides long-term care for someone % | 2020	**9.1**	**11.3**	**7.8**

Health services

Types of difficulties experienced in getting the health care needed

General financial barriers % | 2020	**26.5**	**39.4**	**22.4**
Unable to leave house % | 2024	**10.5**	n/a	n/a
Had to travel over 100 km/60 miles % | 2024	**17.0**	n/a	n/a
Services not available in area % | 2024	**31.0**	n/a	n/a
Transportation problems % | 2024	**5.7**	n/a	n/a
Trouble getting medical or rehabilitation equipment or supplies % | 2020	**4.2**	**9.0**	**2.4**

	Province New Brunswick	Persons with a disability	Persons without disability
Trouble physically accessing a health care setting % | 2020	**6.5**	**10.9**	**5.0**
Regular place of care			
Family doctor % | 2020	**57.0**	**64.9**	**55.3**
After-hours or walk-in clinic % | 2020	**20.5**	**12.5**	**23.1**
Hospital emergency department % | 2020	**10.4**	**10.6**	**9.9**
Average number of visits per type of provider in the last 12 months			
Family doctor Number | 2020	**3.1**	**4.6**	**2.5**
Nurse practitioner Number | 2020	**3.4**	**4.2**	**3.0**
After-hours clinic or a walk-in clinic Number | 2020	**0.8**	**0.9**	**0.8**
Hospital emergency department Number | 2020	**0.8**	**1.3**	**0.6**
Access to family doctors			
Has a primary care provider % | 2025	**72.6**	n/a	n/a
Can get an appointment within five days % | 2025	**34.6**	n/a	n/a
Hospital emergency department: Waited less than 4 hours % | 2020	**65.5**	**65.8**	**66.4**
Experience of care with family doctor			
...Gives them enough time to discuss, always % | 2020	**66.9**	**61.7**	**68.9**
...Limits the number of problems that can be discussed in a visit % | 2020	**24.2**	**27.5**	**22.6**
...Explains things in a way that they can understand, always % | 2020	**75.7**	**70.3**	**77.8**
...Involves them in decisions about their health care, always % | 2020	**71.8**	**65.2**	**73.8**
.... Helps them coordinate the care from other providers, always % | 2020	**68.7**	**65.6**	**70.1**
Favourable rating of services received (8, 9 or 10 out of 10) % | 2020	**81.5**	**76.9**	**83.4**
Need for mental health care			

	Province New Brunswick	Persons with a disability	Persons without disability
Needed to talk to a health professional about their mental health % | 2025	**19.2**	n/a	n/a
...but did not see someone % | 2023	**33.7**	n/a	n/a
Reasons for not seeing a mental health professional			
Wait time for services was too long % | 2025	**57.2**	n/a	n/a
Could not afford the cost or insurance did not cover enough % | 2025	**33.0**	n/a	n/a
Access to specialized services			
Has seen a specialist in the last 12 months % | 2020	**40.6**	**60.9**	**33.6**
Waited less than 1 month for a first visit % | 2020	**40.7**	**38.4**	**42.4**
Has required a diagnostic test % | 2020	**21.4**	**37.9**	**16.3**
Waited less than 1 month for a diagnostic test % | 2020	**52.3**	**51.0**	**52.4**
Access to home care services			
Needed home care services in the last 12 months, but did not receive any % | 2020	**3.0**	**9.5**	**1.0**
Management of chronic health conditions			
Knows what their prescribed medications do (strongly agrees) % | 2024	**48.2**	n/a	n/a
Confidence in managing their health condition, very confident % | 2020	**41.4**	**29.6**	**46.9**

About this Table

Content and description
Data about the experience persons with a disability reported throughout their journey while interacting with the New Brunswick health system.
The indicators are organized based on the population health model and capture the experience that persons with a disability had with health services regarding availability, visits, wait times, communication and overall care.

Why it is important
By better understanding the needs and experiences of persons with a disability while accessing required health services, we can better assess the quality of programs and services.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance