

Students in grades 6 to 12 who are overweight or obese (based on self-reported height and weight)

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Province			
New Brunswick	26.9	26.5	28.3
Health zones			
Zone 1 - Moncton and South-East Area	26.1	26.2	28.6
Zone 2 - Fundy Shore and Saint John Area	26.1	25.3	26.9
Zone 3 - Fredericton and River Valley Area	27.2	26.3	27.4
Zone 4 - Madawaska and North-West Area	27.2	27.8	29.8
Zone 5 - Restigouche Area	27.1	27.6	33.3
Zone 6 - Bathurst and Acadian Peninsula Area	28.1	28.0	29.2
Zone 7 - Miramichi Area	32.7	31.0	32.6
Communities			
Bathurst, Beresford, Petit-Rocher Area	27.4	27.0	27.9
Bouctouche, Richibucto, Saint-Antoine Area	32.7	31.5	39.2
Campbellton, Atholville, Tide Head Area	27.9	27.7	35.4
Caraquet, Paquetville, Bertrand Area	23.9	20.9	27.3
Dalhousie, Balmoral, Belledune Area	26.2	27.4	30.4
Dieppe and Memramcook	20.8	20.3	23.5
Douglas, Saint Marys, Doaktown Area	38.6	44.4	37.0
Edmundston, Rivière-Verte, Lac Baker Area	28.8	28.4	30.9
Florenceville-Bristol, Woodstock, Wakefield Area	30.1	28.4	31.3
Fredericton	24.3	23.6	24.1
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	34.5

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	24.7	25.8	27.9
Hillsborough, Riverside-Albert, Alma Area	26.5	32.0	26.4
Kedgwick, Saint-Quentin and Grimmer	27.5	30.5	29.5
Minto, Chipman, Cambridge-Narrows Area	33.0	35.3	34.1
Miramichi, Rogersville, Blackville Area	32.7	31.0	32.4
Moncton	25.5	25.0	27.4
Nackawic, McAdam, Canterbury Area	31.0	25.3	28.9
Neguac, Alnwick, Esgenoopetitj Area	33.4	30.9	34.1
New Maryland, Kingsclear, Lincoln Area	25.8	19.9	25.1
Oromocto, Gagetown, Fredericton Junction Area	28.7	26.6	29.4
Perth-Andover, Plaster Rock, Tobique Area	33.6	33.7	37.0
Quispamsis, Rothesay, Hampton Area	20.2	19.8	18.8
Riverview and Coverdale	26.2	28.5	26.8
Sackville, Dorchester, Port Elgin Area	28.7	29.0	23.4
Saint John, Simonds and Musquash	27.8	26.4	29.5
Salisbury and Petitcodiac	26.2	30.9	33.0
Shediac, Beaubassin East and Cap-Pelé	28.1	28.8	32.9
Shippagan, Lamèque, Inkerman Area	32.4	37.1	39.7
St. George, Grand Manan, Blacks Harbour Area	29.7	34.5	35.2
St. Stephen, Saint Andrews, Campobello Island Area	28.7	31.9	28.7
Sussex, Norton, Sussex Corner Area	29.8	25.0	31.0
Tracadie and Saint-Isidore	29.8	29.2	28.8
School districts			
Anglophone East School District	27.1	27.5	27.9

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone North School District	32.1	30.7	33.3
Anglophone South School District	26.0	25.4	27.2
Anglophone West School District	27.7	26.4	28.0
Anglophone sector	27.5	26.8	28.3
District scolaire francophone Nord-Est	27.4	27.6	30.2
District scolaire francophone Nord-Ouest	27.1	27.8	29.4
District scolaire francophone Sud	23.6	23.8	26.9
Francophone sector	25.4	25.7	28.4
Grades			
Grades 6 to 8	29.2	29.5	31.1
Grades 9 to 12	25.8	25.2	27.0
Gender			
Female	21.1	20.6	21.9
Male	30.9	30.6	33.0
Non-binary	34.4	34.2	32.9
Sex at birth			
Female	22.0	21.6	22.9
Male	30.9	30.6	32.9
2SLGBTQIA+ status			
2SLGBTQIA+	32.7	30.7	32.4
Indigenous identity			
Indigenous	35.3	34.4	38.7
Immigrant			

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Immigrants	24.1	21.8	24.5
Disability or special need			
Disability or special need	30.7	n/a	n/a
Racialized groups			
Racialized groups	26.0	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who are overweight or obese (based on self-reported height and weight).

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than an age/gender specific cutoff" by the number of respondents who "give their height and their weight". The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How much do you weigh without your shoes on? And how tall are you without your shoes on?

Notes

This indicator has replaced SH_BMI02_3, which was previously available on our Web site, due to changes in our calculation methodology for the 2021-2022 edition of the questionnaire. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_BMI03_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size