

Students in grades 6 to 12 who report having symptoms of anxiety or depression

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Province				
New Brunswick	49.5	55.8	53.9	46.4
Health zones				
Zone 1 - Moncton and South-East Area	47.6	53.1	52.7	45.6
Zone 2 - Fundy Shore and Saint John Area	52.1	58.5	56.3	49.1
Zone 3 - Fredericton and River Valley Area	51.3	58.5	55.7	48.0
Zone 4 - Madawaska and North-West Area	46.7	50.3	47.9	38.2
Zone 5 - Restigouche Area	50.7	56.0	53.2	45.2
Zone 6 - Bathurst and Acadian Peninsula Area	45.3	51.9	49.7	43.2
Zone 7 - Miramichi Area	49.4	58.2	54.9	46.3
Communities				
Bathurst, Beresford, Petit-Rocher Area	48.1	56.6	52.7	45.5
Bouctouche, Richibucto, Saint-Antoine Area	48.2	54.1	51.0	47.1
Campbellton, Atholville, Tide Head Area	49.4	54.9	53.5	44.3
Caraquet, Paquetville, Bertrand Area	42.4	50.9	44.4	45.4
Dalhousie, Balmoral, Belledune Area	52.6	57.7	52.8	46.6
Dieppe and Memramcook	37.2	42.7	45.9	38.0
Douglas, Saint Marys, Doaktown Area	56.0	58.9	54.7	43.6
Edmundston, Rivière-Verte, Lac Baker Area	47.5	51.0	47.3	39.0
Florenceville-Bristol, Woodstock, Wakefield Area	48.7	55.6	54.4	44.4
Fredericton	48.7	57.5	53.6	47.7
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	55.7	35.2

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Grand Falls, Saint-Léonard, Drummond Area	46.1	51.5	48.4	40.9
Hillsborough, Riverside-Albert, Alma Area	56.5	61.8	67.8	48.6
Kedgwick, Saint-Quentin and Grimmer	44.8	44.2	49.9	32.0
Minto, Chipman, Cambridge-Narrows Area	60.3	61.8	56.4	46.7
Miramichi, Rogersville, Blackville Area	49.0	57.8	55.0	47.0
Moncton	48.3	54.3	53.1	45.1
Nackawic, McAdam, Canterbury Area	55.6	59.9	60.9	48.9
Neguac, Alnwick, Esgenoopetitj Area	52.2	61.3	53.8	39.8
New Maryland, Kingsclear, Lincoln Area	44.0	50.8	50.4	47.1
Oromocto, Gagetown, Fredericton Junction Area	56.6	61.8	60.2	54.9
Perth-Andover, Plaster Rock, Tobique Area	62.4	68.9	64.2	45.9
Quispamsis, Rothesay, Hampton Area	49.2	54.6	53.5	45.7
Riverview and Coverdale	51.6	59.0	58.2	51.3
Sackville, Dorchester, Port Elgin Area	53.8	57.4	57.1	48.5
Saint John, Simonds and Musquash	53.2	59.9	57.4	52.1
Salisbury and Petitcodiac	53.4	58.0	55.3	51.4
Shediac, Beaubassin East and Cap-Pelé	45.5	48.5	48.5	44.3
Shippagan, Lamèque, Inkerman Area	40.5	45.2	46.0	39.4
St. George, Grand Manan, Blacks Harbour Area	53.6	60.1	58.0	53.6
St. Stephen, Saint Andrews, Campobello Island Area	52.7	61.1	55.3	45.0
Sussex, Norton, Sussex Corner Area	54.3	60.1	59.0	50.0
Tracadie and Saint-Isidore	45.2	48.1	49.8	39.3
School districts				
Anglophone East School District	52.2	58.3	56.7	48.4

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Anglophone North School District	54.8	61.8	58.6	51.8
Anglophone South School District	52.6	59.0	56.6	49.5
Anglophone West School District	52.4	59.2	56.5	48.4
Anglophone sector	52.7	59.2	56.8	49.2
District scolaire francophone Nord-Est	42.9	49.7	47.5	40.2
District scolaire francophone Nord-Ouest	45.0	48.1	47.1	37.4
District scolaire francophone Sud	39.4	44.7	45.7	39.8
Francophone sector	41.4	46.8	46.5	39.5
Grades				
Grades 6 to 8	44.2	49.0	47.3	38.5
Grades 9 to 12	53.3	60.5	58.7	52.0
Gender				
Female	59.4	65.4	64.0	n/a
Male	37.5	43.4	39.9	n/a
Non-binary	77.8	85.4	86.0	n/a
Sex at birth				
Female	61.0	67.5	66.7	56.3
Male	37.3	43.4	40.1	36.2
2SLGBTQIA+ status				
2SLGBTQIA+	77.3	78.0	76.9	n/a
Indigenous identity				
Indigenous	62.5	68.9	64.5	55.5
Immigrant				

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Immigrants	46.0	52.4	50.3	43.5
Disability or special need				
Disability or special need	64.1	n/a	n/a	n/a
Racialized groups				
Racialized groups	47.3	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who report having symptoms of anxiety or depression.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no". This indicators is based on respondents who answered at least 1 of the following 2 questions about depression and anxiety: During the last 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? And during the last 12 months, did you ever feel nervous, anxious or on edge or you were unable to stop or control worrying almost every day for two weeks or more in a row that you stopped doing some usual activities?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_DEPAN_1

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size