

Students in grades 6 to 12 who reported having symptoms of anxiety or depression in the last 12 months

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Province				
New Brunswick	51.1	49.5	55.8	53.9
Health zones				
Zone 1 - Moncton and South-East Area	48.0	47.6	53.1	52.7
Zone 2 - Fundy Shore and Saint John Area	53.5	52.1	58.5	56.3
Zone 3 - Fredericton and River Valley Area	54.8	51.3	58.5	55.7
Zone 4 - Madawaska and North-West Area	47.1	46.7	50.3	47.9
Zone 5 - Restigouche Area	52.0	50.7	56.0	53.2
Zone 6 - Bathurst and Acadian Peninsula Area	46.3	45.3	51.9	49.7
Zone 7 - Miramichi Area	54.2	49.4	58.2	54.9
Communities				
Bathurst, Beresford, Petit-Rocher Area	51.1	48.1	56.6	52.7
Bouctouche, Richibucto, Saint-Antoine Area	49.9	48.2	54.1	51.0
Campbellton, Atholville, Tide Head Area	49.8	49.4	54.9	53.5
Caraquet, Paquetville, Bertrand Area	42.7	42.4	50.9	44.4
Dalhousie, Balmoral, Belledune Area	55.1	52.6	57.7	52.8
Dieppe and Memramcook	38.5	37.2	42.7	45.9
Douglas, Saint Marys, Doaktown Area	57.5	56.0	58.9	54.7
Edmundston, Rivière-Verte, Lac Baker Area	45.9	47.5	51.0	47.3
Florenceville-Bristol, Woodstock, Wakefield Area	51.2	48.7	55.6	54.4
Fredericton	53.0	48.7	57.5	53.6
Grand Falls, Saint-Léonard, Drummond Area	50.4	46.1	51.5	48.4

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Hillsborough, Riverside-Albert, Alma Area	67.6	56.5	61.8	67.8
Kedgwick, Saint-Quentin and Grimmer	43.7	44.8	44.2	49.9
Minto, Chipman, Cambridge-Narrows Area	62.5	60.3	61.8	56.4
Miramichi, Rogersville, Blackville Area	54.5	49.0	57.8	55.0
Moncton	47.9	48.3	54.3	53.1
Nackawic, McAdam, Canterbury Area	57.0	55.6	59.9	60.9
Neguac, Alnwick, Esgenoopetitj Area	51.3	52.2	61.3	53.8
New Maryland, Kingsclear, Lincoln Area	50.1	44.0	50.8	50.4
Oromocto, Gagetown, Fredericton Junction Area	59.1	56.6	61.8	60.2
Perth-Andover, Plaster Rock, Tobique Area	64.3	62.4	68.9	64.2
Quispamsis, Rothesay, Hampton Area	50.4	49.2	54.6	53.5
Riverview and Coverdale	50.8	51.6	59.0	58.2
Sackville, Dorchester, Port Elgin Area	55.1	53.8	57.4	57.1
Saint John, Simonds and Musquash	54.6	53.2	59.9	57.4
Salisbury and Petitcodiac	56.0	53.4	58.0	55.3
Shediac, Beaubassin East and Cap-Pelé	44.2	45.5	48.5	48.5
Shippagan, Lamèque, Inkerman Area	41.5	40.5	45.2	46.0
St. George, Grand Manan, Blacks Harbour Area	55.4	53.6	60.1	58.0
St. Stephen, Saint Andrews, Campobello Island Area	56.0	52.7	61.1	55.3
Sussex, Norton, Sussex Corner Area	54.2	54.3	60.1	59.0
Tracadie and Saint-Isidore	42.8	45.2	48.1	49.8

School districts

Anglophone East School District	52.7	52.2	58.3	56.7
Anglophone North School District	57.9	54.8	61.8	58.6

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone South School District	54.1	52.6	59.0	56.6
Anglophone West School District	55.3	52.4	59.2	56.5
Anglophone sector	54.6	52.7	59.2	56.8
District scolaire francophone Nord-Est	44.1	42.9	49.7	47.5
District scolaire francophone Nord-Ouest	44.8	45.0	48.1	47.1
District scolaire francophone Sud	39.4	39.4	44.7	45.7
Francophone sector	41.8	41.4	46.8	46.5
Grades				
Grades 6 to 8	45.5	44.2	49.0	47.3
Grades 9 to 12	55.2	53.3	60.5	58.7
Gender				
Female	59.3	59.4	65.4	64.0
Male	40.7	37.5	43.4	39.9
Non-binary	81.0	77.8	85.4	86.0
Sex at birth				
Female	60.7	61.0	67.5	66.7
Male	40.6	37.3	43.4	40.1
2SLGBTQIA+ status				
2SLGBTQIA+	77.6	77.3	78.0	76.9
Indigenous identity				
Indigenous	64.8	62.5	68.9	64.5
Immigrant				
Immigrants	47.9	46.0	52.4	50.3

Academic Year Academic Year Academic Year Academic Year
2024-2025 2023-2024 2022-2023 2021-2022

Disability or special need

Disability or special need	65.4	64.1	n/a	n/a
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Racialized groups

Racialized groups	49.2	47.3	n/a	n/a
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About

This indicator is the percentage of students in grades 6 to 12 who reported having symptoms of anxiety or depression in the last 12 months.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no". This indicator is based on respondents who answered at least 1 of the following 2 questions about depression and anxiety: During the last 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? And during the last 12 months, did you ever feel nervous, anxious or on edge or you were unable to stop or control worrying almost every day for two weeks or more in a row that you stopped doing some usual activities?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_DEPAN_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size