

Students in grades 6 to 12 who are overweight or obese (based on self-reported height and weight)

Unit : %

Province	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
	27.0	26.9	26.5	28.3
Health zones				
Zone 1 - Moncton and South-East Area	26.2	26.1	26.2	28.6
Zone 2 - Fundy Shore and Saint John Area	25.5	26.1	25.3	26.9
Zone 3 - Fredericton and River Valley Area	26.9	27.2	26.3	27.4
Zone 4 - Madawaska and North-West Area	27.4	27.2	27.8	29.8
Zone 5 - Restigouche Area	28.4	27.1	27.6	33.3
Zone 6 - Bathurst and Acadian Peninsula Area	30.0	28.1	28.0	29.2
Zone 7 - Miramichi Area	31.9	32.7	31.0	32.6
Communities				
Bathurst, Beresford, Petit-Rocher Area	29.3	27.4	27.0	27.9
Bouctouche, Richibucto, Saint-Antoine Area	31.7	32.7	31.5	39.2
Campbellton, Atholville, Tide Head Area	28.6	27.9	27.7	35.4
Caraquet, Paquetville, Bertrand Area	25.1	23.9	20.9	27.3
Dalhousie, Balmoral, Belledune Area	28.1	26.2	27.4	30.4
Dieppe and Memramcook	21.6	20.8	20.3	23.5
Douglas, Saint Marys, Doaktown Area	34.5	38.6	44.4	37.0
Edmundston, Rivière-Verte, Lac Baker Area	27.8	28.8	28.4	30.9
Florenceville-Bristol, Woodstock, Wakefield Area	27.6	30.1	28.4	31.3
Fredericton	23.9	24.3	23.6	24.1
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	n/a	34.5

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Grand Falls, Saint-Léonard, Drummond Area	25.7	24.7	25.8	27.9
Hillsborough, Riverside-Albert, Alma Area	33.9	26.5	32.0	26.4
Kedgwick, Saint-Quentin and Grimmer	30.4	27.5	30.5	29.5
Minto, Chipman, Cambridge-Narrows Area	38.0	33.0	35.3	34.1
Miramichi, Rogersville, Blackville Area	32.2	32.7	31.0	32.4
Moncton	25.1	25.5	25.0	27.4
Nackawic, McAdam, Canterbury Area	31.3	31.0	25.3	28.9
Neguac, Alnwick, Esgenoopetitj Area	28.5	33.4	30.9	34.1
New Maryland, Kingsclear, Lincoln Area	27.9	25.8	19.9	25.1
Oromocto, Gagetown, Fredericton Junction Area	27.8	28.7	26.6	29.4
Perth-Andover, Plaster Rock, Tobique Area	33.2	33.6	33.7	37.0
Quispamsis, Rothesay, Hampton Area	20.7	20.2	19.8	18.8
Riverview and Coverdale	25.7	26.2	28.5	26.8
Sackville, Dorchester, Port Elgin Area	28.4	28.7	29.0	23.4
Saint John, Simonds and Musquash	28.0	27.8	26.4	29.5
Salisbury and Petitcodiac	26.9	26.2	30.9	33.0
Shediac, Beaubassin East and Cap-Pelé	31.3	28.1	28.8	32.9
Shippagan, Lamèque, Inkerman Area	35.8	32.4	37.1	39.7
St. George, Grand Manan, Blacks Harbour Area	28.1	29.7	34.5	35.2
St. Stephen, Saint Andrews, Campobello Island Area	26.9	28.7	31.9	28.7
Sussex, Norton, Sussex Corner Area	27.2	29.8	25.0	31.0
Tracadie and Saint-Isidore	30.7	29.8	29.2	28.8
School districts				
Anglophone East School District	26.7	27.1	27.5	27.9

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone North School District	31.9	32.1	30.7	33.3
Anglophone South School District	25.6	26.0	25.4	27.2
Anglophone West School District	27.1	27.7	26.4	28.0
Anglophone sector	27.2	27.5	26.8	28.3
District scolaire francophone Nord-Est	28.8	27.4	27.6	30.2
District scolaire francophone Nord-Ouest	26.7	27.1	27.8	29.4
District scolaire francophone Sud	24.9	23.6	23.8	26.9
Francophone sector	26.4	25.4	25.7	28.4
Grades				
Grades 6 to 8	29.6	29.2	29.5	31.1
Grades 9 to 12	25.7	25.8	25.2	27.0
Gender				
Female	21.1	21.1	20.6	21.9
Male	31.1	30.9	30.6	33.0
Non-binary	37.0	34.4	34.2	32.9
Sex at birth				
Female	21.7	22.0	21.6	22.9
Male	31.3	30.9	30.6	32.9
2SLGBTQIA+ status				
2SLGBTQIA+	32.1	32.7	30.7	32.4
Indigenous identity				
Indigenous	33.3	35.3	34.4	38.7
Immigrant				

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Immigrants	23.4	24.1	21.8	24.5
Disability or special need				
Disability or special need	33.0	30.7	n/a	n/a
Racialized groups				
Racialized groups	26.4	26.0	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who are overweight or obese (based on self-reported height and weight).

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than an age/gender specific cutoff" by the number of respondents who "give their height and their weight". The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How much do you weigh without your shoes on? And how tall are you without your shoes on?

Notes

This indicator has replaced SH_BMI02_3, which was previously available on our Web site, due to changes in our calculation methodology for the 2021-2022 edition of the questionnaire. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_BMI03_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size